



2025

TrailLink Unlimited 

Guides



Cal-Sag Trail
Illinois



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The Cal-Sag Trail (also known as the Calumet-Sag Trail) runs for 16.2 miles and connects several communities and additional trails, as well as providing access to scenic forest preserves and secluded natural areas.

About the Route

The trail's western endpoint is located at the trail's convergence with the John Husar I&M Canal Trail, with the trail's westernmost access point to the trail located just a few hundred feet east. As the trail heads south along the Kingery Highway and then east alongside the Calumet-Sag it also passes the Channel Sagawau Environmental Learning Center. Just past here, the trail also crosses the Sag Quarries Nature Preserve, where old stone quarries have been converted to lakes for birding,

fishing, and hiking. Eastward from here, the trail is rather flat as it passes cleared expanses of forest land now landscaped with natural grasses and wildflowers.

Just beyond the cutoff to Teason's Woods, the trail becomes more hilly and densely tree-lined, all the way to just east of the 86th Avenue parking area. There it comes away from the woods to run alongside Calumet Sag Road, all the way to Southwest Highway. For about two blocks the trail continues alongside the highway without crossing it, though some trail-goers may want to cross to one of the businesses there to get refreshment or food.

From the highway to the woods again, the trail rejoins its fundamental alignment next to the Channel. It goes under another roadway and a railroad bridge, before breaking onto a quiet city street around the beautiful Lake Katherine area. From there it's back to the wooded trailway to the end at Ridgeland Avenue. There the trail passes the newly built Trinity Sports Complex, then continues to 127th Street where it crosses over the Channel and then follows alongside it until it crosses under the Cicero Avenue (SR 50) bridge and reaches Freedom Park in Alsip, IL. There is a short eastern trail segment in Riverdale that connects trail users to the Major Taylor Trail.

Connections

At the trail's western end, trail users can continue along the [John Husar I&M Canal Trail](#).

In Palos Heights, the trail connects to the [Palos Heights Bike Trail](#).

At the trail's eastern end, trail users can connect to the [Major Taylor Trail](#).



TrailLink
by Rails-to-Trails Conservancy

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Cal-Sag Trail

Illinois

States: Illinois

Counties: Cook

Length: 16.2miles

Trail end points: John Husar I&M Canal Trail (Lemont) to Major Taylor Trail (Riverdale)

Trail surfaces: Asphalt

Trail category: Canal

Trail activities: Bike, Inline

Skating, Fishing, Wheelchair

Accessible, Walking, Cross Country Skiing

Parking & Trail Access

The Cal-Sag Trail runs between the John Husar I&M Canal Trail (Lemont) and Freedom Park, 4775-4777 W 131st St (Alsip), which offers parking.

Parking is also available at

- Sagawau Ski Center, 12545 111th St (Lemont)
- Lake Katherine Nature Center, 7402 Lake Katherine Dr (Palos Heights)

Please see [TrailLink Map](#) for all parking options and detailed directions.



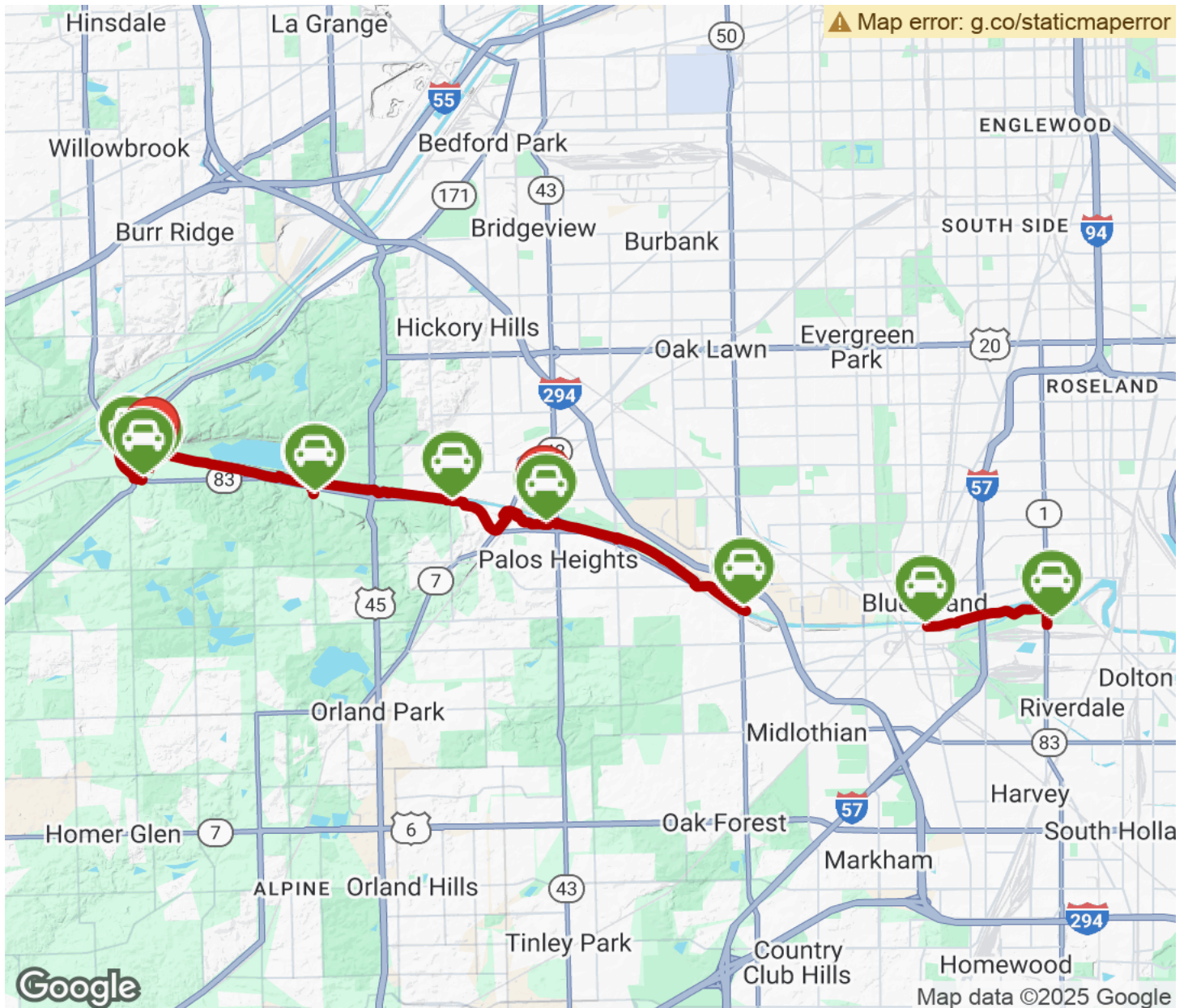
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Cal-Sag Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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