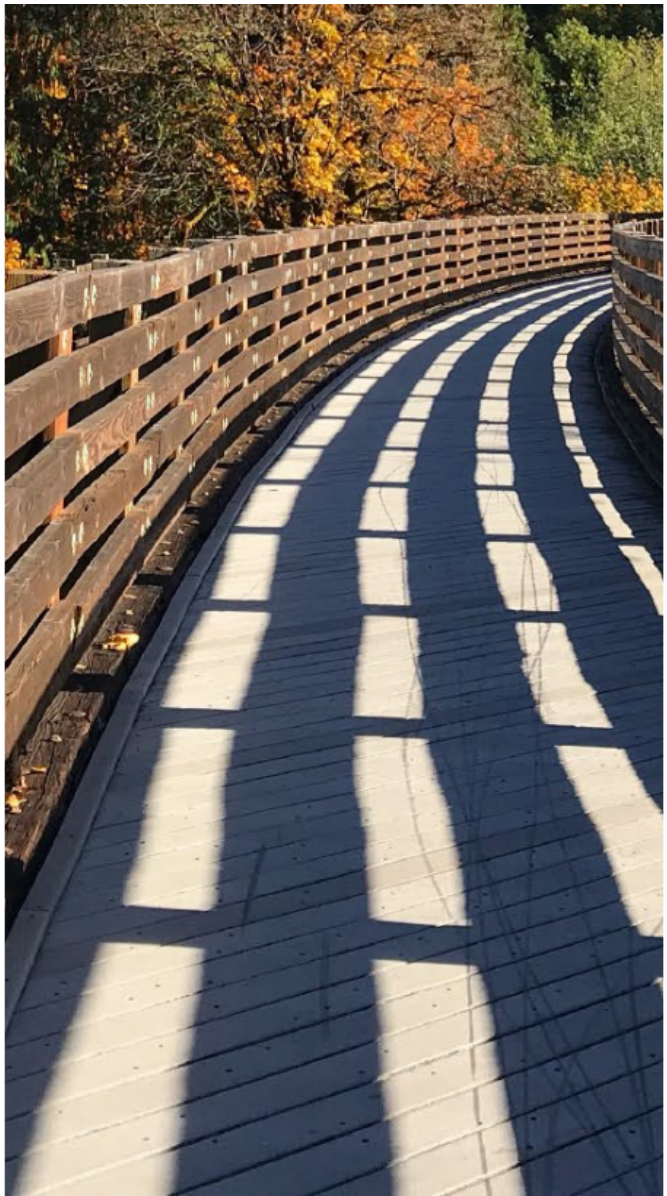
TrailLink
by Rails-to-Trails Conservancy

2026

TrailLink Unlimited Guides



Swamp Forest Trail

Delaware

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The Swamp Forest Trail loops through Lums Pond State Park on a packed earth surface that accommodates hikers and cyclists. The trail is the shorter of two loops; the Little Jersey Trail runs closer to the perimeter of the park, and the wider trail also allows equestrian use.

True to its name, the Swamp Forest Trail runs through wetland forests on the edge of Lums Pond at the center of the park. Trail users will encounter several bridges and boardwalk sections along the way.

Swamp Forest Trail

Delaware

States: Delaware

Counties: New Castle

Length: 6.4miles

Trail end points: Lums Pond State Park to Lums Pond State Park

Trail surfaces: Crushed Stone,Dirt

Trail category: Greenway/Non-RT

Trail activities: Mountain Biking,Walking

Parking & Trail Access

Parking for the Swamp Forest Trail is available at either Lums Pond State Park's main office or nature center. Both can be reached from Howell School Road, which is just east of US 301 between Glasgow and Middletown.

Swamp Forest Trail

Delaware

Trailhead Restroom Parking Water Fountain Tunnel

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TrailLink.com