



2025

TrailLink Unlimited 

Guides



Jim Tedisco
Fitness Trail
New York



Jim Tedisco Fitness Trail

New York

Ballston Spa's Jim Tedisco Fitness Trail spans 0.5 mile between Front Street and Prospect Street on what was once a railroad bed.



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Jim Tedisco Fitness Trail

New York

States: New York

Counties: Saratoga

Length: 0.5miles

Trail end points: Prospect Street to Front
Street

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Walking,Cross Country Skiing

Parking & Trail Access



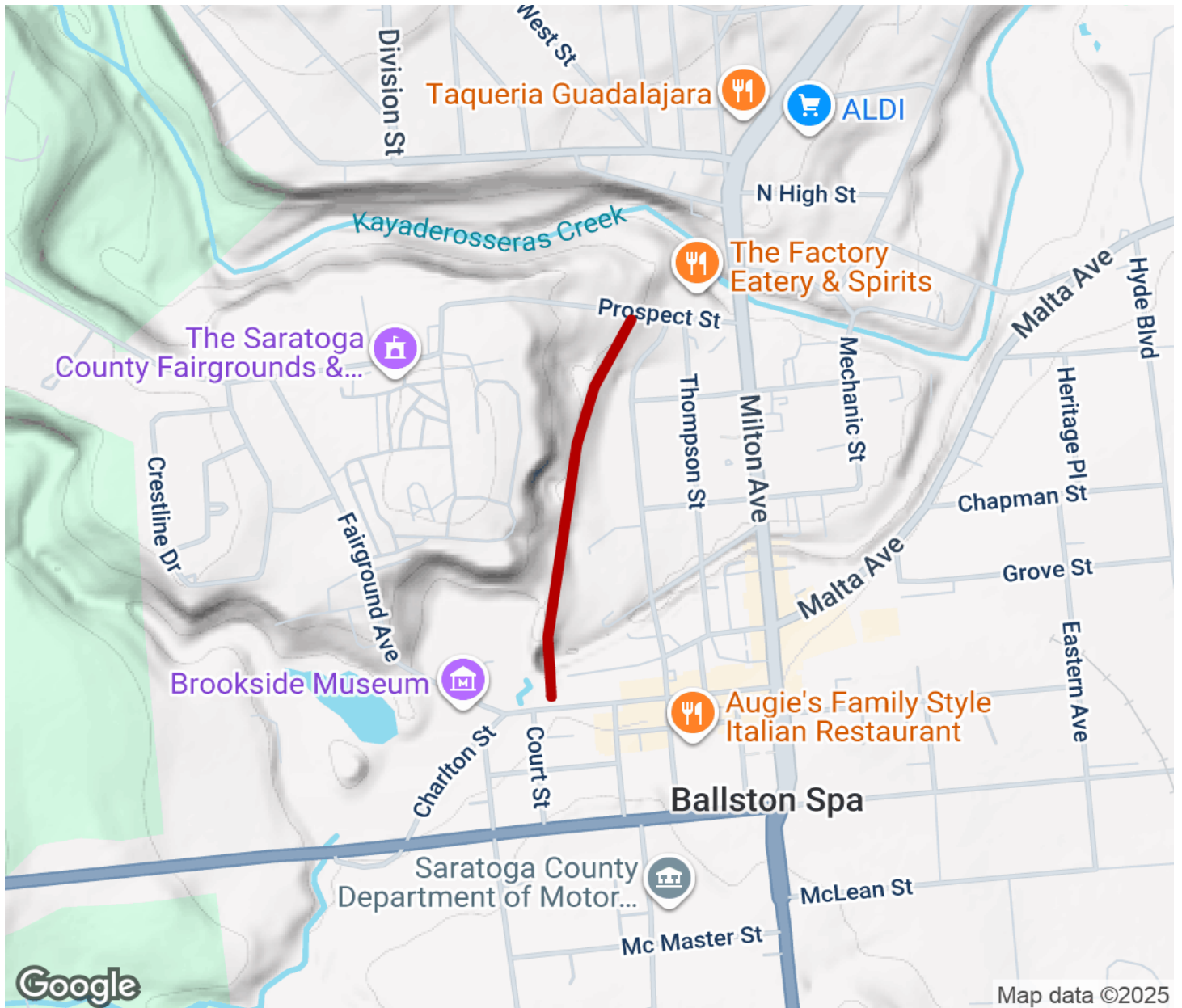
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Jim Tedisco Fitness Trail

New York



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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