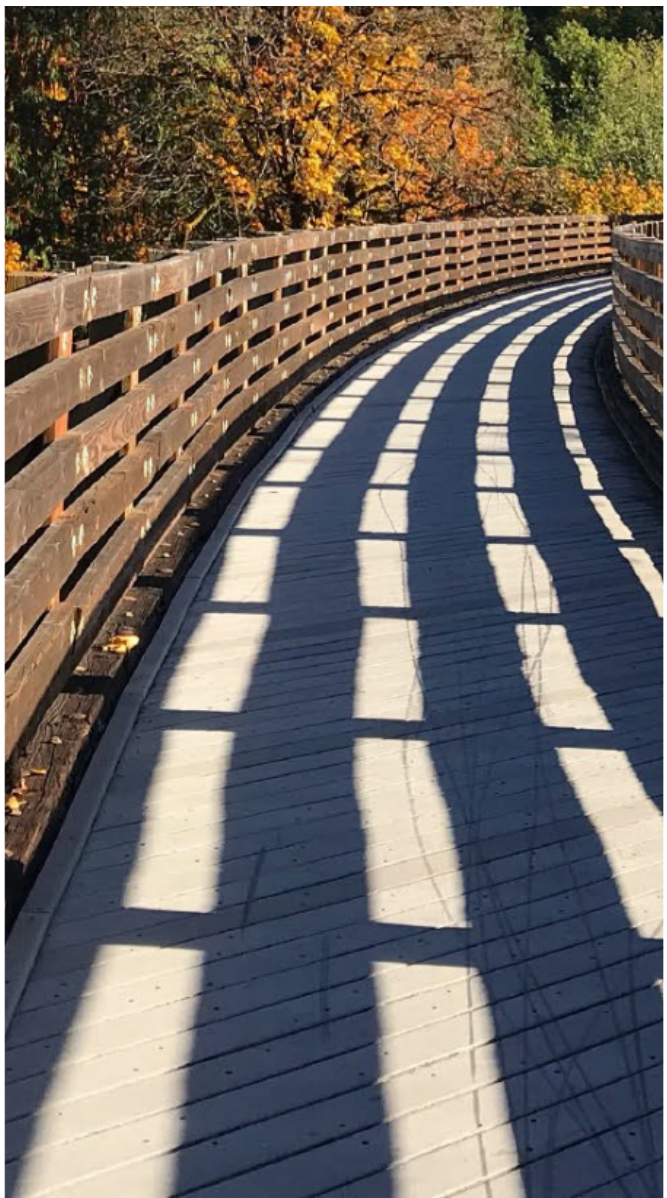
TrailLink
by Rails-to-Trails Conservancy

2026

TrailLink Unlimited

Guides



Upper Coos Recreational Trail

New Hampshire

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The wildly scenic Upper Coos Recreational Trail parallels the Connecticut River, which divides New Hampshire and Vermont.

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As the railroad tracks are still in place, you'll need to use caution. The unpaved trail is best used for hiking and horseback riding in the warmer months. In the winter, the trail is popular for snowmobiling, cross-county skiing, and mushing.

Upper Coos Recreational Trail

New Hampshire

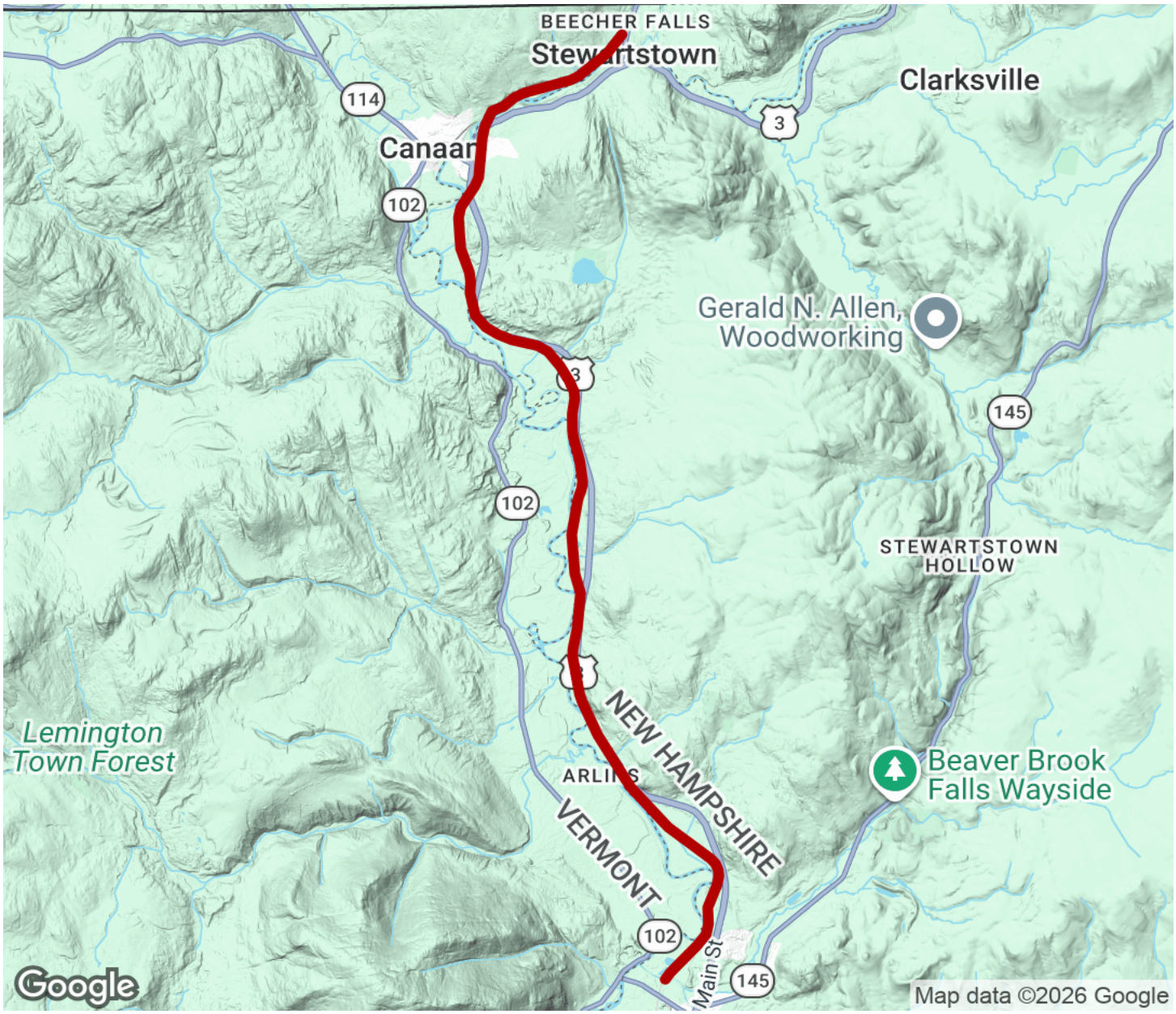
States: New Hampshire
Counties: Coos
Length: 10.5miles
Trail end points: Colebrook to Beecher Falls
Trail surfaces: Ballast,Cinder
Trail category: Rail-Trail
Trail activities: ATV,Horseback Riding,Mountain Biking,Snowmobiling,Walking,Cross Country Skiing

Parking & Trail Access

A parking area is available on Route 3. On street parking is available in Stewartstown and in Colebrook.

Upper Coos Recreational Trail

New Hampshire



Trailhead Restroom Parking Water Fountain Tunnel

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