



2026

TrailLink Unlimited 

Guides



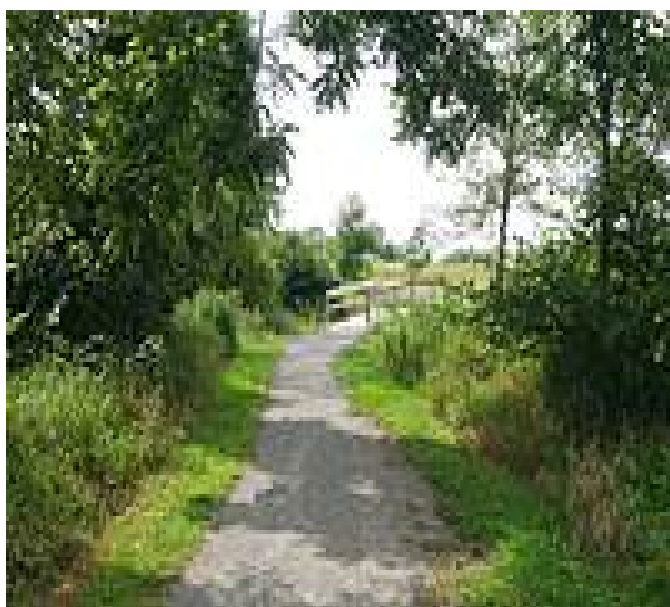
**Lawrence
Hopewell
Trail**
New Jersey



Lawrence Hopewell Trail

New Jersey

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The Lawrence Hopewell Trail (LHT) offers more than 19 miles of pathway on a developing loop through public and private land in Lawrence and Hopewell Townships, about 5 miles north of Trenton. The route links business districts, parks, schools, historical villages, and playing fields, and it provides views of farmland and woodlands. Though the trail's surface is largely porous pavement (which offers better stormwater control than traditional pavement), there are some crushed-stone sections, such as through Carson Road Woods, Maidenhead Meadows Park, and Mercer Meadows.

About the Route

The LHT is broken into 16 named segments, each with its

own unique historical and natural features and trail characteristics. The first one, called the Mount Rose Distillery Segment—a 1.1-mile excursion through the wooded Mount Rose Preserve—begins at the north end of the trail in Hopewell.

Moving clockwise around the loop from there, trail users can pick up the trail again in Lawrence on the Educational Testing Service campus. After looping around the property, the trail continues another 4 miles south to the end of this section at Princeton Pike. Along the way, the route traverses Carson Road Woods, which includes numerous walking paths throughout the pristine preserve, and passes the campus of another major employer, Bristol-Myers Squibb. Approaching the end of this section, use caution as the route heads through Maidenhead Meadows Park; the trail here can be challenging to navigate with a road bike or hybrid.

A gap of less than a mile separates this section from the next. Pick up the trail farther down Princeton Pike at Meadow Road. What follows next is the longest continuous section of the trail.

Staying on the LHT, the trail pops out of the trees into a business park environment. Soon, the trail is on a northwest course winding through the Lawrenceville School campus, with its redbrick buildings, and Village Park, a popular spot with numerous athletic facilities and playgrounds. A highlight of the route is a passage through Mercer Meadows, a sprawling 1,600-acre park with native grasses and wildflowers, lush woodlands, and two lakes, where one might spot deer, rabbits, and other wildlife. The Lawrence Hopewell Trail passes through this section on a boardwalk trail. A unique attraction in the park is the Pole Farm, a historical relic of a telecommunications company once located here. Mercer Meadows also offers equestrian riding opportunities, including on portions of the LHT.

Approaching the trail's western end, the trail loops back and



Lawrence Hopewell Trail

New Jersey

States: New Jersey

Counties: Mercer

Length: 19.6miles

Trail end points: 351-377 Carter Rd. (Hopewell)
to Chauncey Hotel and Conference Center, 1
Chauncey Rd. (Princeton)

Trail surfaces: Asphalt, Crushed Stone

Trail category: Greenway/Non-RT

Trail activities: Bike, Horseback
Riding, Walking, Wheelchair Accessible, Cross
Country Skiing

Parking & Trail Access

The Lawrence Hopewell Trail runs between 351-377 Carter Rd. (Hopewell) and Chauncey Hotel and Conference Center, 1 Chauncey Rd. (Princeton), with parking available on both ends.

