



2026

TrailLink Unlimited



Guides



Old Eastern Marsh Trail

Massachusetts



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Offering picturesque woodland and marsh surroundings, the Old Eastern Marsh Trail stretches for 3.7 miles between the MA-NH



Offering picturesque woodland and marsh surroundings, the Old Eastern Marsh Trail stretches for 3.7 miles between the MA-NH border and the north bank of the Merrimack River. The southern 2.3-mile section of the trail is also known as the Salisbury Rail Trail.

About the Route

The Old Eastern Marsh Trail is part of the Border to Boston Trail, a developing trail network that will stretch 70 miles between the MA-NH state line and Boston. The Border to Boston Trail is itself a part of East Coast Greenway, a connected network of trails that will stretch from Maine to Florida when complete.

Following a former railroad corridor, the Old Eastern

Marsh Trail is paved, flat, and wide enough for those on the trail to comfortably pass each other. There are mile markers and interpretative signage along the route. Along the northern portion of the route, there are signs for the East Coast Greenway and the Old Eastern Marsh Trail. Along the southern portion of the trail, there are signs for the Salisbury Rail Trail and the Essex Coastal Scenic Byway.

To access the northern end of the multiuse rail-trail, there is a 0.2-mile stone dust connector known as the Seabrook-Salisbury Trail Connector. The connector trail leads from the rear of the fire station parking lot (28 Collins Street, Seabrook, NH) to the north end of the Old Eastern Marsh Trail at the MA-NH state line.

The northern section of the rail-trail passes through woodlands. Heading towards downtown Salisbury, it passes by the elementary school and Partridge Brook Park (100 Lafayette Rd, Salisbury). The park has restrooms, benches, parking, a new accessible playground, a skate park, and a fenced dog park with an obstacle course.

Continuing south through the woods, the trail crosses over US Route 1 via a pedestrian/cyclist bridge and then connects with Salisbury Point Ghost Trail at Lions Park (located at the dead end of Lions Way, off Gardner St). The park has restrooms, picnic tables, swings, a play area, and a variety of sport courts and fields. Follow the Ghost Trail to head west into Amesbury or continue south on the Old Eastern Marsh Trail towards the Merrimack River.

The rail-trail passes just west of downtown Salisbury and utilizes about a 0.2-mile quiet section on Gardner Street (sidewalk; no bike lane).

Continuing south through a picturesque coastal salt marsh known as the Great Marsh, the route includes a tidal river crossing and a wooden boardwalk. The trail curves gently southwest and passes briefly through a wooded area, where



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States: Massachusetts

Counties: Essex

Length: 3.7miles

Trail end points: MA-NH state line to north bank of Merrimack River by Gillis Memorial Bridge & Friedenfels Street

Trail surfaces: Asphalt, Boardwalk, Concrete

Trail category: Rail-Trail

Trail activities: Bike, Fishing, Inline Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Old Eastern Marsh Trail runs between the MA-NH state line and north bank of Merrimack River by Gillis Memorial Bridge & Friedenfels St (Salisbury).

Parking is available at:

- Seabrook fire station parking lot, 28 Collins Street (Seabrook, NH)
- Partridge Brook Park, 100 Lafayette Rd (Salisbury)

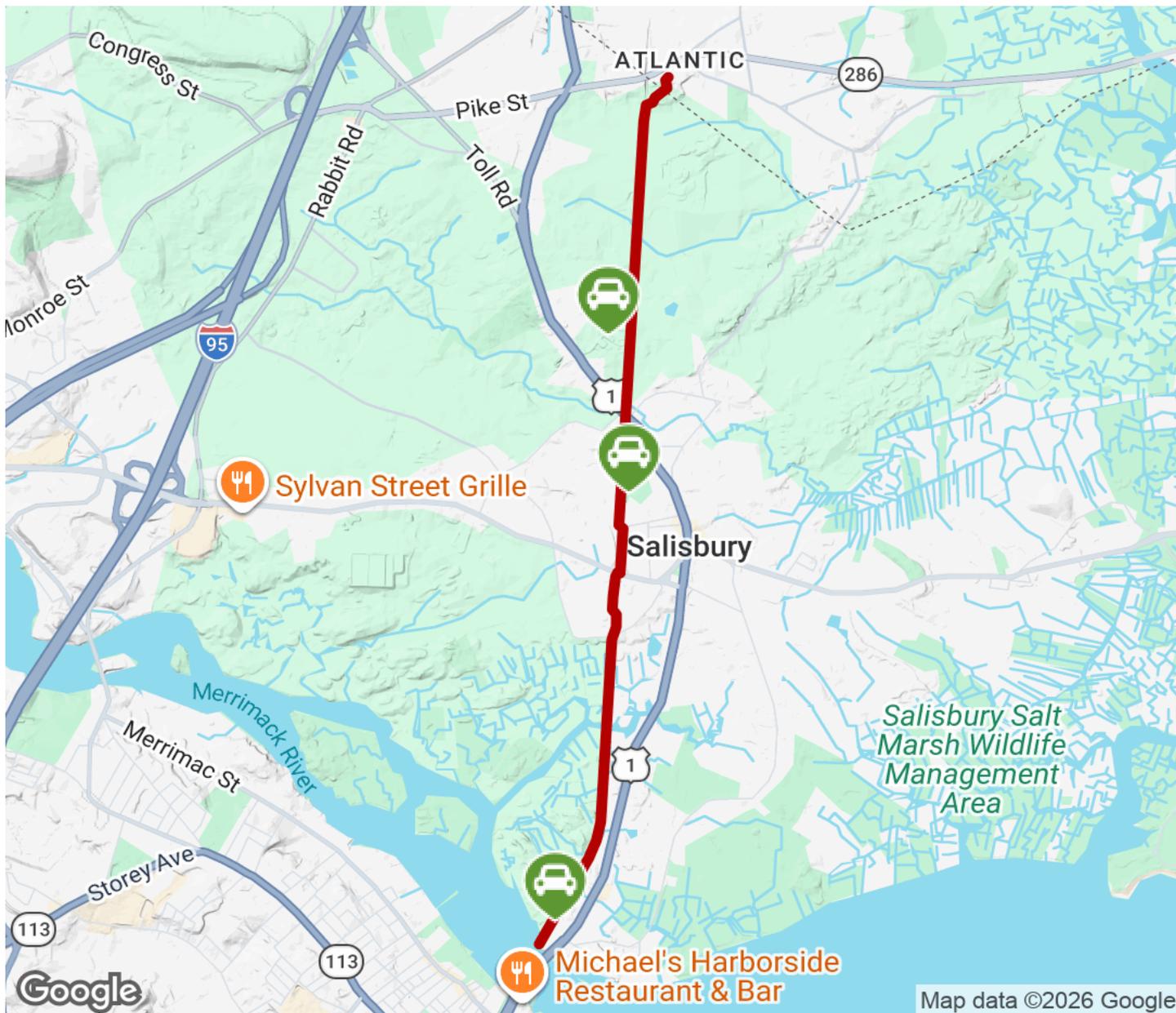
From the Seabrook fire station parking lot (where there is a large water tower), take the Seabrook-Salisbury Trail Connector from the rear of the parking lot 0.2 miles to access the northern end of the Old Eastern Marsh Trail.

Visit the [TrailLink map](#) for all parking options and detailed directions.



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- Trailhead
- Restroom
- Parking
- Water Fountain
- Tunnel