



2026

TrailLink Unlimited



Guides



Jordan River Trail

Utah



Jordan River Trail

Utah

The Jordan River Trail weaves in and out of urban areas, parks, and marshy areas as it follows the Jordan River for nearly 50 miles,



Connections

From Interstate 215, a connection to the 14-mile [Legacy Trail](#) is possible and connects to the [Denver and Rio Grande Western Rail Trail](#).

All three trails are part of the Golden Spoke trail network, which connects more than 100 miles of trail between Ogden and Provo.

The Jordan River Trail weaves in and out of urban areas, parks, and marshy areas as it follows the Jordan River for nearly 50 miles, traveling south from Salt Lake City to the northwestern corner of Utah Lake.

About the Route

Along the route, there are nearly two dozen trailheads, most of which have restrooms and water fountains and some of which have picnic areas and playgrounds.

The Jordan Narrows provide wide vistas for trail users to enjoy before closely following the river south down a 10 percent grade. Passing the county line, the Jordan River Parkway Trail continues south for 9 miles before meeting its southern end alongside Saratoga Road in Utah County.



Jordan River Trail

Utah

States: Utah

Counties: Salt Lake, Utah

Length: 48.8 miles

Trail end points: W Center St. (North Salt Lake) to Saratoga Rd. (Saratoga Springs)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Horseback Riding, Inline Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Jordan River Trail runs between W Center St. (North Salt Lake) and Saratoga Rd. (Saratoga Springs).

Parking is available at:

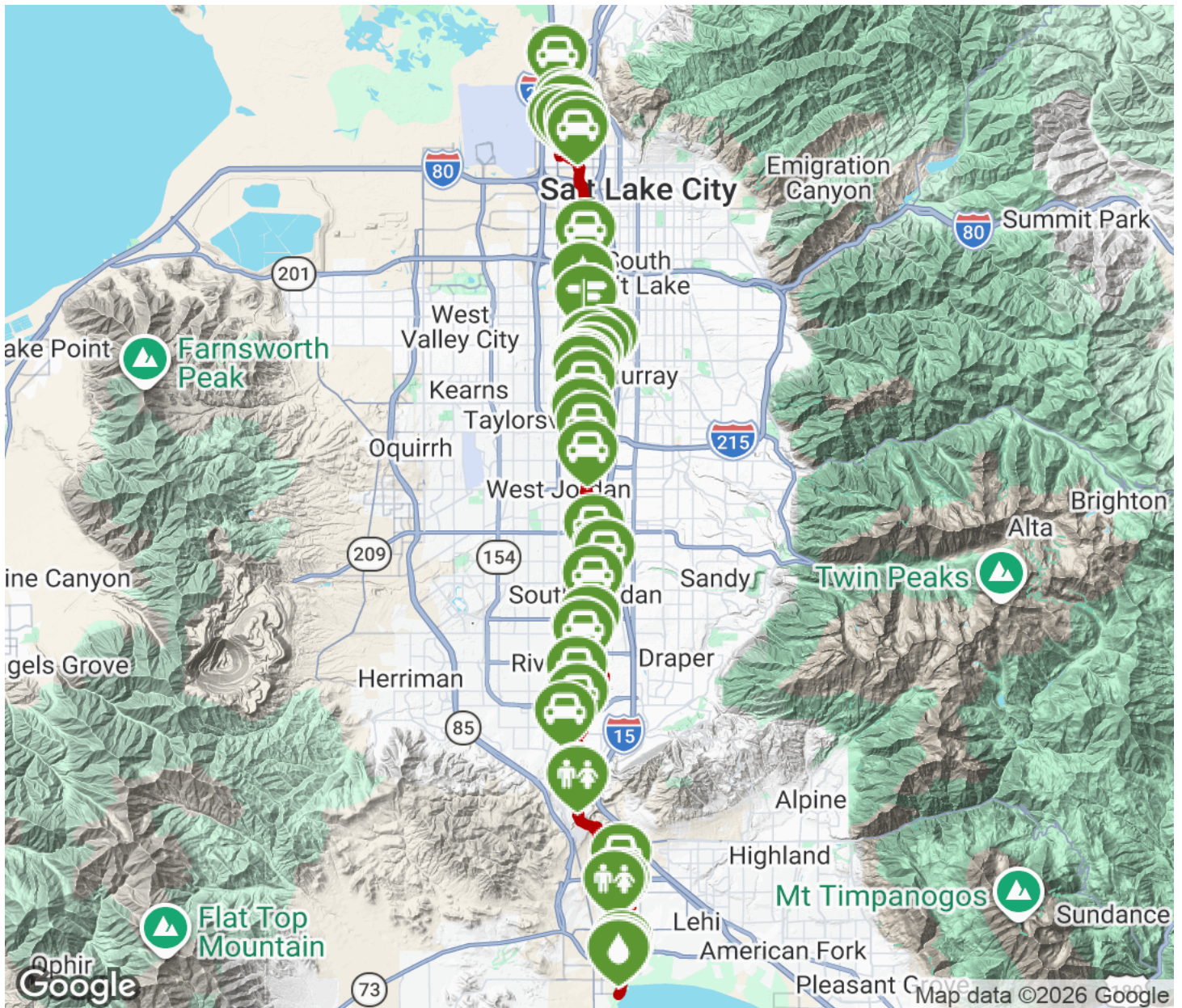
- Earnshaw Ln. (Salt Lake City)
- 1490 W. 600 N (Salt Lake City)
- 973 West 12300 South (Riverton)

Please see [TrailLink Map](#) for all parking options and detailed directions.



Jordan River Trail

Utah



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)