2025

TrailLink Unlimited ∞

Guides

TrailLink
by Rails-to-Trails Conservancy

Provo River Parkway
Utah

The Provo River Parkway weaves its way through state, city and county parks, as well as residential and commercial areas

steeply. There are some surface street crossings and some narrow underpasses. Water, restrooms, parking and picnic areas are available in the parks along the route.

Connections

The pathway is also part of a regional effort called the Golden Spoke network, which connects more than 100 miles of paved trails from Provo to Ogden.

The Provo River Parkway weaves its way through state, city and county parks, as well as residential and commercial areas following the Provo River, then along University Avenue (US 189) to the mouth of Provo Canyon. Its 15-mile length stretches from Utah Lake State Park in Provo to Vivian Park in Provo Canyon. At its northern end, the trail passes the base of Bridal Veil Falls for a spectacular view.

About the Route

The route is a Class 1, multi-use, gradual inclined, paved trail with a couple of short steep climbs. From Utah Lake State Park to the mouth of Provo Canyon, the path is 8-10 feet wide and nearly flat most of the way. In the canyon, the surface widens to 16 feet, and rises a little more

Provo River Parkway
Utah

States: Utah

Counties: Utah

Length: 15.2miles

Trail end points: Vivian Park on US 189 (Provo Canyon) to Utah Lake State Park (Provo)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Fishing,Horseback Riding,Inline Skating,Walking,Wheelchair Accessible,Cross Country Skiing

Parking & Trail Access

The Provo River Parkway runs between Vivian Park (Provo Canyon) and Utah Lake State Park (Provo), both of which offer parking.
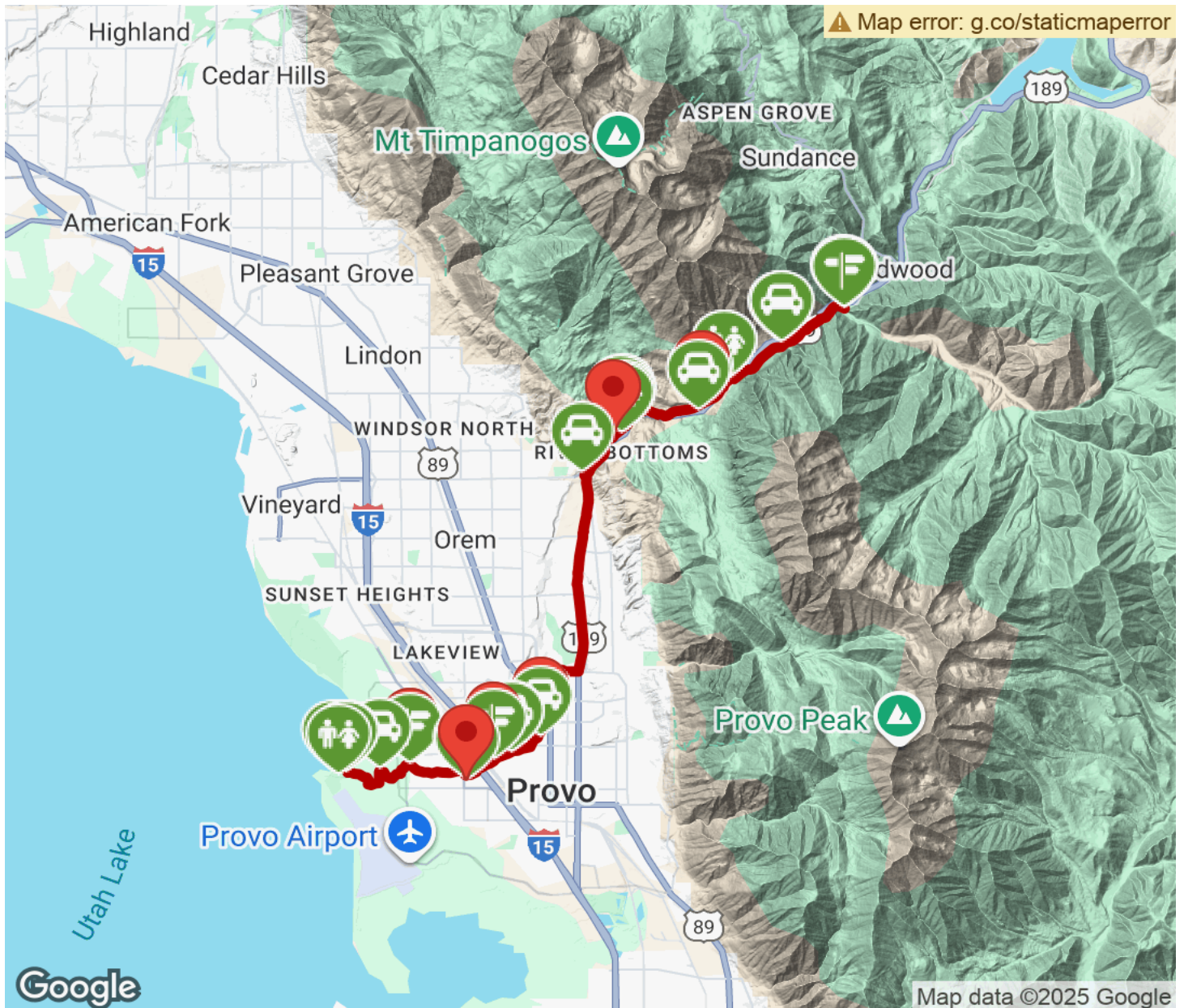
Parking is also available at:

- Canyon Glen Park, 1501 E Provo Canyon Rd (Provo)
- Paul Ream Wilderness Park, 1600 W 500 N (Provo)
- Fort Utah Park, 200 N Geneva Rd (Provo)

There are numerous parking options along the route, please visit the TrailLink map for all parking options and detailed directions.

Provo River Parkway

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⚠ Map error: g.co/staticmaperror

Map data ©2025 Google

| 🚩 Trailhead | 🧑‍🧑 Restroom | 🚗 Parking | 💧 Water Fountain | 🚇 Tunnel |

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