



2026

TrailLink Unlimited 

Guides



**MKT Trail/
Heights Hike
and Bike Trail**
Texas



MKT Trail/Heights Hike and Bike Trail

Texas

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The MKT/SP Rails to Trails cuts through urban Houston, running between TC Jester Blvd. and Hogan Street (just east of I-45). From the I-45 end, the trail continues along the Heritage Corridor Bayou Trail, which carries on toward downtown, the University of Houston and other bikeways.

The MKT trail is named for the old Missouri, Kansas, Texas Southern Pacific Railroad, and the trail follows part of the abandoned rail bed. You'll also find links to city parks, historical neighborhoods, the White Oak Bayou, and city attractions such as art galleries and museums.



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com



MKT Trail/Heights Hike and Bike Trail

Texas

States: Texas

Counties: Harris

Length: 4.6miles

Trail end points: TC Jester Blvd. (Houston) to
Hogan St. (Houston)

Trail surfaces: Concrete

Trail category: Rail-Trail

Trail activities: Bike,Inline

Skating,Walking,Wheelchair Accessible

Parking & Trail Access

The MKT Trail runs between TC Jester Blvd. (Houston) and the Hogan St. (Houston).

Parking is available at:

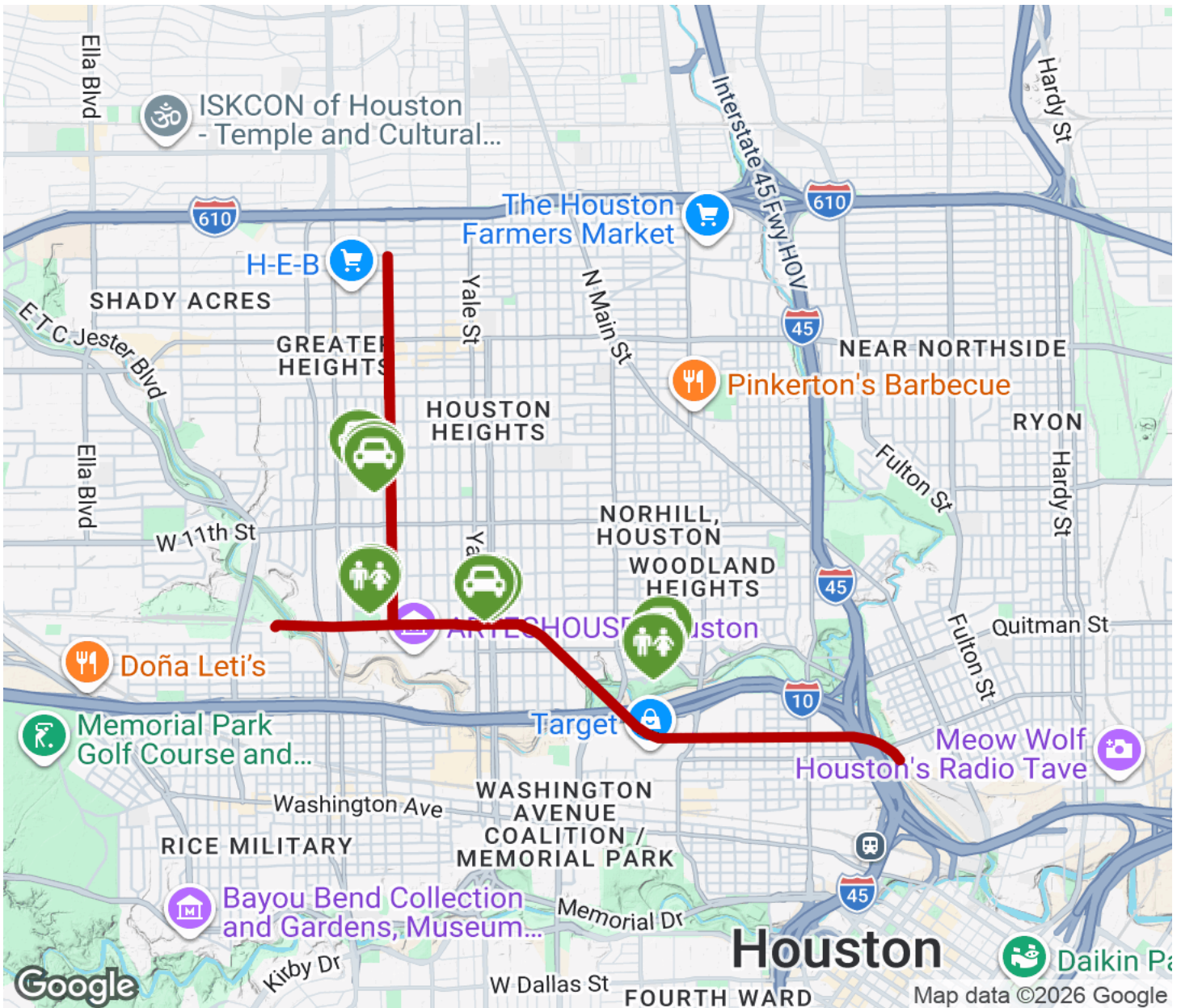
- Love Park, 1111 W 13th St. (Houston)
- Lawrence Park, 725 Lawrence St. (Houston)

Please see [TrailLink Map](#) for all parking options and detailed directions.



MKT Trail/Heights Hike and Bike Trail

Texas



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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