



2026

TrailLink Unlimited 

Guides



Putnam River Trail

Connecticut



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The Putnam River Trail extends between Arch Street in the Putnam District and Providence Street to the south. The trail follows the east bank of the Quinebaug River between the river and Kennedy Drive, with views of Cargill Falls. The trail passes through the town of Putnam, known for its antique shopping, and through local parks.

Along the way interpretive displays tell about Putnam's railroad history, textile mills, the 1955 flood and the area's founding citizens. One 200-foot pedestrian bridge is built on the stone foundation of an old railroad trestle. The trail offers scenic views of the river along its route.



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com



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States: Connecticut

Counties: Windham

Length: 2miles

Trail end points: Providence Street to Arch Street

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Fishing,Inline Skating,Walking,Wheelchair Accessible,Cross Country Skiing

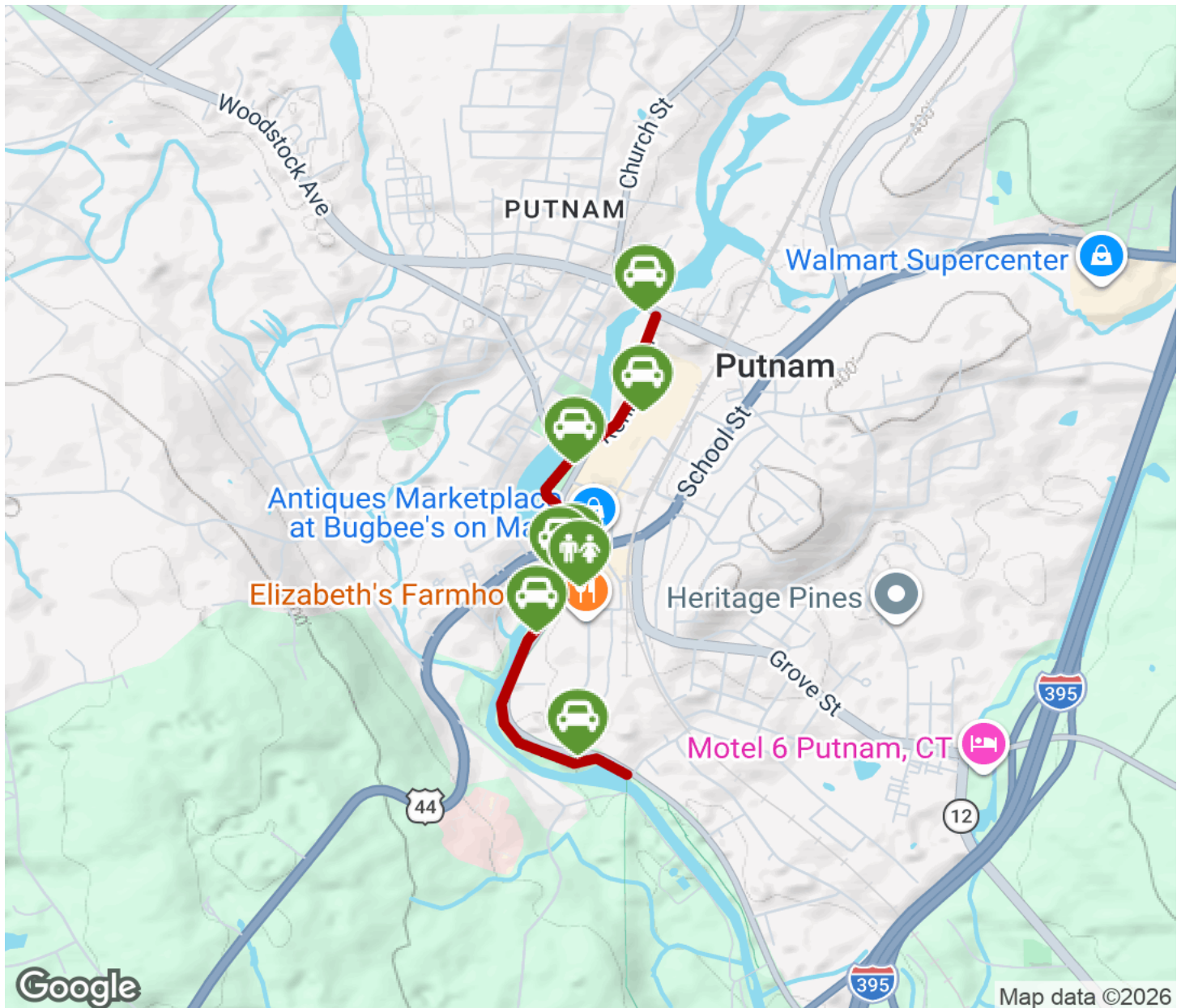
Parking & Trail Access

There are several parking lots along Kennedy Street.



Putnam River Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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