



2026

TrailLink Unlimited 

Guides



**Karen Cooper  
Trail (Rio  
North Trail)**  
*Arizona*



## Karen Cooper Trail (Rio North Trail)

Arizona

*In April 2011 the Rio North Trail was renamed the Karen Cooper Trail in memory of a Flagstaff City Council member. The Karen*



At the northern terminus, the Karen Cooper Trail meets up with the [Fort Valley Trail](#). Near the southern terminus, in Thorpe Park, it meets the [Mars Hill Trail](#). All three trails are part of the Flagstaff Urban Trails System, a city-wide network of non-motorized, shared-use pathways.

In April 2011 the Rio North Trail was renamed the Karen Cooper Trail in memory of a Flagstaff City Council member. The Karen Cooper Trail runs for 3.6 miles between W. Cherry Avenue just north of Wheeler Park in downtown Flagstaff and Freemont Avenue where it intersects Fort Valley Road (US 180). The generally follows the Rio de Flag to the Cheshire neighborhood northwest of town.

The trail passes through willow-lined wetlands, reservoirs and ponds, as well among ponderosa pine stands and oak thickets, below the San Francisco Peaks. It also passes through the historic Townsite neighborhood at its southern end. Toward the north end, the trail courses the rim of the steep, rock-walled canyon of the Rio de Flag.



# Karen Cooper Trail (Rio North Trail)

Arizona

**States:** Arizona

**Counties:** Coconino

Length: 3.6miles

**Trail end points:** W. Cherry Avenue to Fremont Boulevard at N. Fort Valley Rd.

**Trail surfaces:** Dirt,Gravel

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike,Mountain Biking, Walking, Wheelchair Accessible

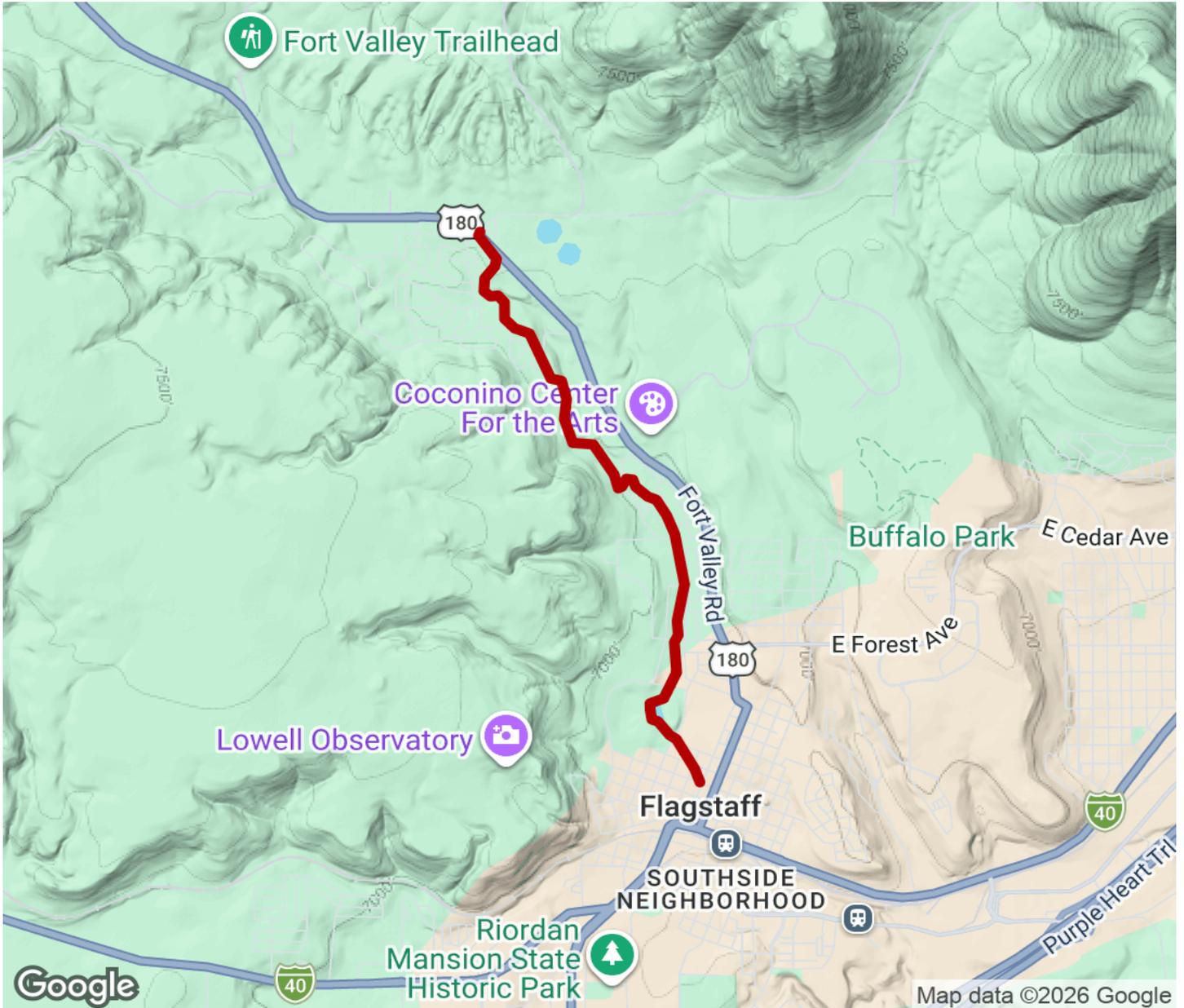
## Parking & Trail Access

You can access the Karen Cooper (Rio North) Trail from Thorpe Park, Wheeler Park and at the ballfields at Aztec Street.



# Karen Cooper Trail (Rio North Trail)

Arizona



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
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