Parking is also available at:

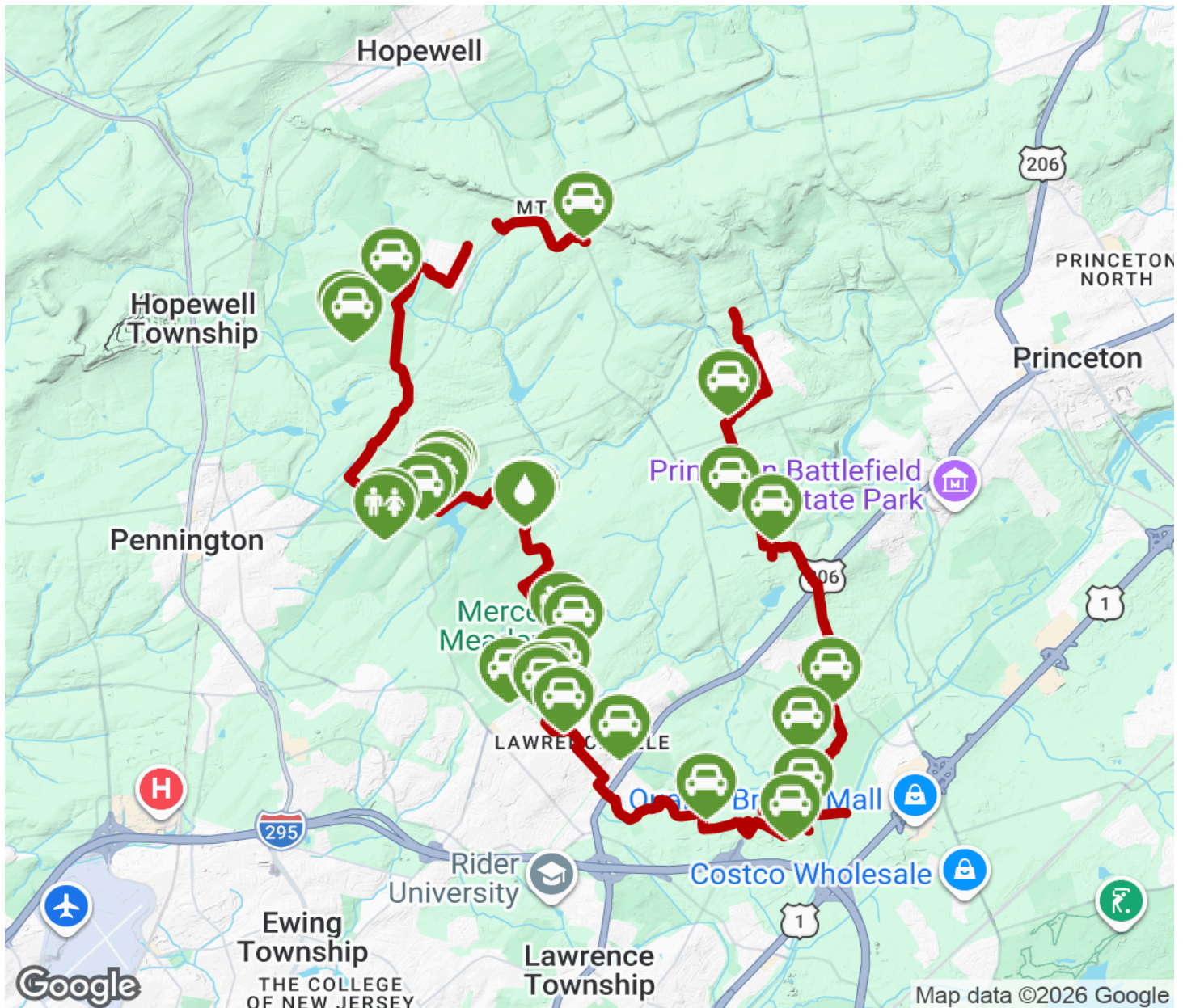
- 100 Maidenhead Lane (Village Park)
- Mercer Meadows, 111-167 Cold Soil Rd. (Lawrence Township)

Please see [TrailLink Map](#) for all parking options and detailed directions.



Lawrence Hopewell Trail

New Jersey



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com