



2026

TrailLink Unlimited 

Guides



**Rock Island
Trail (CO)**
Colorado



Rock Island Trail (CO)

Colorado

About an hour south of Denver, the Rock Island Trail offers a nearly 15-mile pathway in two disconnected segments in El Paso County.



About an hour south of Denver, the Rock Island Trail offers a nearly 15-mile pathway in two disconnected segments in El Paso County. Future plans call for linking the two sections for a seamless trail experience.

A 9-mile section parallels US 24 on the former Chicago and Rock Island Railroad Line between the communities of Peyton and Falcon. Beautiful mountain views can be enjoyed along the way.

After a gap, the other segment picks up in Colorado Springs and follows Constitution Avenue for just shy of 6 miles. From east to west, the trail makes a slight incline and also rolls through a series of small hills. On its western end, the trail meets up with [Shooks Run Trail](#) near Weber and Jackson streets.



Rock Island Trail (CO)

Colorado

States: Colorado

Counties: El Paso

Length: 14.8miles

Trail end points: Lilac Street at Shooks Run Trail (Colorado Springs) to Bradshaw Road at US 24 (Peyton)

Trail surfaces: Asphalt, Concrete, Crushed Stone, Gravel

Trail category: Rail-Trail

Trail activities: Bike, Horseback Riding, Inline Skating, Walking, Wheelchair Accessible, Cross

Parking & Trail Access

In Peyton, you can park along Bradshaw Road.

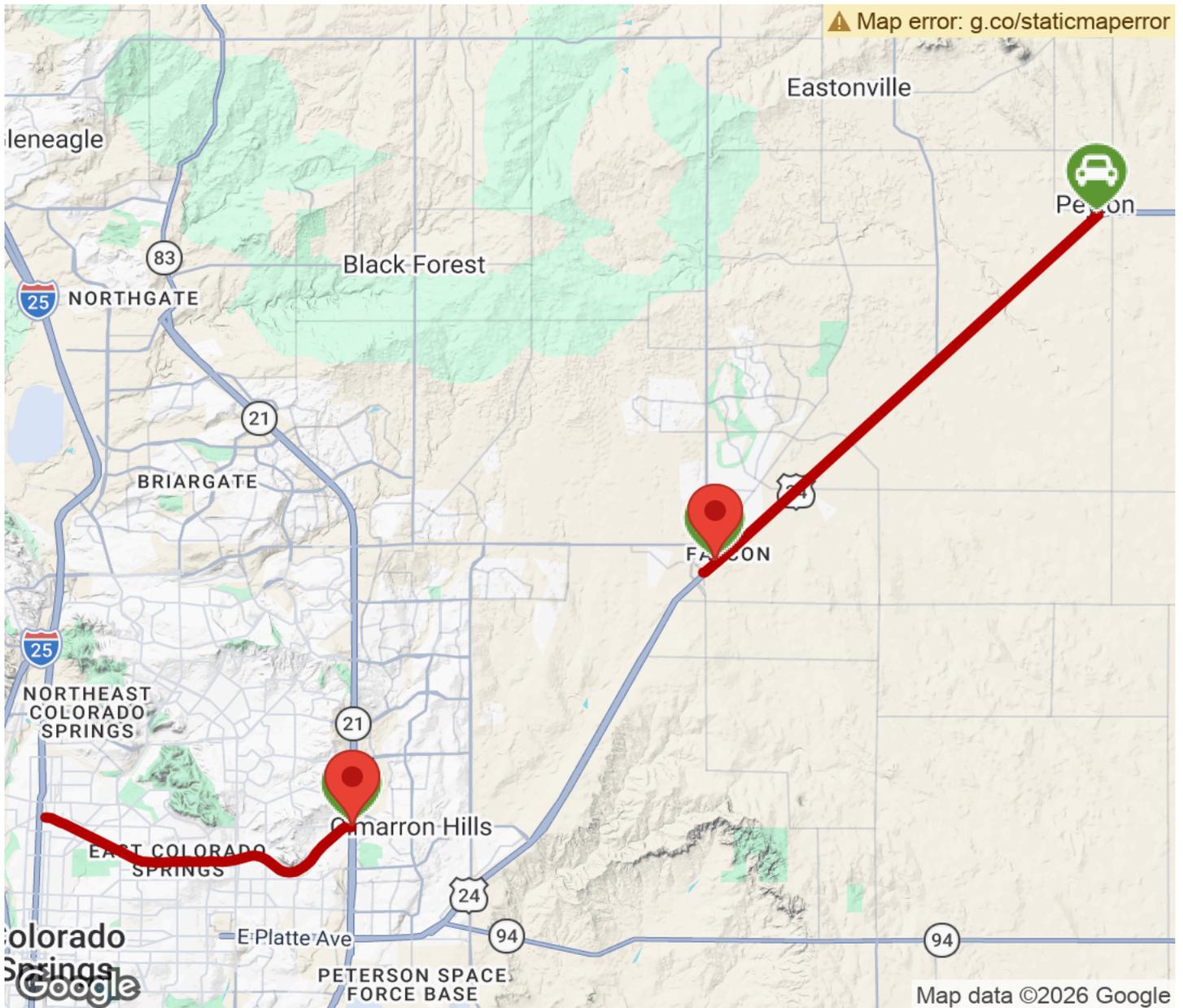
In Falcon, trail access is available at the dead-end of a road off McLaughlin bordering the subdivision.

In Colorado Springs, the Rock Island Trail is accessible from many places, including the trailhead at its connection with the Shooks Run Trail. Park at the Bon shopping center on Wahsatch Street and pick up Shooks Run directly behind the center. Ride north about 2 blocks and make a right-hand turn to head east (by the covered picnic bench). This is actually an alley, which you take to cross El Paso Street and pick up the trail on the other side. You can also park at Jefferson and Wasson parks along Constitution Avenue.



Rock Island Trail (CO)

Colorado



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com