



2026

TrailLink Unlimited



Guides



**Bethesda
Trolley Trail**
Maryland



Bethesda Trolley Trail

Maryland

The Bethesda Trolley Trail—also known as the North Bethesda Trail—is a 3.5-mile path linking Bethesda and North Bethesda,



Metro Station in Rockville, but most of the route is on sidewalks or roads. The same goes for the signed trail south of Charles Street in Bethesda, where a skinny sidewalk along Old Georgetown Road leads to another short segment of trail through the campus of the National Institutes of Health.

The Bethesda Trolley Trail—also known as the North Bethesda Trail—is a 3.5-mile path linking Bethesda and North Bethesda, primarily by bridging two major highways. The trail occupies the abandoned right-of-way of the Tennallytown and Rockville Railroad’s streetcar line. The two pedestrian- and bicycle-only bridges across Interstate 270 and Interstate 495 (the Beltway) help connect neighborhoods once isolated from each other due to the busy freeways.

About the Route

The Bethesda Trolley Trail, while short, still serves as a low-impact recreation path, as well as a bicycle commuter’s solution to crossing the nearby interstates. The trail is signed north of Edson Lane to the Twinbrook



Bethesda Trolley Trail

Maryland

States: Maryland

Counties: Montgomery

Length: 5.4miles

Trail end points: Bou Ave. (North Bethesda) to
Rugby Ave (Bethesda)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Bethesda Trolley Trail runs between Bou Ave. (North Bethesda) and Rugby Ave (Bethesda).

Parking is available at:

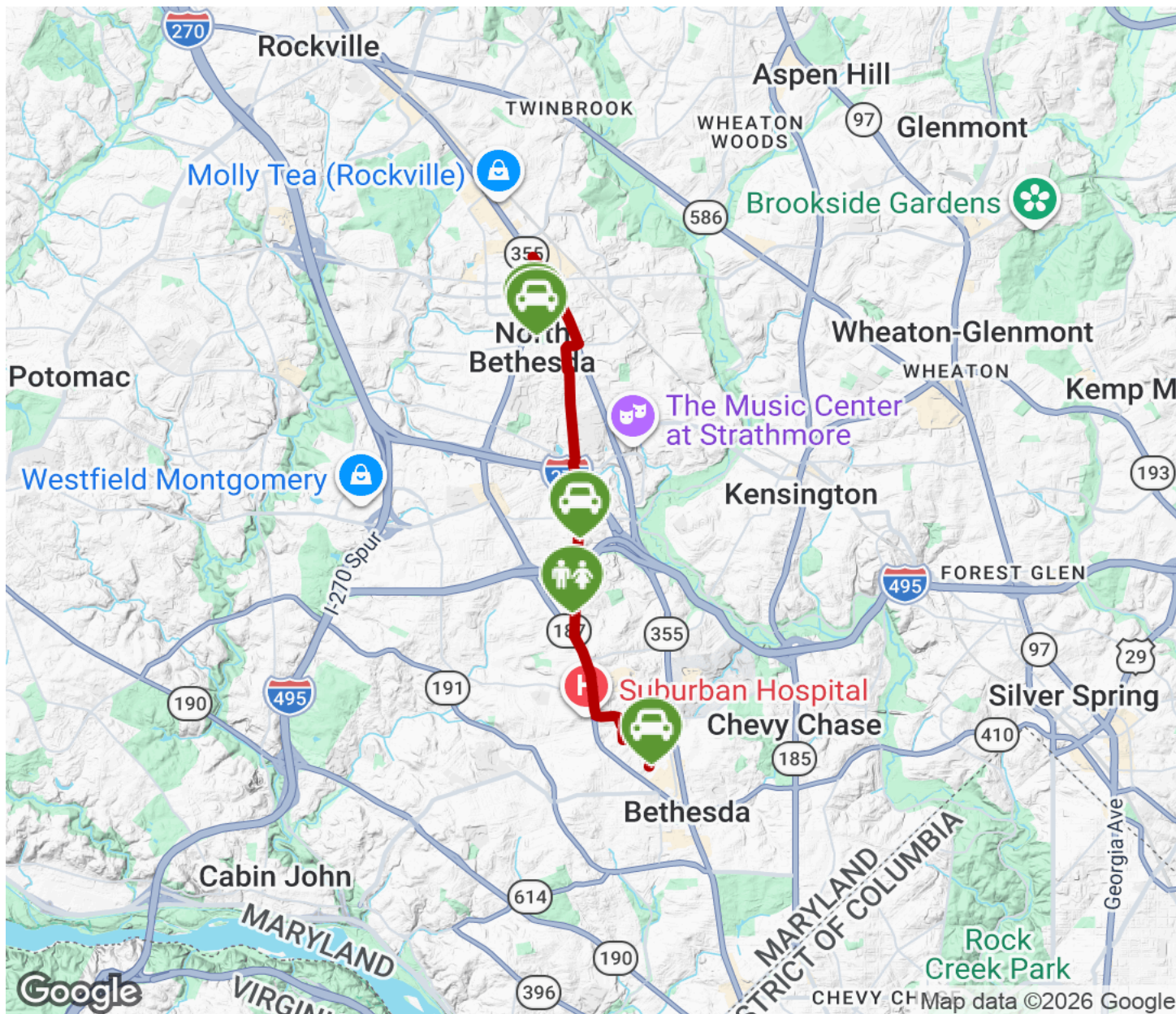
- 5900 Executive Blvd. (North Bethesda)
- 9929 Fleming Ave. (Bethesda)
- 4960 Battery Ln. (Bethesda)

Please see [TrailLink Map](#) for all parking options and detailed directions.



Bethesda Trolley Trail

Maryland



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)