



2026

TrailLink Unlimited 

Guides   



**Methuen Rail
Trail**
Massachusetts



Methuen Rail Trail

Massachusetts

Methuen Rail Trail connects three communities in northeastern Massachusetts as it follows the route of the former Manchester and



Methuen Rail Trail connects three communities in northeastern Massachusetts as it follows the route of the former Manchester and Lawrence Branch of the Boston and Maine Railroad.

The rail-trail's northern end begins in Salem at the state's border with New Hampshire. From there, the trail heads south through Methuen and crosses the Nevins Bird Sanctuary, where you can spot hawks, herons, egrets, woodpeckers, ducks, and many other types of birds in the park's woodland, marsh, and meadow habitats.

About a half-mile farther, you'll pass a relic of the trail's rail history, the Methuen Railroad Depot, which was built in 1907 and sits at the corner of Union and Railroad Streets.

The trail ends at Manchester Street Park in Lawrence, where you'll find a playground, picnic tables, and a connection to the Spicket River Greenway.

The trail is paved from end-to-end.



Methuen Rail Trail

Massachusetts

States: Massachusetts

Counties: Essex

Length: 2.4 miles

Trail end points: Manchester Street Park (Lawrence) to Hampshire Road (Salem)

Trail surfaces: Asphalt, Crushed Stone

Trail category: Rail-Trail

Trail activities: Bike, Walking, Wheelchair Accessible

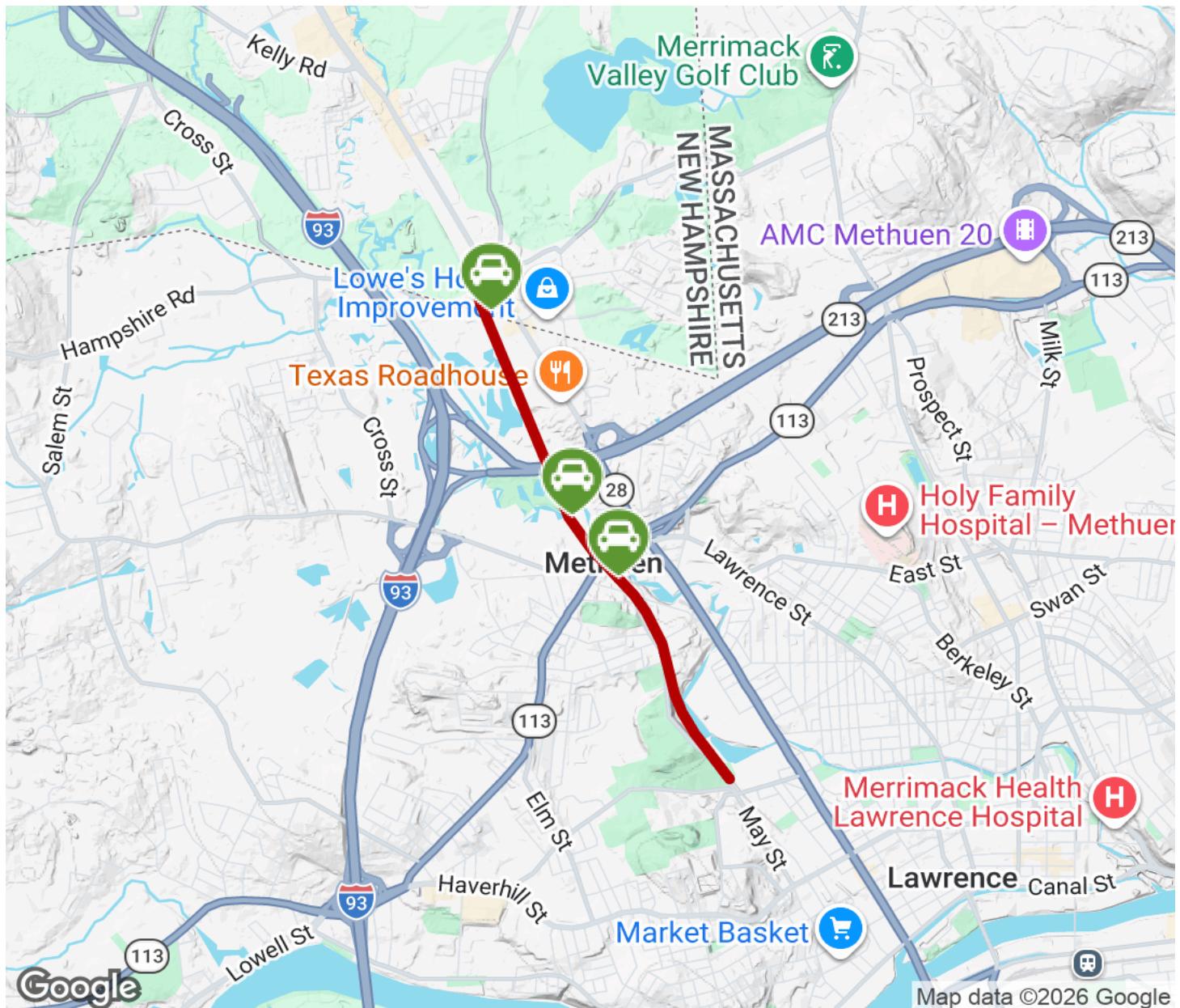
Parking & Trail Access

Parking is available at the northern end of the trail at Hampshire Road in Salem. Farther south, parking is available at the Methuen Railroad Depot (on the corner of Railroad and Union Streets) and at Manchester Street Park (77 Manchester Street) in Lawrence.



Methuen Rail Trail

Massachusetts



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com