



2025

TrailLink Unlimited 

Guides   



**Lake
Overholser
East Trail**
Oklahoma



Lake Overholser East Trail

Oklahoma

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Built in 1919, Lake Overholser is Oklahoma City's oldest reservoir. The scenic Lake Overholser East Trail closely follows its eastern shore and offers boat ramps, fishing piers and picnic areas. A highlight of the journey is the Lake Overholser Dam, which is listed in the National Register of Historic Places, and can be found near the southern end of the trail.

At the trail's northern end, a cattail marsh attracts herons, egrets, blackbirds and many other types of birds. It's here that you can find a connection to the [Hefner-Overholser Trail](#). Stinchcomb Wildlife Refuge, a beautiful forest and marshland area along the North Canadian River, is also nearby, on the other side of State Route 66.



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by Rails-to-Trails Conservancy

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States: Oklahoma

Counties: Oklahoma

Length: 2.5miles

Trail end points: Hefner-Overholser Trail at Overholser Dr. and N. Eagle Ln. to NW 10th St. and E. Overholser Dr.

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike,Inline

Skating,Fishing,Wheelchair

Accessible,Walking

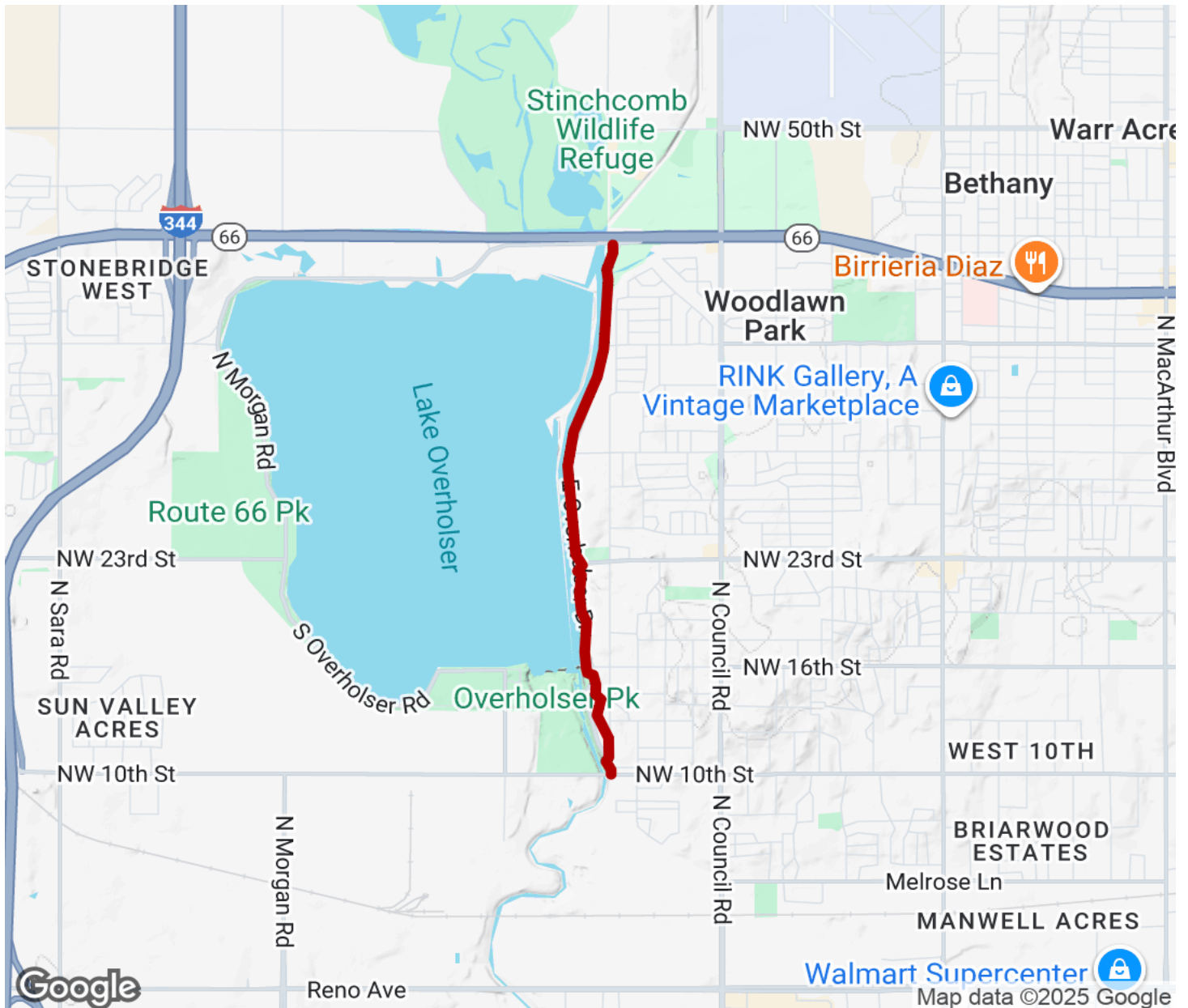
Parking & Trail Access

A parking lot is available at the southern end of the Lake Overholser East Trail, off E. Overholser Drive, just south of the Lake Overholser Dam.



Lake Overholser East Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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