



2026

TrailLink Unlimited 

Guides   



Salt Trail
Virginia



Salt Trail

Virginia

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Virginia's Salt Trail runs for more than 8 miles between the small community of Saltville and the larger borough of Glade Spring. The trail is popular with equestrians and can get muddy and eroded in places during different times of year.

Much of the trail passes through a pastoral landscape of farms and woodlands, crossing several roads. The trail includes some on-road segments near Saltville and also incorporates other local paved trails.



TrailLink
by Rails-to-Trails Conservancy

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Salt Trail

Virginia

States: Virginia

Counties: Smyth

Length: 8.5miles

Trail end points: Allison Gap Road (Saltville) to
Old Mill Road (Glade Spring)

Trail surfaces: Concrete,Crushed
Stone,Dirt,Grass,Gravel

Trail category: Rail-Trail

Trail activities: Horseback Riding,Mountain
Biking,Walking

Parking & Trail Access

As of 2012 the Salt Trail was a work in progress. For parking information, click on the link Salt Trail Guide above under Explore Related Content.



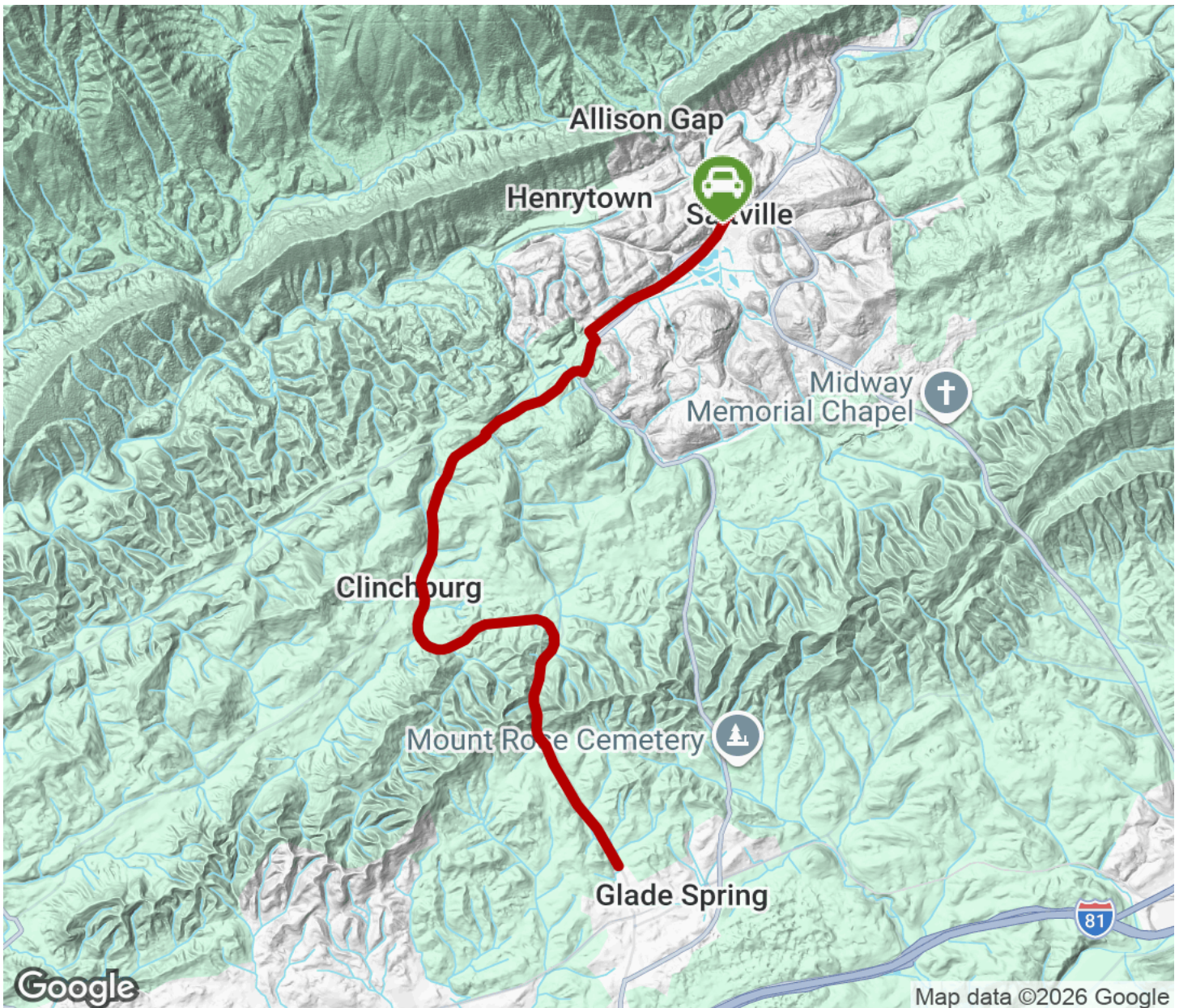
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Salt Trail

Virginia



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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