



2026

TrailLink Unlimited 

Guides



**Folsom
Parkway Rail
Trail**
California



Folsom Parkway Rail Trail

California

The Folsom Parkway Rail Trail extends from historic downtown Folsom to a connection with the Lake Natoma Trail north of US 50.



The Folsom Parkway Rail Trail extends from historic downtown Folsom to a connection with the [Lake Natoma Trail](#) north of US 50. The trail provides a direct connection to three light rail stations—Historic Folsom, Glenn and Iron Point—and two massive office parks, as well as the popular Folsom Premium Outlets retail center.

The utilitarian trail, which runs alongside the light rail line for most of its journey, also provides a direct trail connection to the immense [Humbug-Willow Creek Trail](#).



TrailLink
by Rails-to-Trails Conservancy

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Folsom Parkway Rail Trail

California

States: California

Counties: Sacramento

Length: 2.9miles

Trail end points: Historic Folsom Light Rail
Station at Reading St. and Sutter St. to Lake
Natoma Trail north of US 50

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Inline

Skating,Walking,Wheelchair Accessible

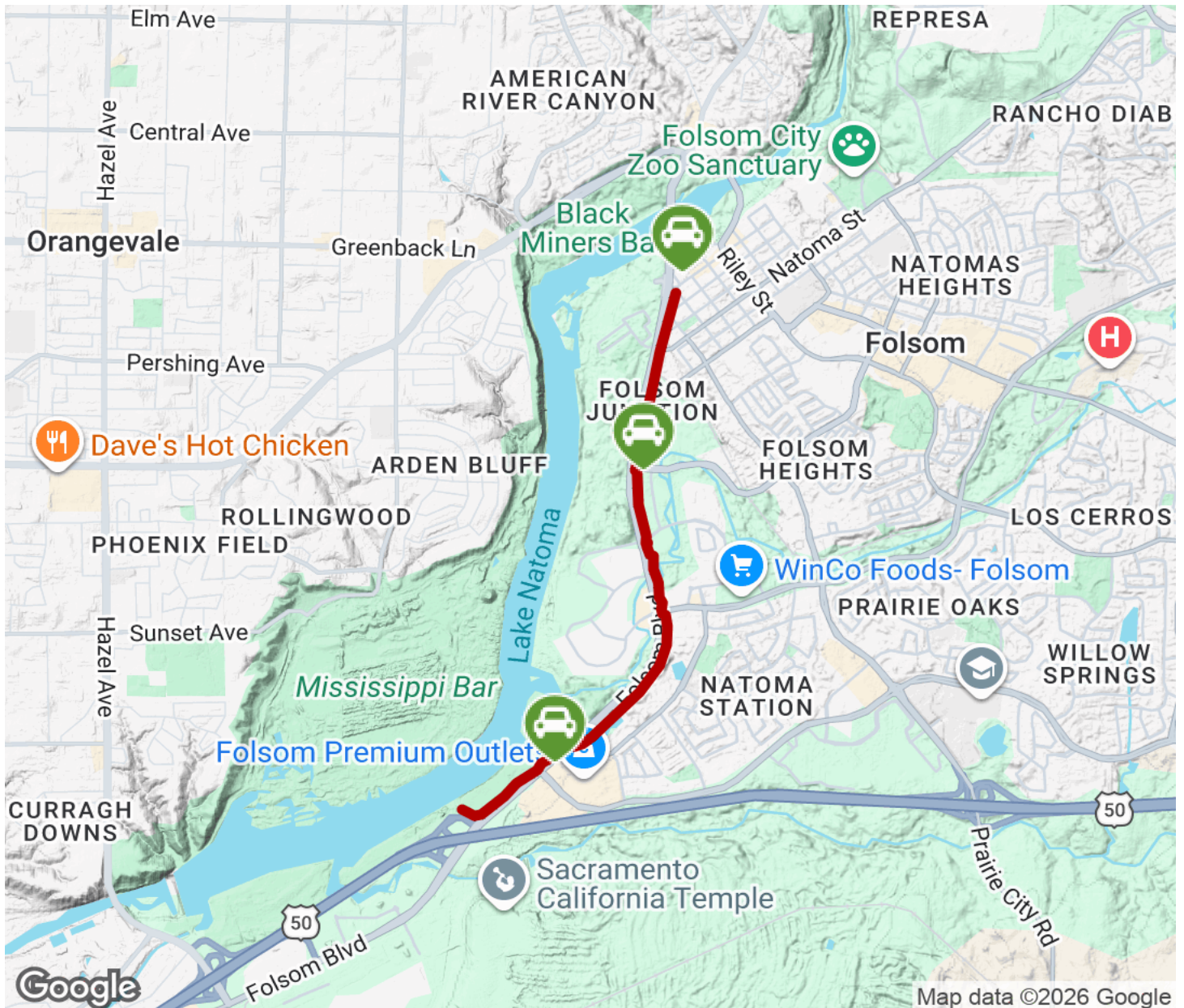
Parking & Trail Access

Free parking for the Folsom Parkway Rail Trail is available at the Iron Point, Glenn and Historic Folsom light rail stations. All three stations can be accessed from Folsom Boulevard.



Folsom Parkway Rail Trail

California



- Trailhead
- Restroom
- Parking
- Water Fountain
- Tunnel