



2026

TrailLink Unlimited



Guides



**Jim Tedisco**  
**Fitness Trail**  
*New York*



## Jim Tedisco Fitness Trail

New York

*Ballston Spa's Jim Tedisco Fitness Trail spans 0.5 mile between Front Street and Prospect Street on what was once a railroad bed.*



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# Jim Tedisco Fitness Trail

*New York*

**States:** New York

**Counties:** Saratoga

Length: 0.5miles

**Trail end points:** Prospect Street to Front Street

**Trail surfaces:** Asphalt

**Trail category:** Rail-Trail

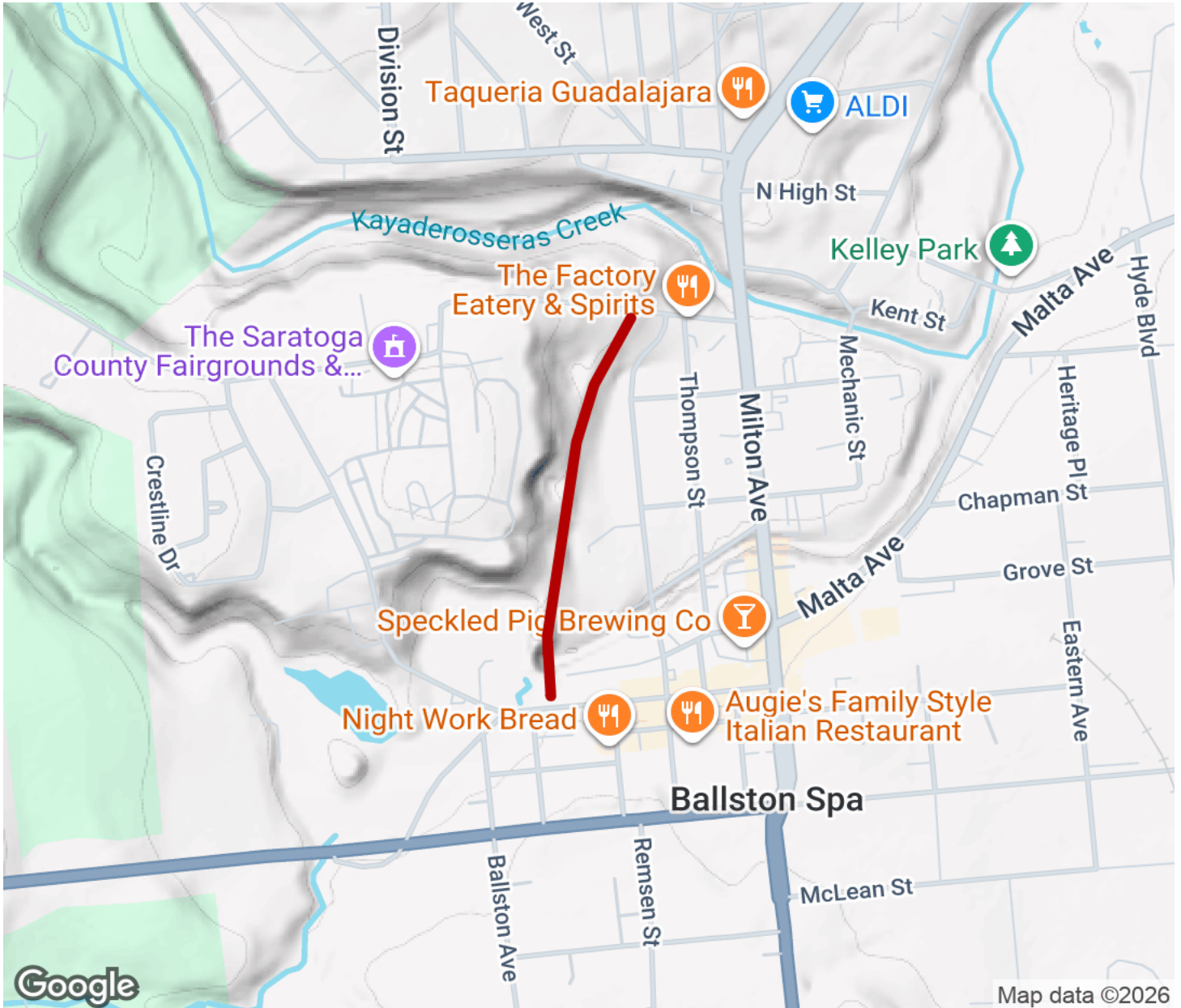
**Trail activities:** Walking,Cross Country Skiing

## Parking & Trail Access



# Jim Tedisco Fitness Trail

New York



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

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