



2026

TrailLink Unlimited 

Guides



**Matthew
Henson Trail**
Maryland



Matthew Henson Trail

Maryland

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The Matthew Henson Trail runs along a paved surface (rough in places from tree roots) through a narrow band of forested green space between the Rock Creek Trail just south of Veirs Road and Alderton Road at Norwest Branch Park. About 0.5 mile of the trail is boardwalk. The southwest end of the trail follows the course of Turkey Branch through Matthew Henson State Park.

Northeast of Georgia Avenue the trail continues through Matthew Henson Greenway, Bel Pre Neighborhood Park (with connections to both the northern and southern stubs of Rippling Brook Drive) and Layhill Village Local Park, with an eastern terminus connecting to both the northern and southern stubs of Alderton Road.



Matthew Henson Trail

Maryland

States: Maryland

Counties: Montgomery

Length: 4.5miles

Trail end points: Alderton Road (Aspen Hill) to
Rock Creek Park Trail at Winding Branch Park
(N. Bethesda)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Walking, Wheelchair
Accessible

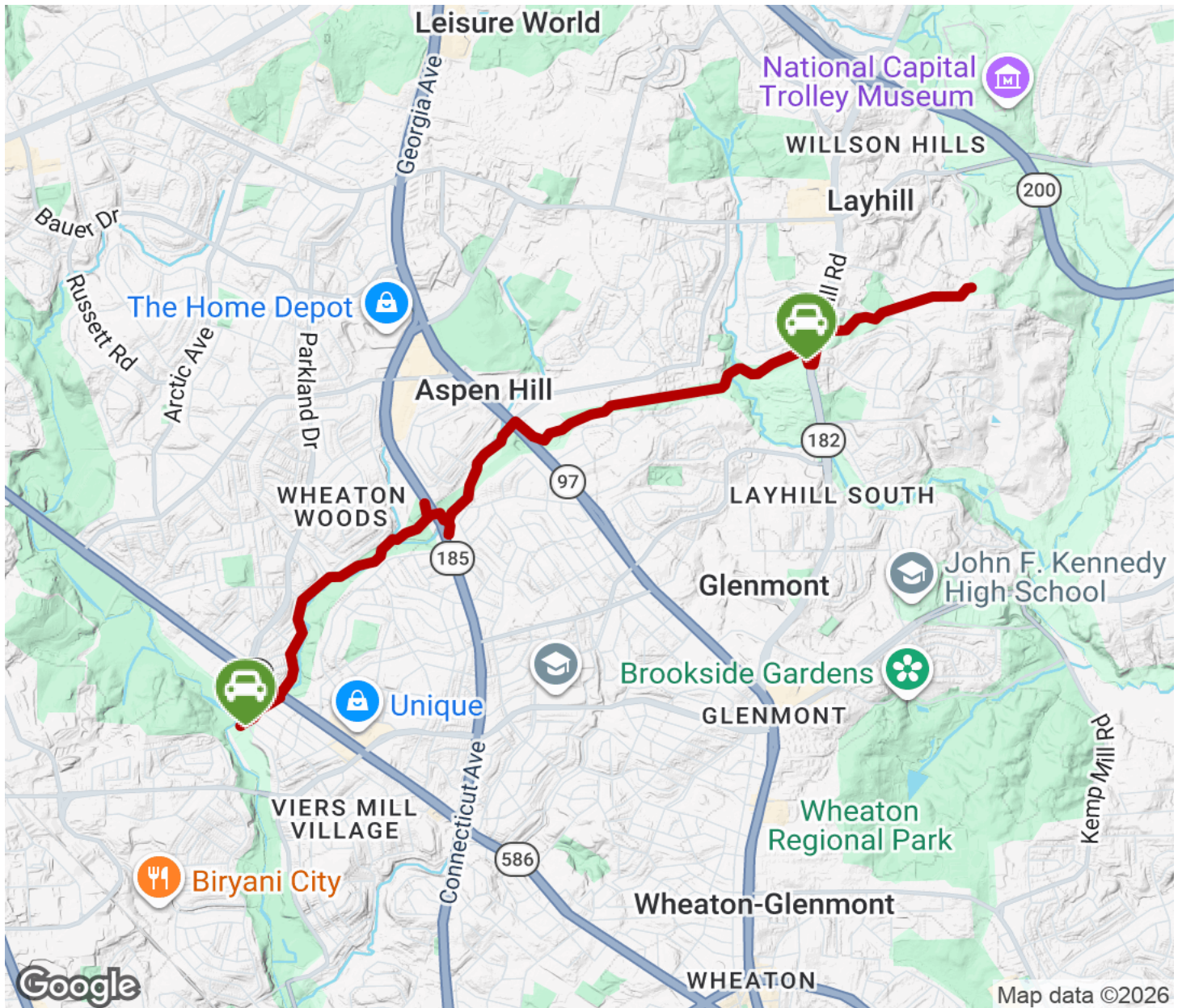
Parking & Trail Access

Parking and access are available at Winding Creek Park (intersection of Edgebrook Rd. and Charles Rd.), at Georgia and Hewitt Avenues (behind the Global Mission Church), west of Layhill Road at Middlevale Lane and at Layhill Village Park (Queensguard Rd.).



Matthew Henson Trail

Maryland



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com