



2026

TrailLink Unlimited 

Guides



**Mission Bay
Bike Path**
California



Mission Bay Bike Path

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The Mission Bay Bike Path forms an 11.57-mile, heart-shaped loop around San Diego's Mission Bay and the incredibly scenic 4,235-acre Mission Bay Park.

Trail users should note that the City of San Diego has banned the use of E-Bikes on all boardwalks, including the Mission Bay Bike Path.

About the Route

At the bottom of the "heart" loop, trail users can find ample parking and restrooms at South Shores Park, just east of SeaWorld theme park. Heading east from the park, the paved pathway is a postcard-perfect snapshot of Southern California—broad, easy to navigate, and dotted with palm trees and wildflowers. Within a quick 0.1 mile,

the trail reaches its first bayside beach!

Continuing north, the designated path ends briefly at East Mission Bay Drive. Trail users can turn left and follow the broad sidewalk past Fiesta Island Road, where the pathway begins anew. The sparkling bay hugs the trail to the left and East Mission Bay Drive lies to the right. In 0.8 miles, the trail reaches the sprawling Mission Bay Playground, its adjacent beach, and a broad grassy area perfect for picnics. The pleasant route then passes Tecolote Shores Park, Playa Pacifica Park, and the beaches along Leisure Lagoon in quick succession.

Rounding the eastern lobe of the "heart," the trail passes the De Anza Cove Park, which offers plentiful recreational amenities, including volleyball courts, covered picnic tables, and outdoor exercise equipment. There is a gap in the trail at this park's southwest corner, so trail users need to travel a short distance (0.3 miles) on-road: Turn right (north) onto De Anza Road, and then turn left (west) onto North Mission Bay Drive. The trail resumes its off-road nature at the Mike Gotch Memorial Bridge over the Rose Inlet; note that there is a slight incline as the trail approaches the bridge.

After 0.4 miles, the trail empties onto Pacific Beach Drive, a quiet residential road. Travel on-road 0.3 miles, then turn left (south) on Crown Point Drive through a neighborhood overlooking a coastal marsh; use caution, as there is no bike lane or bike route signage and only a narrow sidewalk. After 0.4 miles, the trail approaches a fork in the road and veers left on Corona Oriente Road. In another 0.1 mile, the trail arrives at Crown Point Park and returns to the paved pathway.

As the trail follows the Mission Bay Coastline trail users are treated to outstanding views and access to more beaches (so close that the trail becomes dusted with sand). Tracing the western lobe of the heart-shaped pathway, the route becomes increasingly crowded as it reaches a destination neighborhood with numerous hotels and beautiful beachfront



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com



Mission Bay Bike Path

California

States: California

Counties: San Diego

Length: 11.57miles

Trail end points: 3301 Crown Point Dr (San Diego) to Ventura Cove Park, 3209 Gleason Rd (San Diego)

Trail surfaces: Asphalt, Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Mission Bay Bike Path runs in a complete loop around Mission Bay in San Diego.

Parking is available at:

- 1100 W Mission Bay Dr (San Diego)
- Sunset Point Park, 1400 Dana Landing Rd (San Diego)
- 2195 E Mission Bay Dr. (San Diego)

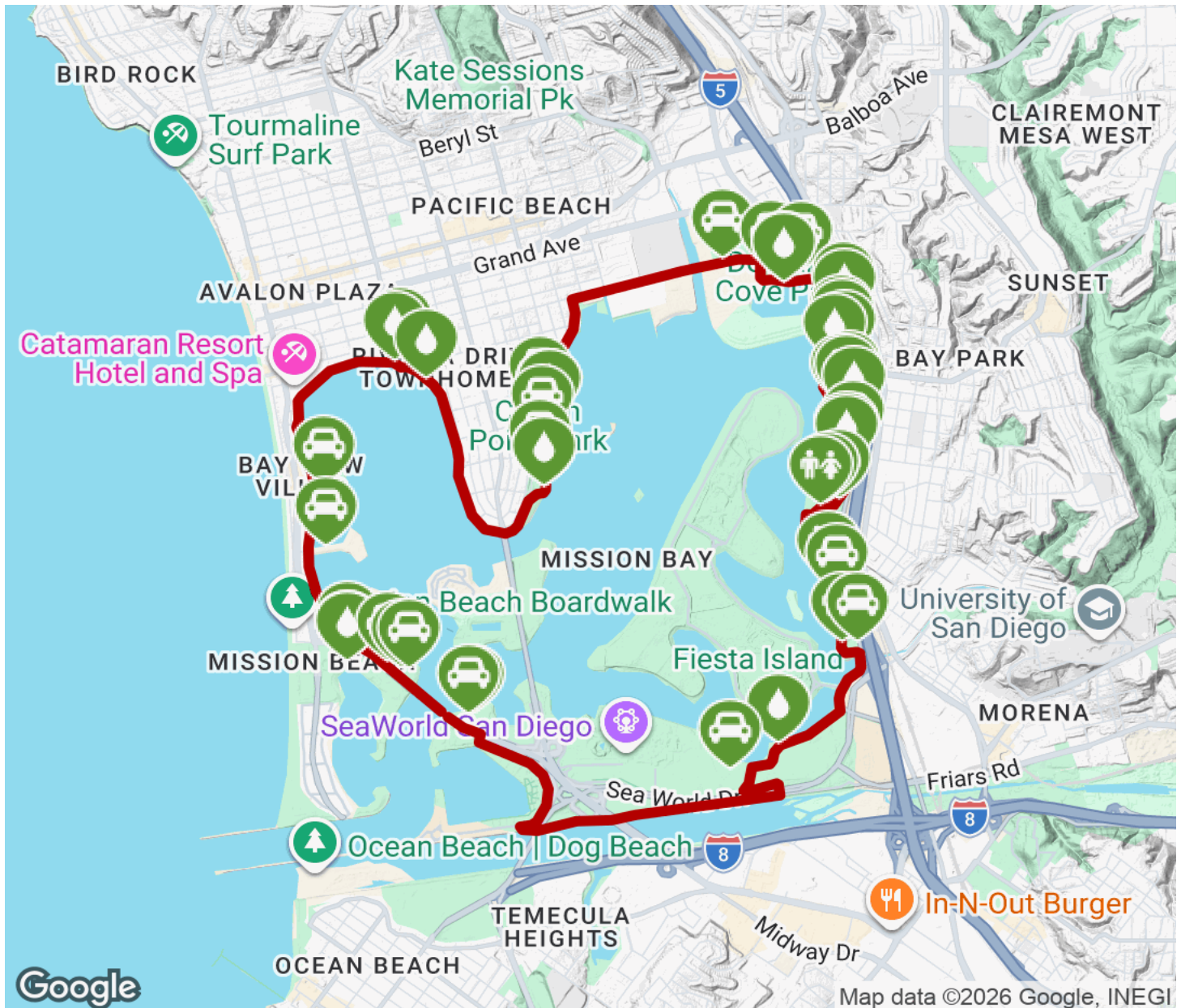
See [TrailLink map](#) for all parking options and detailed directions.

The Mission Bay Bike Path is accessible via. the San Diego Metropolitan Transit System and Amtrak.



Mission Bay Bike Path

California



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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