



2026

TrailLink Unlimited 

Guides



Henson Creek Trail

Maryland



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Visitors to the Henson Creek Trail in the sprawling suburbs of southwestern Prince George's County may be surprised by the extent of woodlands and open space along this corridor that lies just outside the Capital Beltway.

The 5.7-mile paved greenway trail runs the length of Oxon Hill, linking Fort Washington on the Potomac River to Camp Springs. A favorite of cyclists, joggers, and inline skaters, the paved path also has a grassy shoulder for equestrians. The trail is open from dawn to dusk, except for bicyclists with lights, who are permitted to use the trail from 5 a.m. to midnight.

The Prince George's County Department of Parks and Recreation manages the trail as part of its 85-mile

network of multiuse trails. Be aware that because the trail runs alongside Henson Creek, erosion and washouts can occur after heavy storms, and trail users may be directed onto temporary crushed-stone paths around the trouble areas. For questions, please contact the parks department.

A visit to the trail can start at the Henson Creek Park trailhead off Temple Hill Road, about a mile south of the Capital Beltway. You can park there or take the Route 32 bus on the Prince George's County Transit System to the stop at Temple Hill Road at Henderson Road.

The trail crosses under Brinkley Road in less than a mile and passes the 125-acre Rosecroft Raceway, a destination for harness racing that opened in 1949 and drew some 7,000 spectators daily during its heyday. Crossing under Bock Road, you'll arrive at the Tucker Road Athletic Complex, which features picnic shelters, tennis courts, ball fields, ice-skating, an archery range, and a kid-friendly fishing pond and pier.

Pass through the parking lot or adjacent pedestrian paths, and turn left onto a wide paved shoulder along Tucker Road for 0.2 mile to pick up the trail again at Ferguson Lane. The Tucker Road Community Center here has a playground, more tennis courts, picnic tables, and a gym.

The trail goes beneath MD 210/Indian Head Highway in 1.5 miles and then passes the Tor Bryan Estates Neighborhood Playground before ending at Oxon Hill Road, about a mile south of the 300-acre National Harbor Waterfront development on the Potomac River. Commuters can reach that area and Virginia via bike lanes along Oxon Hill Road that connect to a bike trail across the Woodrow Wilson Memorial Bridge.



Henson Creek Trail

Maryland

States: Maryland

Counties: Prince Georges

Length: 5.7miles

Trail end points: Temple Hill Rd & Henderson Rd (Camp Springs) to Oxon Hill Rd & Fort Foote Rd (Fort Washington)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Horseback Riding, Inline Skating, Walking, Wheelchair Accessible

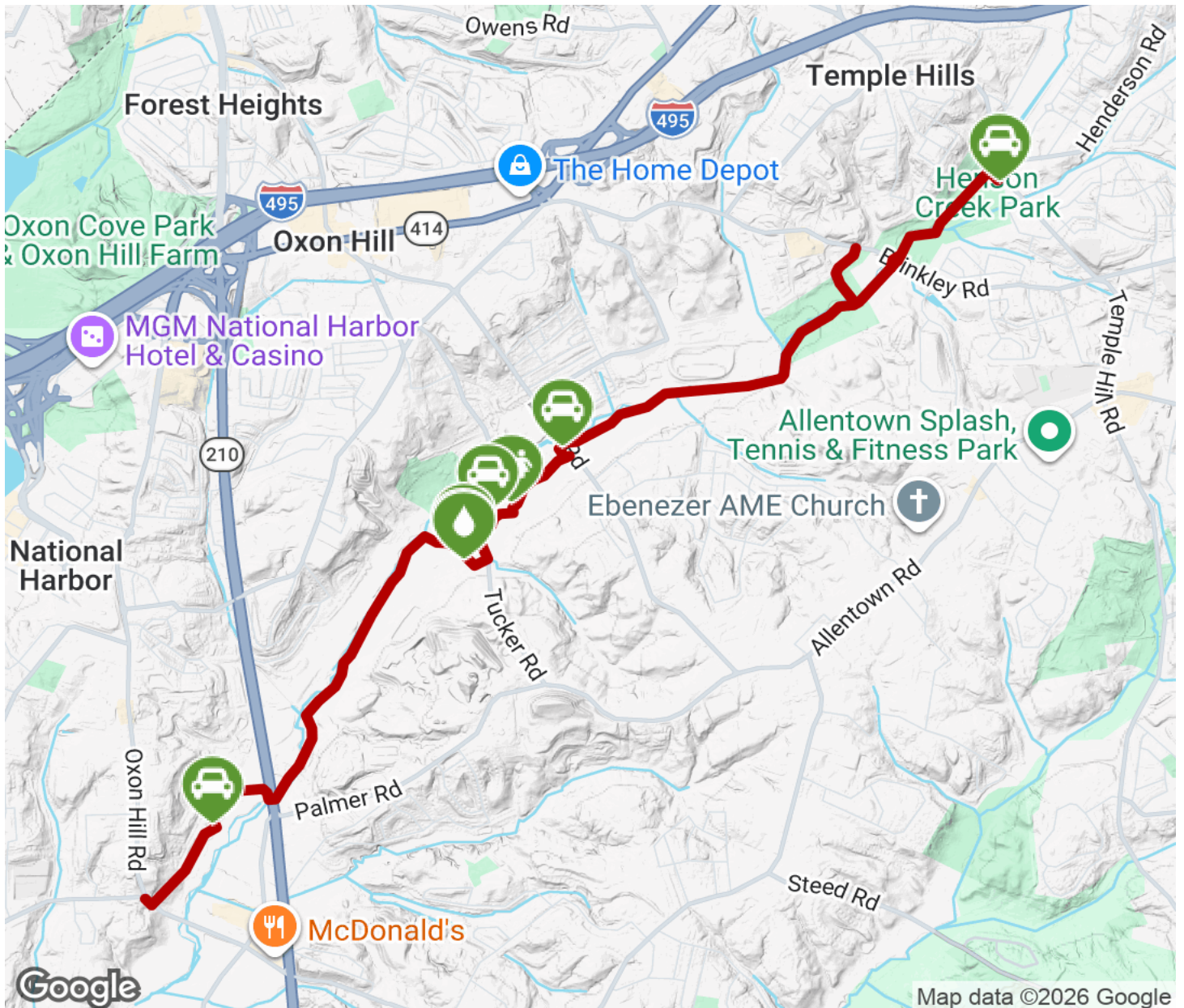
Parking & Trail Access

Parking for the Henson Creek Trail can be found at its northern endpoint in the Henson Creek Neighborhood Park off Temple Hill Rd (just south of Henderson Road). In Fort Washington, the Tucker Road Athletic Complex on Tucker Rd contains a parking lot with ample space (1862 Tucker Rd) and there is also a lot at the Tor Bryan Estates Neighborhood Playground (Harg Ln at Branchview Dr). In Oxon Hill, parking is available at 7401 Bock Rd between Haverhill St & Henson Valley Way and by the Tucker Road Community Center (1771 Tucker Rd).



Henson Creek Trail

Maryland



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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