



2026

TrailLink Unlimited



Guides



**Fred Meijer
M-6 Trail**
Michigan



Fred Meijer M-6 Trail

Michigan

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the west.

The Fred Meijer M-6 Trail runs for 9 miles, paralleling Michigan Highway 6/Paul B. Henry Expressway south of Grand Rapids (a.k.a. the M-6). As such, it's not the quietest of trails, but it still offers a great alternative to driving. The paved trail alternates from running along both the south and north sides of the freeway. To get around the cloverleaf interchange that links M-6 and US 131, the trail utilizes the sidewalk along 68th Street between Clay Avenue and Clyde Park Avenue - bridges and pathway installed in 2019 help provide an easy means across the barriers formed by the railroad tracks and Buck Creek. Use extreme caution at all road crossings, as motorists are not always aware of pedestrians using the trail.

The Fred Meijer M-6 Trail connects the [Paul Henry-Thornapple Trail](#) in the east to the [Kent Trails](#) system in



Fred Meijer M-6 Trail

Michigan

States: Michigan

Counties: Kent

Length: 9miles

Trail end points: Wing Ave SE & 60th Street SE (Grand Rapids) to Kent Trails, south of Barcroft Dr. (Wyoming)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Mountain Biking, Inline Skating, Walking, Wheelchair Accessible

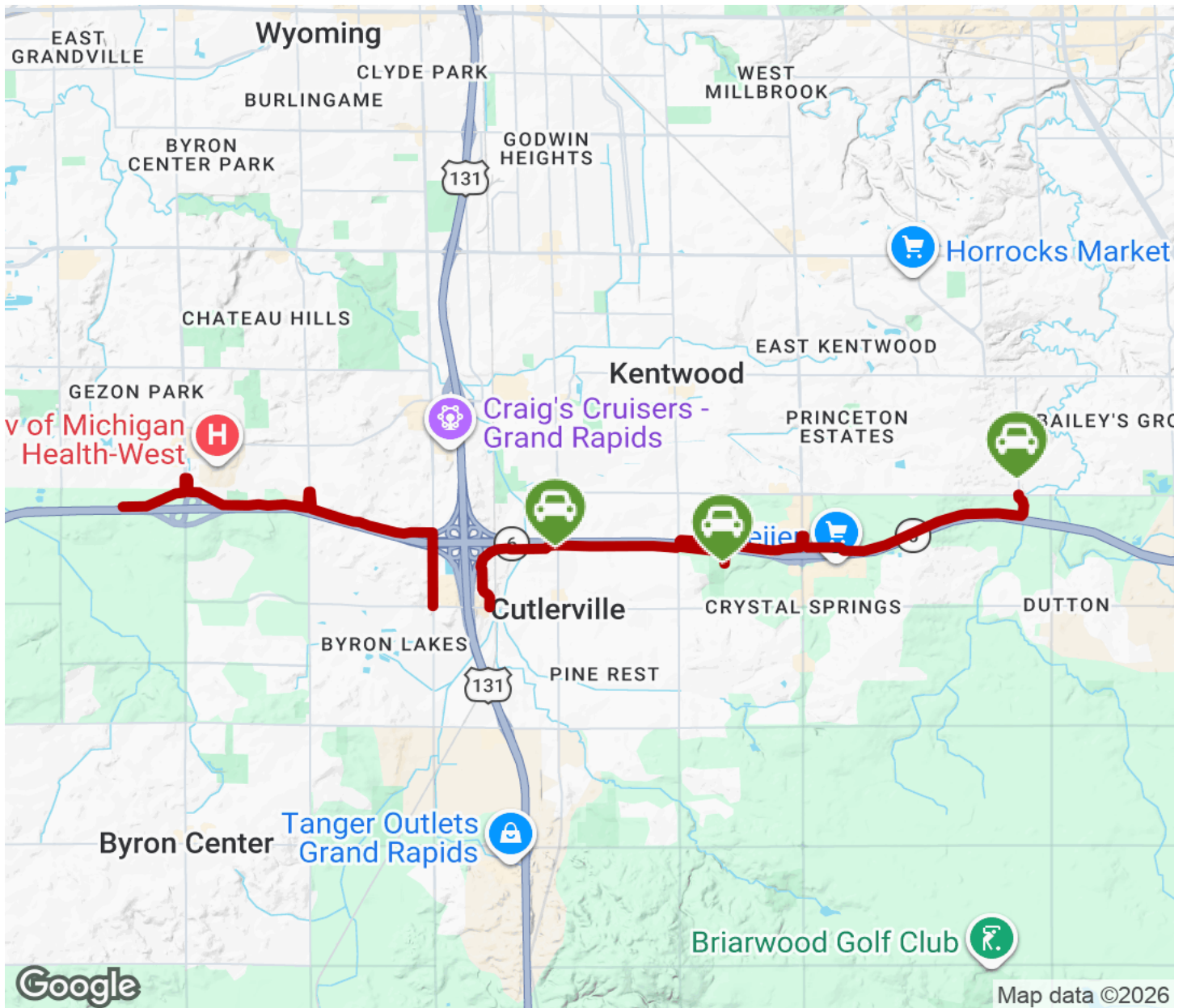
Parking & Trail Access

Parking is available along the trail at Creekside Park in Caledonia, located at 1035 68th Street SE. Additional parking is available at the trailhead for the Paul Henry-Thornapple Trail, at the intersection of 60th Street and Wing Avenue SE in Kentwood.



Fred Meijer M-6 Trail

Michigan



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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