



2026

TrailLink Unlimited



Guides



**Sacramento
River
Parkway**
California



Sacramento River Parkway

California

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In the 19th century, thousands of Forty-Niners passed through Sacramento on their way to California's gold fields. Today, visitors can explore those former haunts in the Old Sacramento Waterfront District from the Sacramento River Parkway Trail.

The 8.6-mile trail hugs the levees on the eastern bank of the Sacramento River as it rolls south from that river's confluence with the American River. After a 2-mile interruption through the Pocket neighborhood, the trail resumes for about 3 miles and continues to its southern endpoint at a sports complex in the Freeport neighborhood.

About the Route

The paved trail leaves off from its northern endpoint at the intersection of the Jibboom Street bridge at Tiscornia Park, where the American River flows into the Sacramento. More parking and facilities are available across the bridge at Discovery Park.

Heading south for about a mile atop a levee built to protect Sacramento from flooding, the trail arrives at the old railyards, once the largest in the west. The vintage rolling stock here indicates the trail's arrival in Old Sacramento. Here, trail users will find the California State Railroad Museum, which houses many restored locomotives and cars, as well as a historic depot. Nearby, trail users can take a short excursion on the Sacramento Southern Railroad, a tourist train that once carried freight and passengers in the early 20th century.

The parkway's river walk through Old Sacramento can get crowded with tourists hopping in and out of shops, restaurants, and bars. An alternative is Front Street, which is wider but paved with cobblestones and just as busy. The trail gets more manageable after it passes Capitol Mall/CA 275 at the iconic Tower Bridge.

South of the bridge, the trail is wedged between the excursion train tracks and the river. About 1.5 miles past the Tower Bridge, the trail passes a marina and launch ramp in Shady Miller Regional Park.

There are more parks along the trail for the next 4 miles to the community of Pocket, named for the semicircular bend in the river. Access to the levee is broken here, but plans are underway to upgrade the levee to a trail after the property is acquired. Until that happens, take Clipper Way south to Riverside Boulevard, and turn right to continue on Riverside (it becomes Pocket Road) about 3.7 miles to Garcia Bend Park to rejoin the trail. The trail reaches its southern end of the trail in 3 miles at the Bill Conlin Sports Complex in Freeport.



Sacramento River Parkway

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States: California

Counties: Sacramento

Length: 8.6miles

Trail end points: Tiscornia Park, 195 Jibboom St (Sacramento) to 7895 Freeport Blvd (Sacramento)

Trail surfaces: Asphalt, Concrete

Trail category: Rail-Trail

Trail activities: Bike, Inline Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Sacramento River Parkway runs between Tiscornia Park, 195 Jibboom St (Sacramento), and 7895 Freeport Blvd (Sacramento).

Parking is also available at:

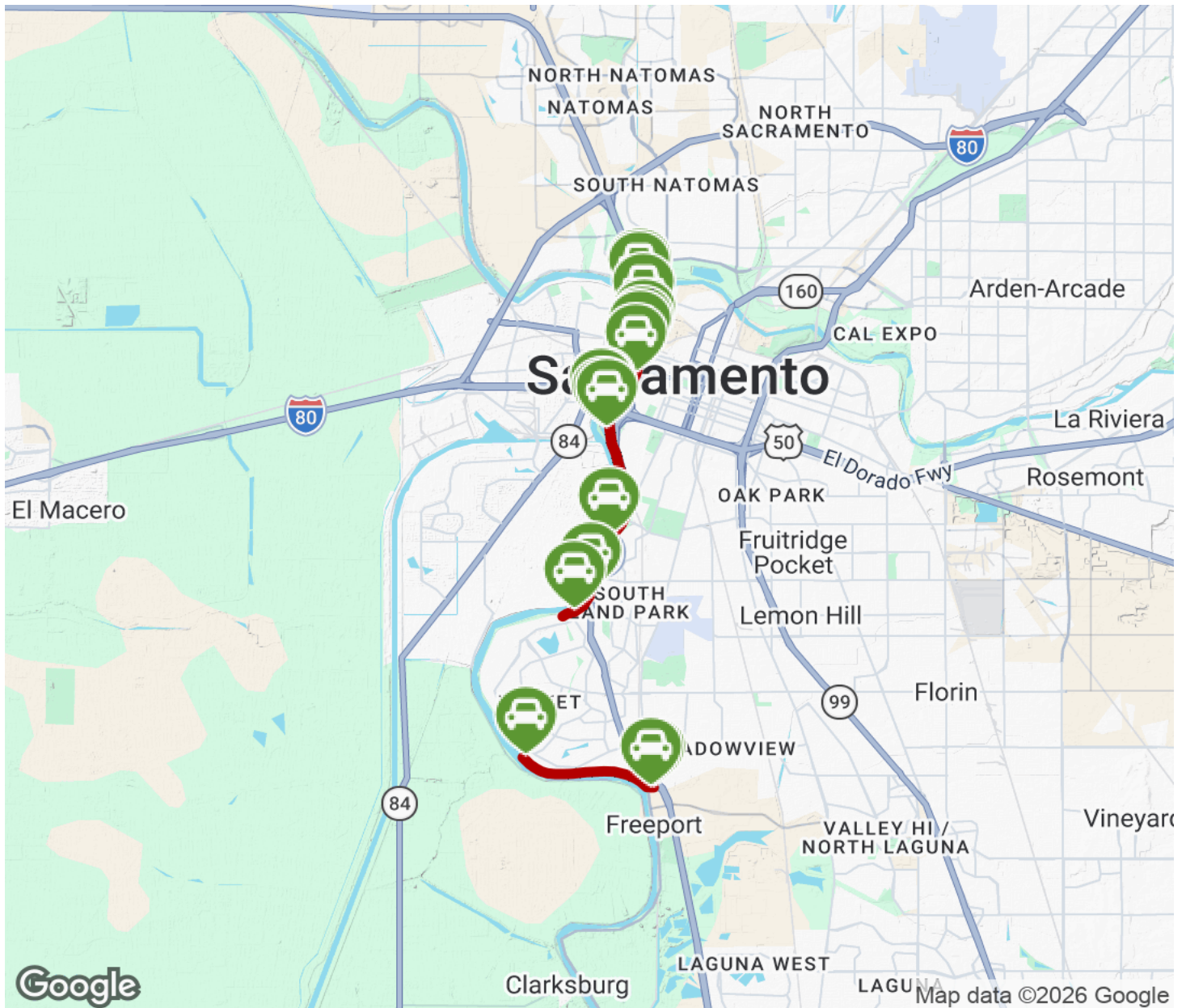
- Robert T. Matsui Waterfront Park, 450 Jibboom St. (Sacramento)
- 2710 Ramp Wy (Sacramento)
- Garcia Bend Park, 7654 Pocket Rd (Sacramento)

Visit the [TrailLink map](#) for all options, available transit lines, and detailed directions.



Sacramento River Parkway

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)