



2026

TrailLink Unlimited 

Guides



**Ke Ala Hele
Makalae**
Hawaii



Ke Ala Hele Makalae

Hawaii

Ke Ala Hele Makalae is Hawaiian for "The Path that Goes by the Coast," and describes this beautiful 8.5-mile multiuse path on the



All along the trail, nearly two dozen interpretive signs share information about local archeological, cultural and historic sites; the native names of streams and canals; the plants and animals that can be seen here (including whales and monk seals); and many more topics unique to the area.

The trail will eventually follow the eastern shoreline for 17 miles between Anahola and Nawiliwili.

Ke Ala Hele Makalae is Hawaiian for "The Path that Goes by the Coast," and describes this beautiful 8.5-mile multiuse path on the island of Kauai (also known as the "Garden Isle").

About the Route

The rail-trail partially follows a former railroad line once used to haul the island's sugarcane. Today, the route offers access to parks, beaches, and coastal communities, including Ahihi Point, Kapa'a, Wailua Beach Park and Lydgate Park. A highlight of the trail is Lydgate Park, which houses two lagoons protected by a stone seawall offering calm waters for ocean swimming and snorkeling, as well as picnic pavilions, tent campsites, and a playground.



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com



Ke Ala Hele Makalae

Hawaii

States: Hawaii

Counties: Kauai

Length: 8.5miles

Trail end points: Ahihi Point (Kapaa) to
Lydgate State Park (Lihue)

Trail surfaces: Asphalt, Concrete

Trail category: Rail-Trail

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Ke Ala Hele Makalae runs between Ahihi Point (Kapaʻa) and Lydgate State Park (Lihue).

Parking is available at:

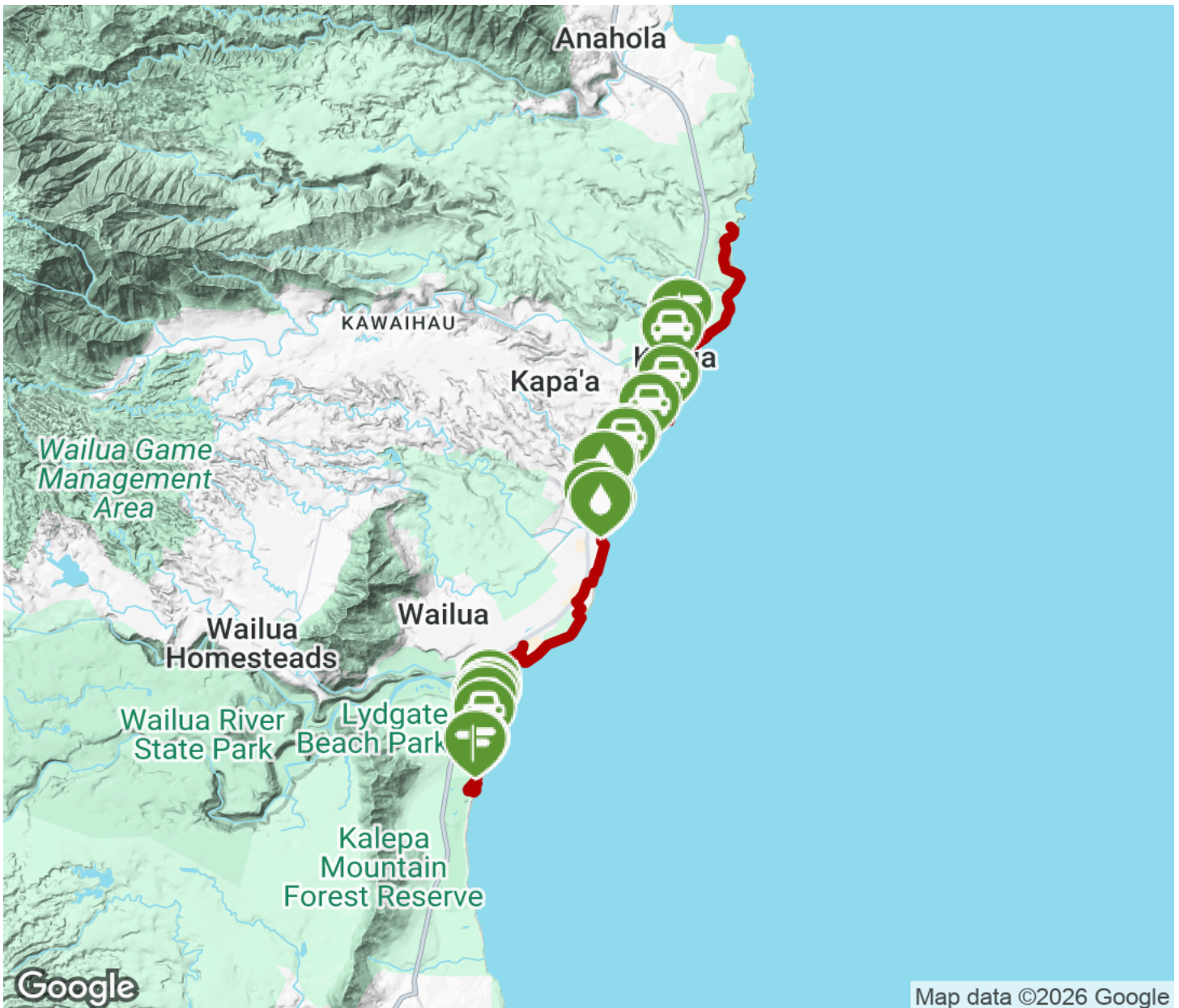
- Waipouli Beach Park at the Lihi Boat Ramp, Kaloloku Rd (Wailua)
- Kapa'a Beach Park, Kuhio Hwy (Kapaʻa)
- Lydgate Beach Park, Leho Dr (Lihue)

These are not official addresses, visit the [TrailLink map](#) for all parking options and more detailed directions.



Ke Ala Hele Makalae

Hawaii



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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