



2026

TrailLink Unlimited



Guides



Intervale Trail
Vermont



Intervale Trail

Vermont

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The Intervale Trail in Burlington makes for a nice urban refuge from the city bustle. The trail traverses the bottomlands along the Winooski River through a farmland cooperative (the Intervale Center), which grows organic crops on 350 acres and promotes sustainable farming practices. At the other end of the trail is the Ethan Allen homestead park and museum. From here you can also link up with the [Route 127 Path](#).



Intervale Trail

Vermont

States: Vermont

Counties: Chittenden

Length: 2miles

Trail end points: Burlington to

Trail surfaces: Dirt

Trail category: Greenway/Non-RT

Trail activities: Mountain

Biking, Walking, Cross Country Skiing

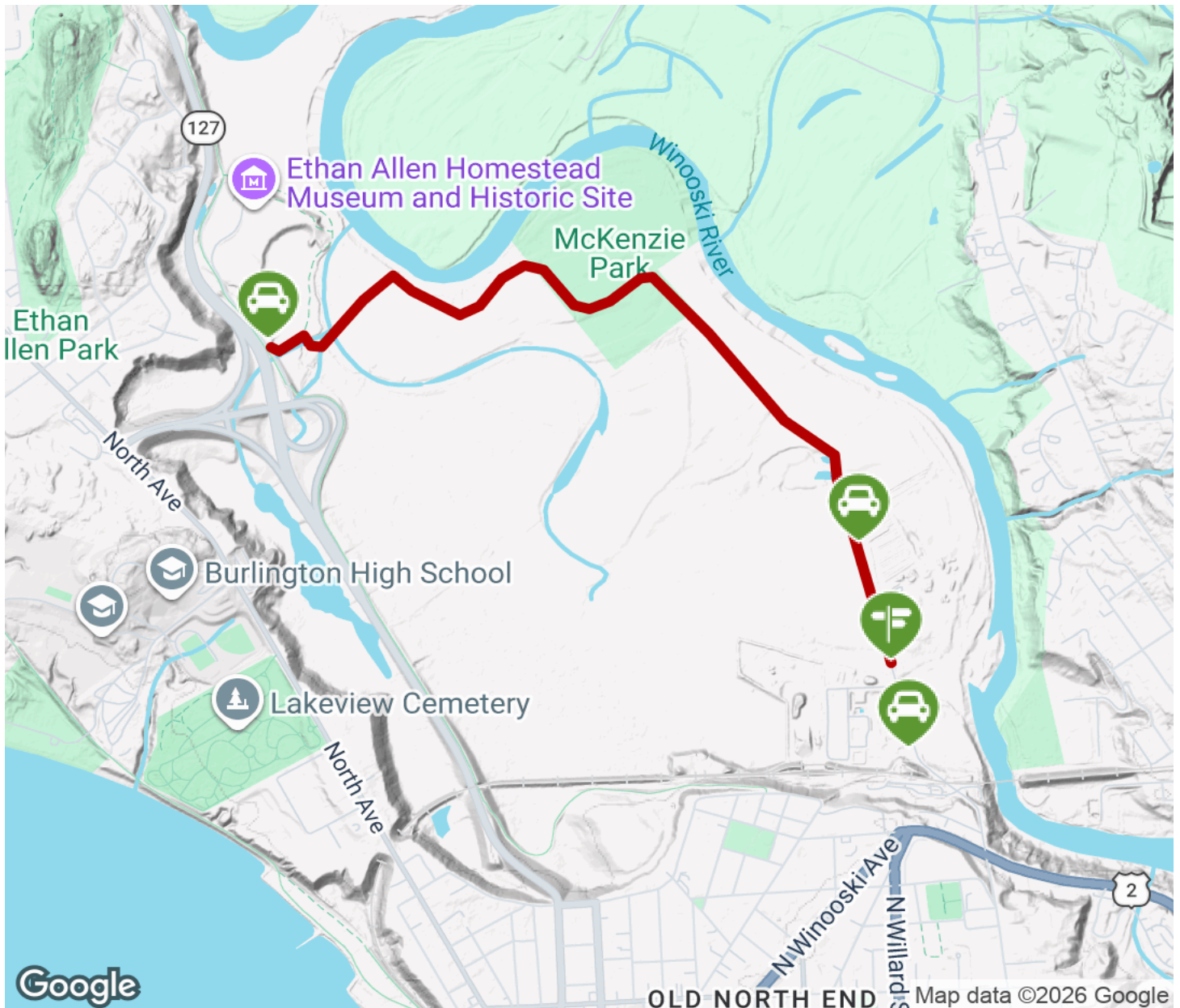
Parking & Trail Access

To access the Intervale Trail, park near the Intervale Center off Intervale Road (180 Intervale Rd.).



Intervale Trail

Vermont



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)