



2025

TrailLink Unlimited 

Guides



**Karen Cooper
Trail (Rio
North Trail)**
Arizona



Karen Cooper Trail (Rio North Trail)

Arizona

In April 2011 the Rio North Trail was renamed the Karen Cooper Trail in memory of a Flagstaff City Council member. The Karen



At the northern terminus, the Karen Cooper Trail meets up with the [Fort Valley Trail](#). Near the southern terminus, in Thorpe Park, it meets the [Mars Hill Trail](#). All three trails are part of the Flagstaff Urban Trails System, a city-wide network of non-motorized, shared-use pathways.

In April 2011 the Rio North Trail was renamed the Karen Cooper Trail in memory of a Flagstaff City Council member. The Karen Cooper Trail runs for 3.6 miles between W. Cherry Avenue just north of Wheeler Park in downtown Flagstaff and Freemont Avenue where it intersects Fort Valley Road (US 180). The generally follows the Rio de Flag to the Cheshire neighborhood northwest of town.

The trail passes traverses through willow-lined wetlands, reservoirs and ponds, as well among ponderosa pine stands and oak thickets, below the San Francisco Peaks. It also passes through the historic Townsite neighborhood at its southern end. Toward the north end, the trail courses the rim of the steep, rock-walled canyon of the Rio de Flag.



Karen Cooper Trail (Rio North Trail)

Arizona

States: Arizona

Counties: Coconino

Length: 3.6miles

Trail end points: W. Cherry Avenue to
Fremont Boulevard at N. Fort Valley Rd.

Trail surfaces: Dirt,Gravel

Trail category: Greenway/Non-RT

Trail activities: Bike,Wheelchair

Accessible,Mountain Biking,Walking

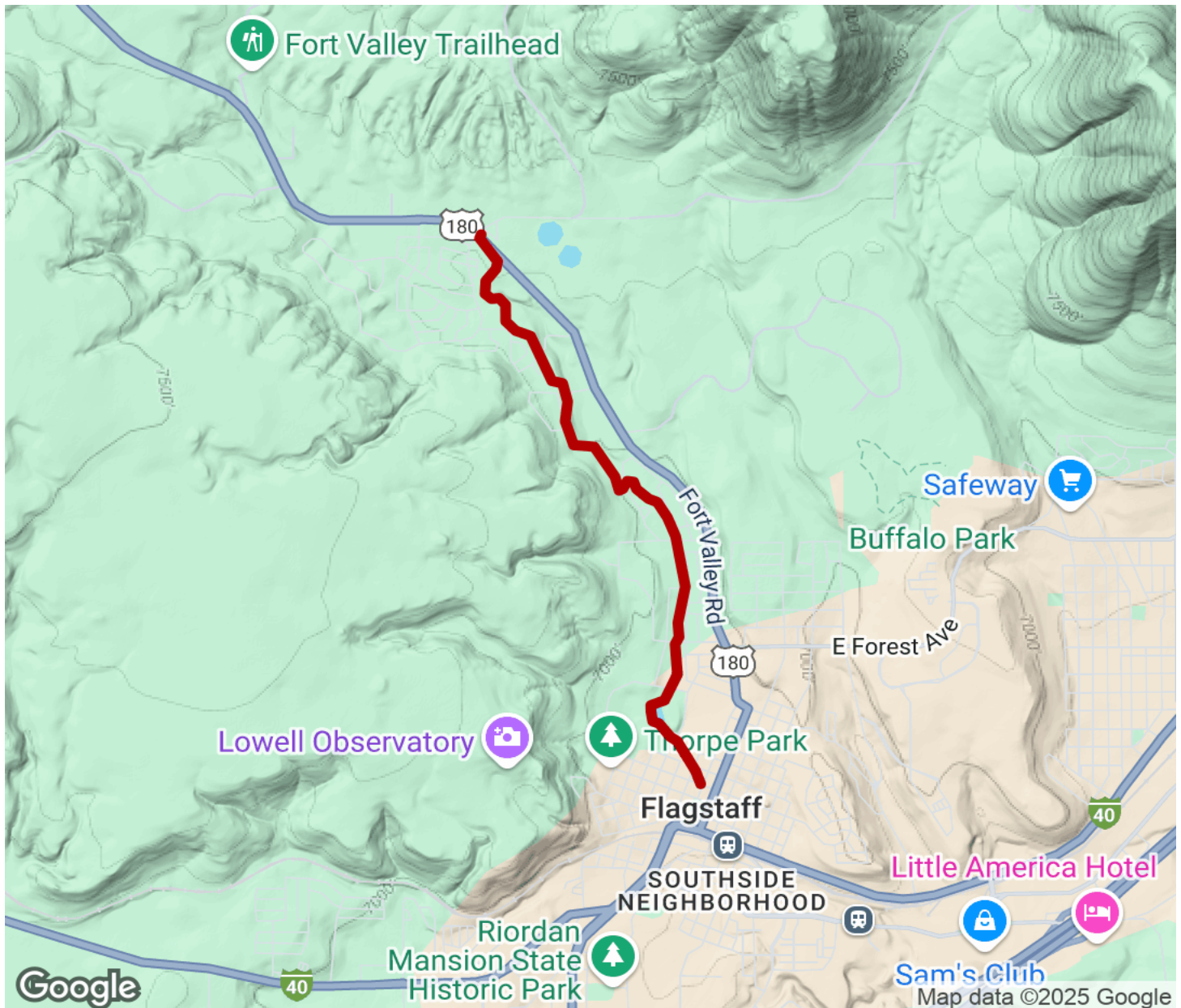
Parking & Trail Access

You can access the Karen Cooper (Rio North) Trail from Thorpe Park, Wheeler Park and at the ballfields at Aztec Street.



Karen Cooper Trail (Rio North Trail)

Arizona



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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