



2026

TrailLink Unlimited 

Guides



**Oklahoma  
River Trails**  
*Oklahoma*



# Oklahoma River Trails

Oklahoma

*The Oklahoma River Trails provide a smooth, level 13-mile pathway through downtown Oklahoma City free of motorized vehicle*



The Oklahoma River Trails provide a smooth, level 13-mile pathway through downtown Oklahoma City free of motorized vehicle crossings.

## About the Route

The tree-lined trails follow the north and south banks of their namesake, offering scenic views of the waterway, parks and wetland areas. A highlight of the route is the Oklahoma National Stockyards, founded in 1910 and, at one time, the nation's top cattle market.

The trail is also only 6 blocks away from a unique bike and pedestrian bridge that's worth a side trip to see. To get to the bridge: From the Oklahoma River Trail on the river's north bank, travel east from Wheeler Park and S Walker

Avenue and hop on S Harvey Avenue (or the sidewalk paralleling the street). Head north on S Harvey Avenue to SW 10th Street, where the SkyDance Bridge rising 200 feet into the sky. Its unusual shape was inspired by Oklahoma's state bird, the scissor-tailed flycatcher. The bridge's 380-foot expanse provides safe passage over I-40. Visit at night to see its colorful lights.

## Connections

At its western end on the north bank of the river, the trail connects to the [West River Trail](#). Cross the river from the south bank via the pedestrian bridge paralleling the S Meridian Ave bridge to reach the West River Trail from the northern end of the Oklahoma River Trails.

Just west of Interstate 44 on the river's south bank, the trail connects to the [South Grand Trail](#).

East of the S Mary Ave bridge on the river's north bank, the trail connects to the [Will Rogers Trail](#).

At Regatta Park on the north bank of the river, the trail meets the [Bricktown Canal Trail](#), which provides a connection north into the popular Bricktown district.



# Oklahoma River Trails

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**States:** Oklahoma

**Counties:** Oklahoma

Length: 13miles

**Trail end points:** S Meridian Ave; S Portland Ave to Regatta Park (701 S Lincoln Blvd, Oklahoma City)

**Trail surfaces:** Asphalt

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike,Fishing,Inline

Skating,Walking,Wheelchair Accessible

## Parking & Trail Access

The Oklahoma River Trails runs along both sides of the river between S Meridian Ave and Regatta Park (701 S Lincoln Blvd, Oklahoma City), where there is parking.

Parking is available at several locations along the trail, including:

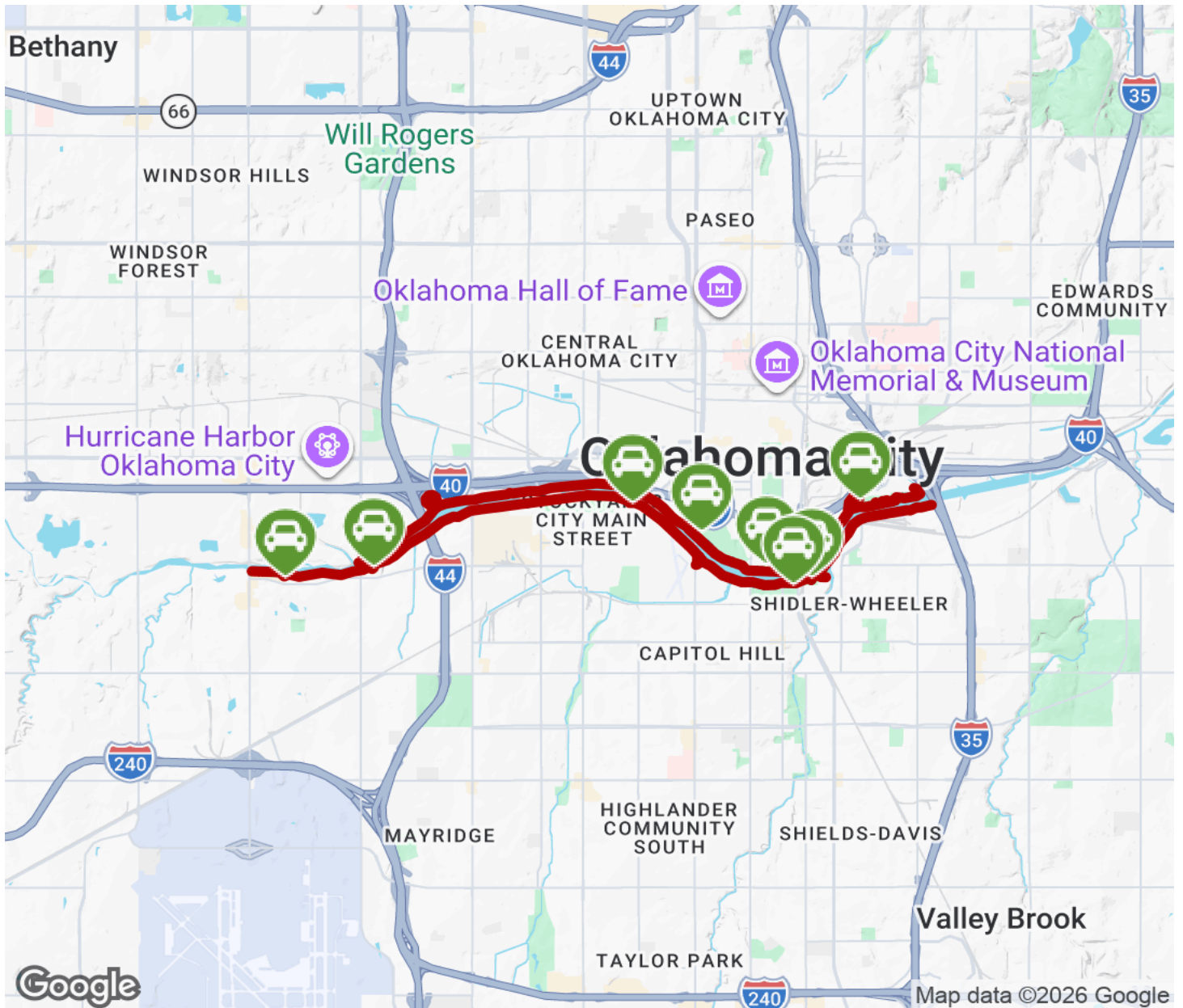
- River Park, 800 S Agnew Ave (Oklahoma City)

Visit the [TrailLink map](#) for all parking options and detailed directions.



# Oklahoma River Trails

Oklahoma



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

**TrailLink.com**