



2026

TrailLink Unlimited 

Guides



**Delta de Anza
Regional Trail**
California



Delta de Anza Regional Trail

California

The Delta de Anza Regional Trail is 15 miles long, running between Willow Pass Road at Route 4 near Concord and Main Street (Rt. 4)



particularly those adjacent to Los Medanos College and Marchetti Park in Pittsburg and segments on both sides of Canal Park in Antioch. The trail over the Willow Pass in the direction of Evora Road in Bay Point to Willow Pass Road in Concord is long and steep. The trail is named in commemoration of the route taken by Spanish explorer Juan Bautista de Anza during an 18th-century expedition in the region.

The Delta de Anza Regional Trail is 15 miles long, running between Willow Pass Road at Route 4 near Concord and Main Street (Rt. 4) at E. Cypress Road in Oakley. The eastern end in Oakley intersects [Marsh Creek Trail](#). The trail also intersects the [Mokulumne Trail](#) by Antioch Community Park. There is a break in the trail between Neroly Road and Ridgeline Drive.

The trail links neighborhoods, business districts, schools, parks and the Los Medanos Community College. In the parks you'll find plenty of rest areas, restrooms, drinking fountains and picnic areas. There are plans to extend the trail another 10 miles, including west to Martinez.

The county reports that the trail is mostly wheelchair accessible, though some sections can be steep,



Delta de Anza Regional Trail

California

States: California

Counties: Contra Costa

Length: 21miles

Trail end points: Willow Pass Rd (near Bay Point) to East Cypress Rd (Oakley)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Horseback Riding, Inline Skating, Walking, Wheelchair Accessible

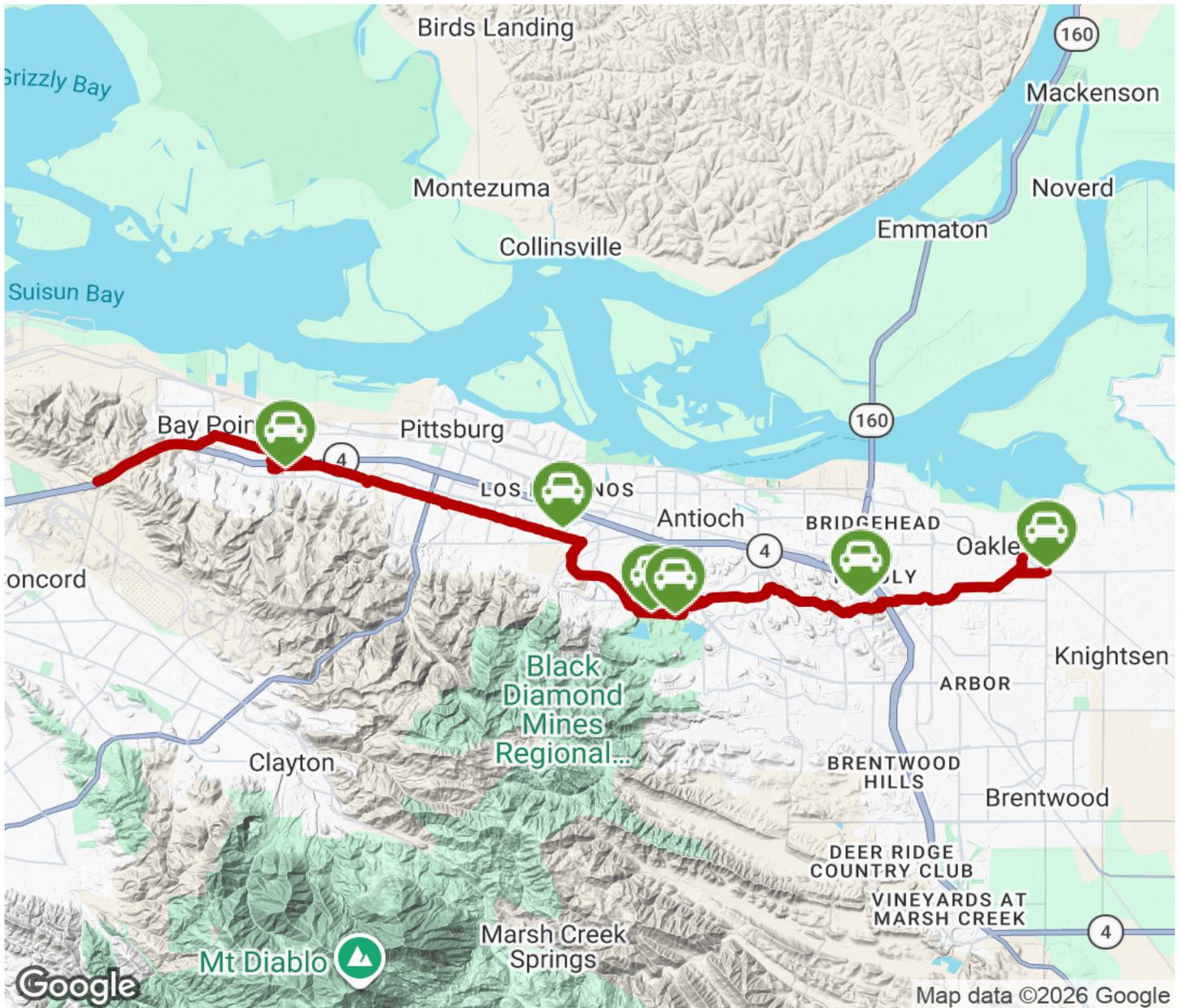
Parking & Trail Access

You can park along the trail in several places, including at the east end where it meets the Marsh Creek trail (East Cypress Rd and Main Street), on the south side of Hillcrest Ave near Terrace Dr, at both ends of Antioch Community Park (on James Donlon Blvd at Blythe Dr and on James Donlon Blvd eastbound farther east of the main park entrance), at Ambrose Park (Bailey Rd at Maylard St; the Pittsburgh Bay BART station is also near here), and at Ambrose Recreation and Park District ballfield (go to the far end of the ballfield).



Delta de Anza Regional Trail

California



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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