



2026

TrailLink Unlimited



Guides



**Helen
Boosalis Trail**
Nebraska



Helen Boosalis Trail

Nebraska

The Helen Boosalis Trail runs for nearly 4 miles across the city from the Indian Village neighborhood to the Edgewood Shopping



as president of the League of Women Voters and as a city council member for 16 years. She broke barriers again in 1986 as the Democratic matchup against Republican Kay Orr for the Nebraska governorship—the first time in U.S. history when the two major party candidates for governor were women. Though she lost the race, she continued in leadership roles at a diverse range of state and national organizations for the rest of her career.

The Helen Boosalis Trail runs for nearly 4 miles across the city from the Indian Village neighborhood to the Edgewood Shopping Center. The urban pathway connects several residential neighborhoods and retail properties on a separated trail along busy State Route 2.

Travelers will enjoy scenic views as the trail passes through 40th and Highway 2 Park near the trail's midpoint. Connections to the [Rock Island Trail](#) and [Old Cheney Road Trail](#) allow for a longer bike, run, walk or skate.

The trail is named after Helen Boosalis, who, upon becoming mayor of Lincoln in 1975, was the first female mayor of a city with a population of more than 100,000. She was no stranger to politics at the time, having served



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States: Nebraska

Counties: Lancaster

Length: 3.9miles

Trail end points: S. 17th St. and Burnham St. to State Route 2 and Old Cheney Rd.

Trail surfaces: Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

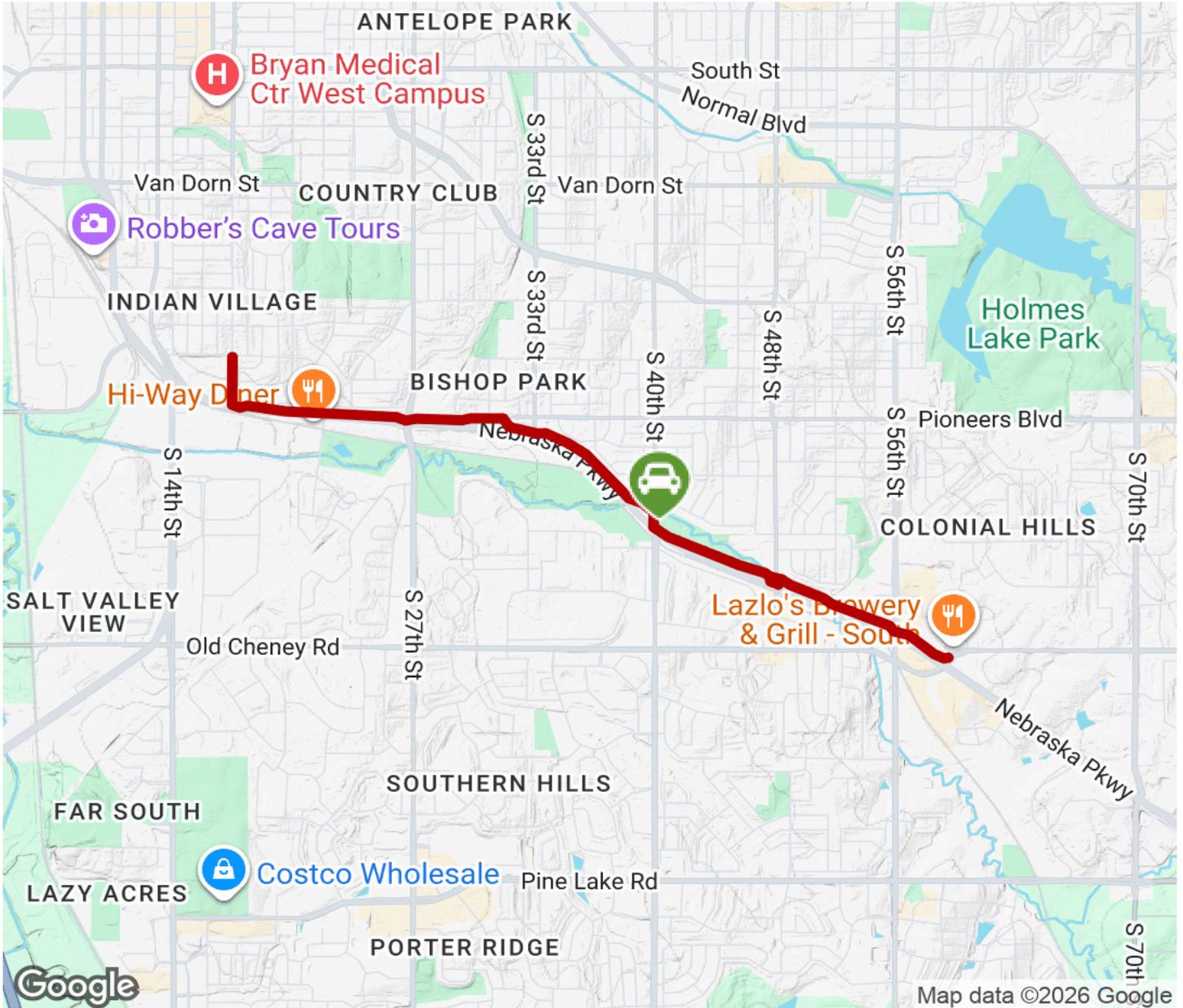
Parking & Trail Access

Parking for the Helen Boosalis Trail is available at the Alamo Shopping Center at the intersection of S. 56th Street and State Route 2 (Nebraska Highway), as well as at 40th and Highway 2 Park near the trail's midpoint.



Helen Boosalis Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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