



2026

TrailLink Unlimited 

Guides



**San Gabriel
River Trail**
California



San Gabriel River Trail

California

On a fully paved path between the Pacific Ocean and the base of the San Gabriel Mountains, the San Gabriel River Trail connects more



On a fully paved path between the Pacific Ocean and the base of the San Gabriel Mountains, the San Gabriel River Trail connects more than a dozen communities east of Los Angeles. Following a channelized river, the 39-mile trail travels through an exceptionally diverse landscape of residential and industrial areas, with scenic vistas of the surrounding mountains providing a striking backdrop.

About the Route

The San Gabriel River Trail's northern endpoint is in Azusa, on Gabriel Canyon Rd/CA 39, about 1 mile east of its intersection with Ranch Rd. Heading south, the trail meets the Santa Fe Dam Recreation Area, a large open area with a nature center and reservoir. Be prepared for sun exposure in this drier terrain, and a short segment of

steep elevation change near the dam. At the south end of the Santa Fe Dam Recreation Area, a short spur takes the trail west across I-605, into Duarte, to the Duarte/City of Hope A Line Metro station.

Further south of the Santa Fe Dam, the trail comes to Whittier Narrows, a large natural expanse with a nature center, offering an opportunity for bathrooms and drinking water. Shortly south of here, in Pico Riviera, the trail crosses over to the eastern bank of the river and passes under San Gabriel Parkway, before continuing south. After crossing under a railway bridge, the trail hugs a branching Union Pacific railway line southward, as it passes Pío Pico State Historic Park, home to adobe buildings and Mexican-American War era history.

South from Pió Pico State Historic Park, a 3.5 mile stretch takes the trail to Santa Fe Springs Park, roughly the trail's midpoint, with amenities for a rest stop, water or bathroom break. Heading south from Santa Fe Springs to Bellflower, the trail passes several more community parks with numerous recreational facilities.

Entering Long Beach, the trail passes through the much larger El Dorado East Regional Park, which offers an archery range, a nature center, fishing lakes, and a plethora of other amenities. South of the El Dorado East Regional Park, a bridge crosses over Coyote Creek, just before it merges into the San Gabriel River.

The trail continues to hug the river and continue south for 4 miles, heading through an industrial area before passing under CA-1, before nearing the river mouth in Seal Beach. The San Gabriel River Trail's southern endpoint is at the aptly-named River's End Park, in the oceanside town of Seal Beach.

Connections

The San Gabriel River Trail connects to the [Rio Hondo River](#)



San Gabriel River Trail

California

States: California

Counties: Los Angeles, Orange

Length: 39.3 miles

Trail end points: San Gabriel Canyon Rd/CA 39 (Azusa) to River's End Park (Seal Beach)

Trail surfaces: Asphalt, Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Mountain Biking, Inline Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The San Gabriel River Trail runs between San Gabriel Canyon Rd/CA 39 (Azusa), and River's End Park (Seal Beach), with parking available at both trailheads.

Parking is also available at:

- 1000 Durfee Ave (South El Monte)
- 10500 Flora Vista St (Bellflower)
- 7339 E Spring St (Long Beach)

There are numerous parking options along this route, see [TrailLink Map](#) for all parking options and detailed directions.

The trail can also be accessed by rail from the following public transit stations

- Duarte/City of Hope (Metro A-Line)
- Norwalk (Metro C-Line)

If taking your bike aboard a train, please observe the transit agency's rules.



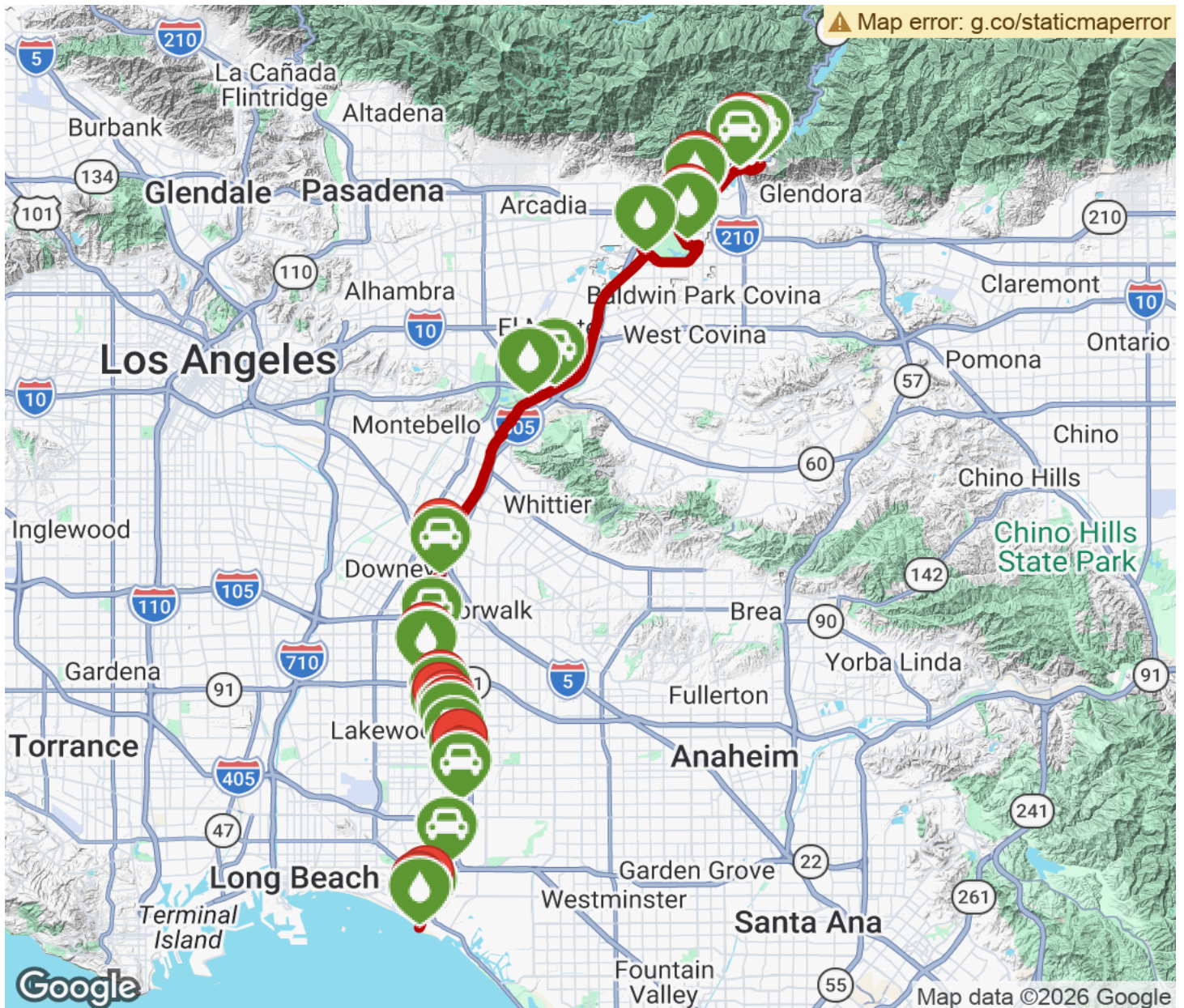
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San Gabriel River Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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