



2026

TrailLink Unlimited 

Guides



Custis Trail
Virginia



Custis Trail

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The Custis Trail is a popular urban route that links Virginia's D.C. suburbs with the District itself, connecting to both the W&OD Railroad Regional Park Trail at the latter's 4-mile marker and the Mount Vernon Trail at Roosevelt Island. The Custis Trail, along with the Mount Vernon Trail, the W&OD Trail, and the Four Mile Run Trail, make up the Arlington Loop.

About the Route

The trail can be difficult for the aerobically challenged—it's hills are quite a workout and more so if you are traveling east to west. The Custis Trail parallels I-66, but concrete barriers keep the traffic noise down. In places, the trail is narrow and has a few blind curves, so cyclists should take them slowly to avoid colliding with the many

runners and walkers they'll encounter.

The trail leaves off in the north from Rosslyn at the intersection of Lee Highway and Lynn Street and follows a wide sidewalk up the hill as it heads west. Beyond the Key Bridge Marriott Hotel, the trail turns to asphalt and becomes narrower; the uphill climb is a grunt. The trail then crosses over I-66 and follows it to where the Custis Trail hooks up with the W&OD Trail. From here, you can also cross the W&OD to the Four Mile Run Trail. Linking all these trails together provides more than 70 miles of non-motorized corridor.

Connections

At Roosevelt Island, trail users can connect with the [Mount Vernon Trail](#).

Near I-66, trail users can connect with the [Four Mile Run Trail](#).

At the four-mile marker, trail users can connect with the [W&OD Railroad Regional Park Trail](#).

The Custis Trail is part of the [Arlington Loop](#).



TrailLink
by Rails-to-Trails Conservancy

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Custis Trail

Virginia

States: Virginia

Counties: Arlington

Length: 4miles

Trail end points: W&OD Railroad Regional Park Trail (4 mile mark) to Rosslyn (Lee Hwy & Lynn St)

Trail surfaces: Asphalt, Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Custis Trail runs between the W&OD Trail and Lee Highway (Rosslyn).

Public parking is available in Rosslyn, and free parking is available at the Roosevelt Island parking lot off the George Washington Parkway (access only heading N/W bound). Trail users can also park at Bon Air Memorial Park in Arlington.

Please see [TrailLink Map](#) for all parking options and detailed directions.



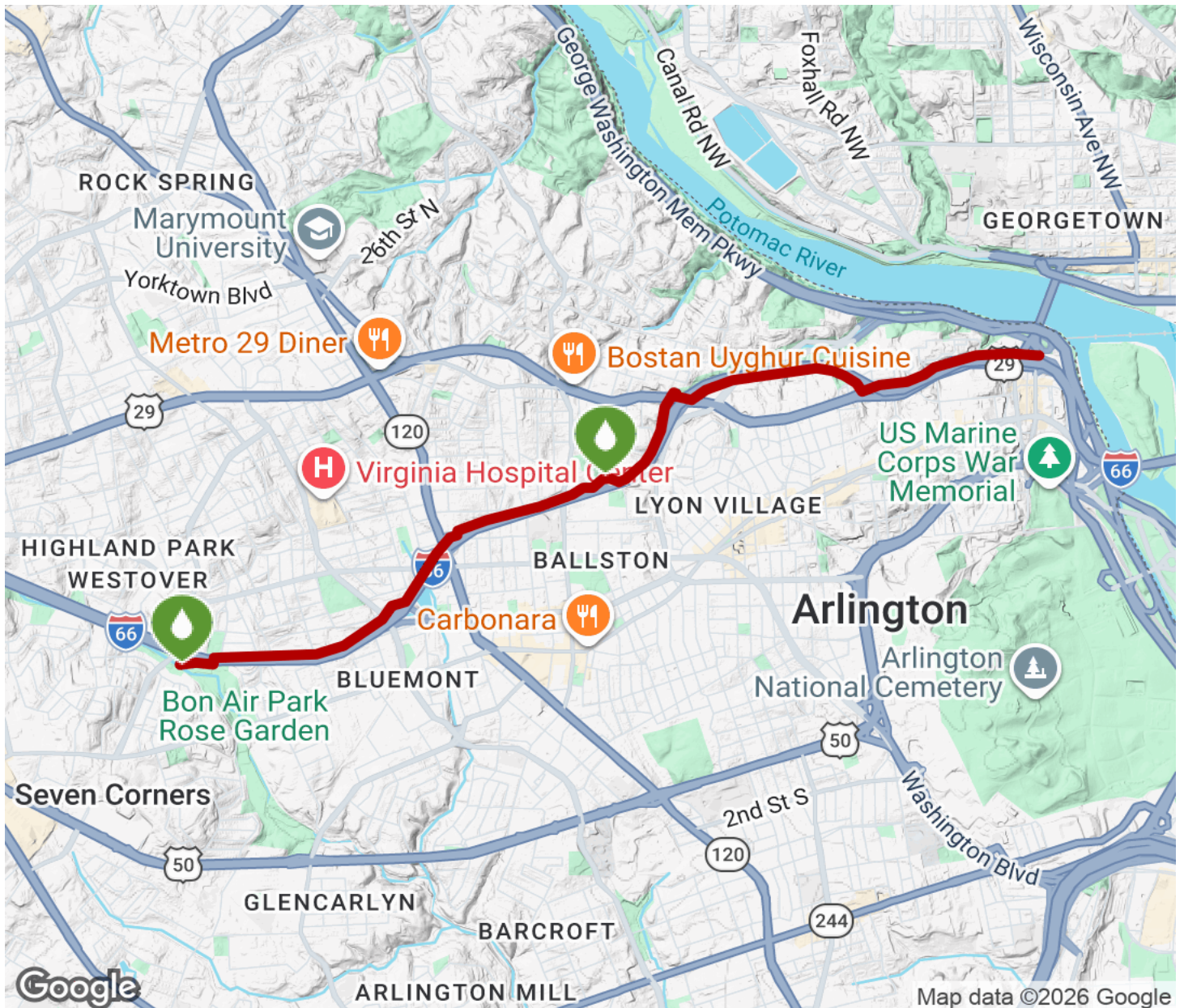
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Custis Trail

Virginia



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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