



2026

TrailLink Unlimited 

Guides   



**Lake  
Overholser  
East Trail**  
*Oklahoma*



## Lake Overholser East Trail

Oklahoma

*Built in 1919, Lake Overholser is Oklahoma City's oldest reservoir. The scenic Lake Overholser East Trail closely follows its eastern*



Built in 1919, Lake Overholser is Oklahoma City's oldest reservoir. The scenic Lake Overholser East Trail closely follows its eastern shore and offers boat ramps, fishing piers and picnic areas. A highlight of the journey is the Lake Overholser Dam, which is listed in the National Register of Historic Places, and can be found near the southern end of the trail.

At the trail's northern end, a cattail marsh attracts herons, egrets, blackbirds and many other types of birds. It's here where trail users can find a connection to the [Hefner-Overholser Trail](#). Stinchcomb Wildlife Refuge, a beautiful forest and marshland area along the North Canadian River, is also nearby, on the other side of State Route 66.



**TrailLink**  
by Rails-to-Trails Conservancy

**TrailLink.com**



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**States:** Oklahoma

**Counties:** Oklahoma

Length: 2.5miles

**Trail end points:** US Rte. 66 to NW 10th St.

**Trail surfaces:** Asphalt

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike,Fishing,Inline  
Skating,Walking,Wheelchair Accessible

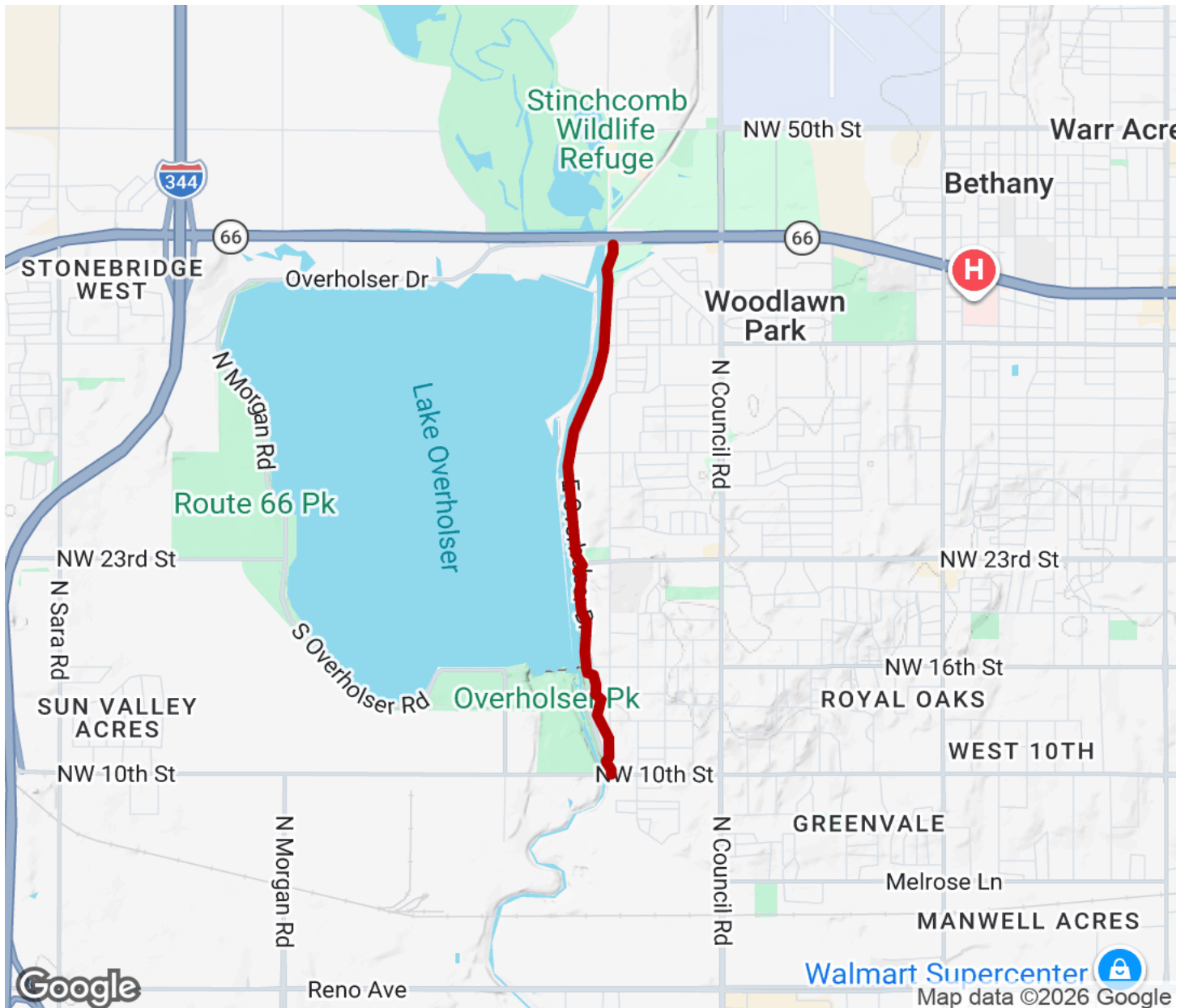
## Parking & Trail Access

A parking lot is available at the southern end of the Lake Overholser East Trail, off E. Overholser Drive, just south of the Lake Overholser Dam.



# Lake Overholser East Trail

Oklahoma



- Trailhead
- Restroom
- Parking
- Water Fountain
- Tunnel