



2026

TrailLink Unlimited 

Guides



**Cross
Seminole
Trail**
Florida



Cross Seminole Trail

Florida

Stretching from Orlando's densely populated outskirts to the sleepy bedroom communities of Oviedo, Winter Springs, and Lake Mary,



Stretching from Orlando's densely populated outskirts to the sleepy bedroom communities of Oviedo, Winter Springs, and Lake Mary, the 29.4-mile Cross Seminole Trail provides crucial residential links in this automobile-dominated region. Throughout the day it's often enjoyed by locals using it to get around town or simply for exercise.

About the Route

The southern end of the trail starts on the northeast corner of the Aloma Avenue/Howell Branch Road intersection on the Seminole/Orange county line. (Signs for the [Cady Way Trail](#) mark the opposite corner.) The trail follows Aloma Avenue northeast through a largely urban setting, coming to Oviedo Boulevard in Oviedo,

where there is a short gap in the trail. The trail picks up again in about four blocks to the west on N Central Ave.

The trail extends northwest from downtown Oviedo to Winter Springs. From the intersection of Railroad Street and North Central Avenue, it enters a pleasant wooded area and winds through several quiet, upscale neighborhoods. After 3.5 miles, it reaches the Black Hammock Trailhead, which offers the only sufficient parking along this section. There is a beautifully constructed concrete pedestrian bridge that crosses Route 434. From there, the trail passes Winter Springs High School and Central Winds Park, Seminole County's premier public park, as it threads through peaceful neighborhoods.

From Old Sanford-Oviedo Road in Winter Springs, the trail runs 3 miles along a utilities thoroughway and through Soldier's Creek Park. The trail crosses U.S. Highway 17/92 via a nice overpass and comes to Big Tree Park in historic Longwood.

The northern 4 miles of the trail are quite different from the rest. The largely urban path parallels busy Reinhart Road in Lake Mary for much of its length. Headed south from Route 46A to Greenwood Boulevard, it follows a bustling business corridor with many road crossings. For a break from high-volume traffic, simply hop on the connecting spur to the [Seminole Wekiva Trail](#) on the west side of Reinhardt Road at the Oakland Hills Circle intersection.

Nearing its northern end, the trail connects with the Sanford Riverwalk, which heads east along the edge of Lake Monroe. Crossing St. Johns River to end at Lake Monroe Park (975 S Charles Richard Beall Blvd, DeBary), the Cross Seminole Trail also connects with the [Spring to Spring Trail](#).

Connections

At its northern end in DeBary, the trail connects to the [Spring](#)



Cross Seminole Trail

Florida

States: Florida

Counties: Seminole

Length: 29.4miles

Trail end points: Lake Monroe Park (975 S Charles Richard Beall Blvd, DeBary) to Aloma Ave & Hall Rd (Winter Park)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Inline

Skating,Walking,Wheelchair Accessible

Parking & Trail Access

The Cross Seminole Trail runs between Lake Monroe Park (975 S Charles Richard Beall Blvd, DeBary), where parking is available, and the intersection of Aloma Ave & Hall Rd (Winter Park).

Parking is also available at:

- Trailhead Park, 3990 W Lake Mary Blvd (Lake Mary)
- Spring Hammock Preserve, 2985 Osprey Trail (Longwood)
- Central Winds Park, 1000 Central Winds Dr (Winter Springs)

There are numerous parking options along the route, visit the [TrailLink map](#) for all parking options and detailed directions.



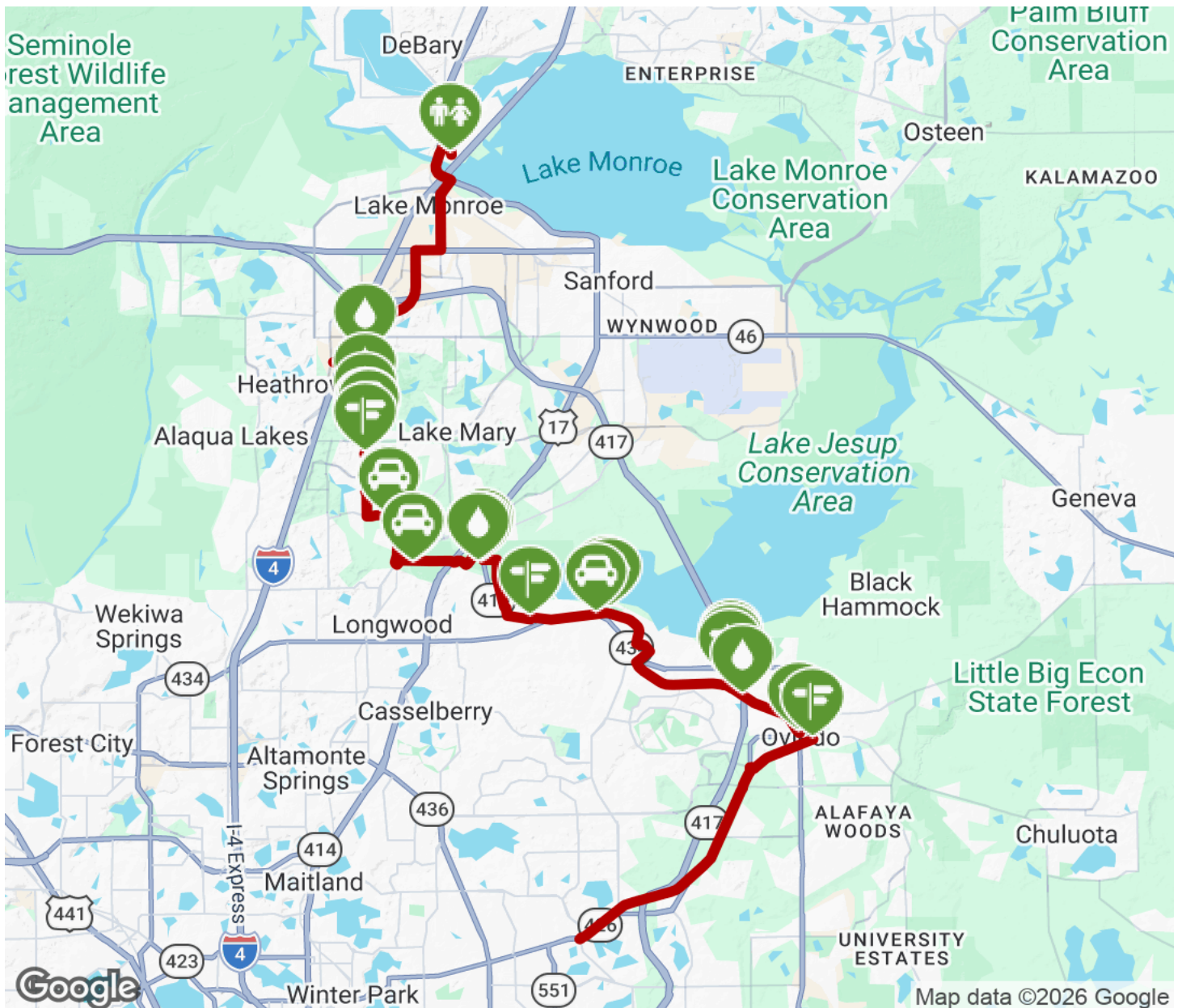
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Cross Seminole Trail

Florida



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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