



2026

TrailLink Unlimited 

Guides



**South Grand
Trail**
Oklahoma



South Grand Trail

Oklahoma

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The South Grand Trail provides a 10-mile journey through the heart of Oklahoma City with an eclectic mix of industrial, commercial and residential views. The horseshoe-shaped trail begins and ends on the banks of the North Canadian River, offering a direct connection to the [Oklahoma River Trails](#) in the west. Along the way, recreational opportunities abound as it crosses several city parks.



TrailLink
by Rails-to-Trails Conservancy

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South Grand Trail

Oklahoma

States: Oklahoma

Counties: Oklahoma

Length: 10.5miles

Trail end points: Oklahoma River Trails just west of I-44 to E. Grand Blvd. just south of E. Reno Ave.

Trail surfaces: Asphalt, Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

Parking for the South Grand Trail can be found all along the route, including at Woodson Park (3405 S. May Avenue), Oliver Park (3201 S. Broadway Lane) and Trosper Park (2301 SE 29th Street).



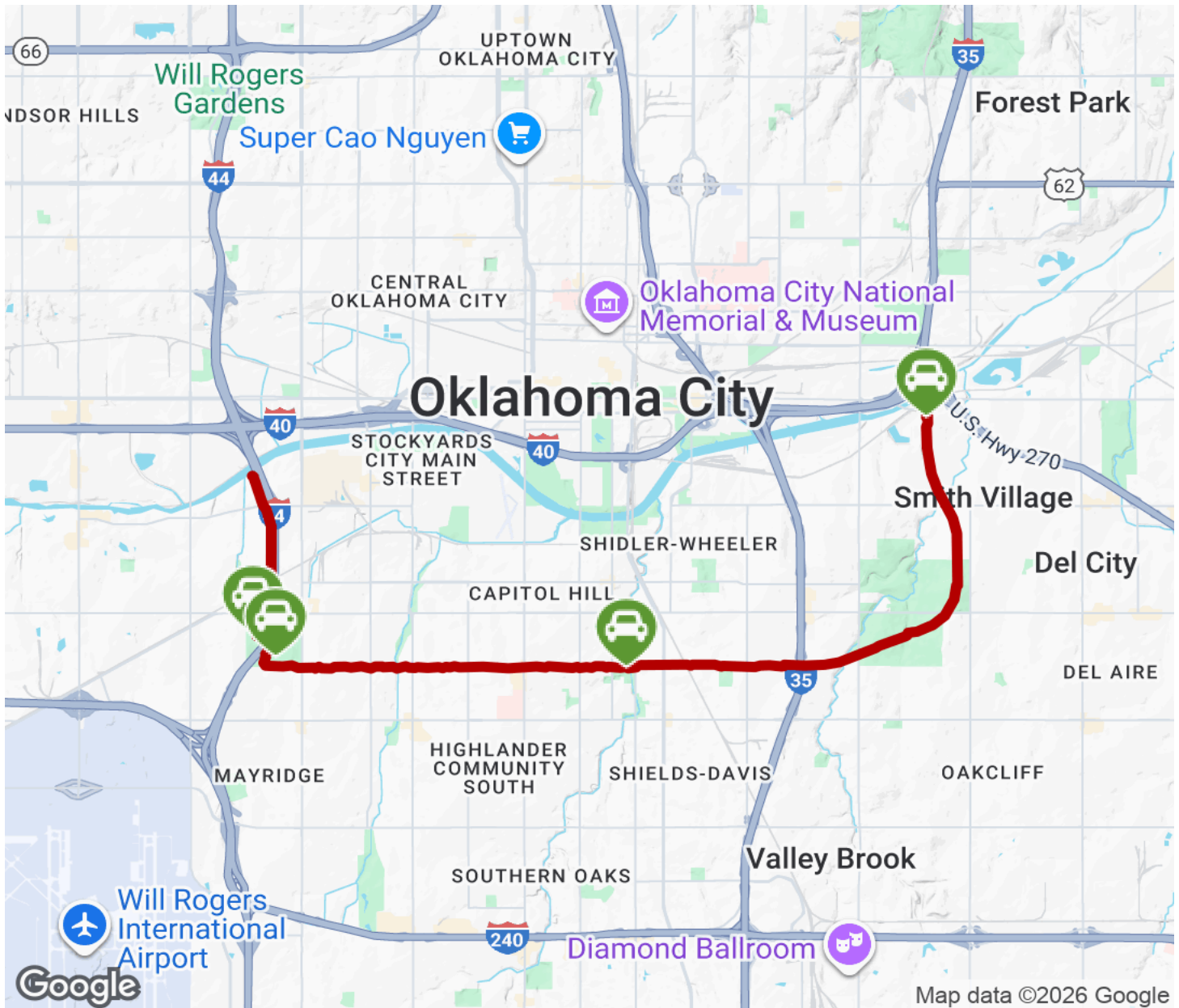
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South Grand Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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