



2026

TrailLink Unlimited



Guides



## South Grand Trail

*Oklahoma*



## South Grand Trail

Oklahoma

*The South Grand Trail provides a 10-mile journey through the heart of Oklahoma City with an eclectic mix of industrial, commercial*



The South Grand Trail provides a 10-mile journey through the heart of Oklahoma City with an eclectic mix of industrial, commercial and residential views. The horseshoe-shaped trail begins and ends on the banks of the North Canadian River, offering a direct connection to the [Oklahoma River Trails](#) at its western end. Along the way, recreational opportunities abound as it crosses several city parks.



# South Grand Trail

Oklahoma

**States:** Oklahoma

**Counties:** Oklahoma

Length: 10.5miles

**Trail end points:** Oklahoma River Trails to E  
Grand Blvd.

**Trail surfaces:** Asphalt, Concrete

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike, Inline

Skating, Walking, Wheelchair Accessible

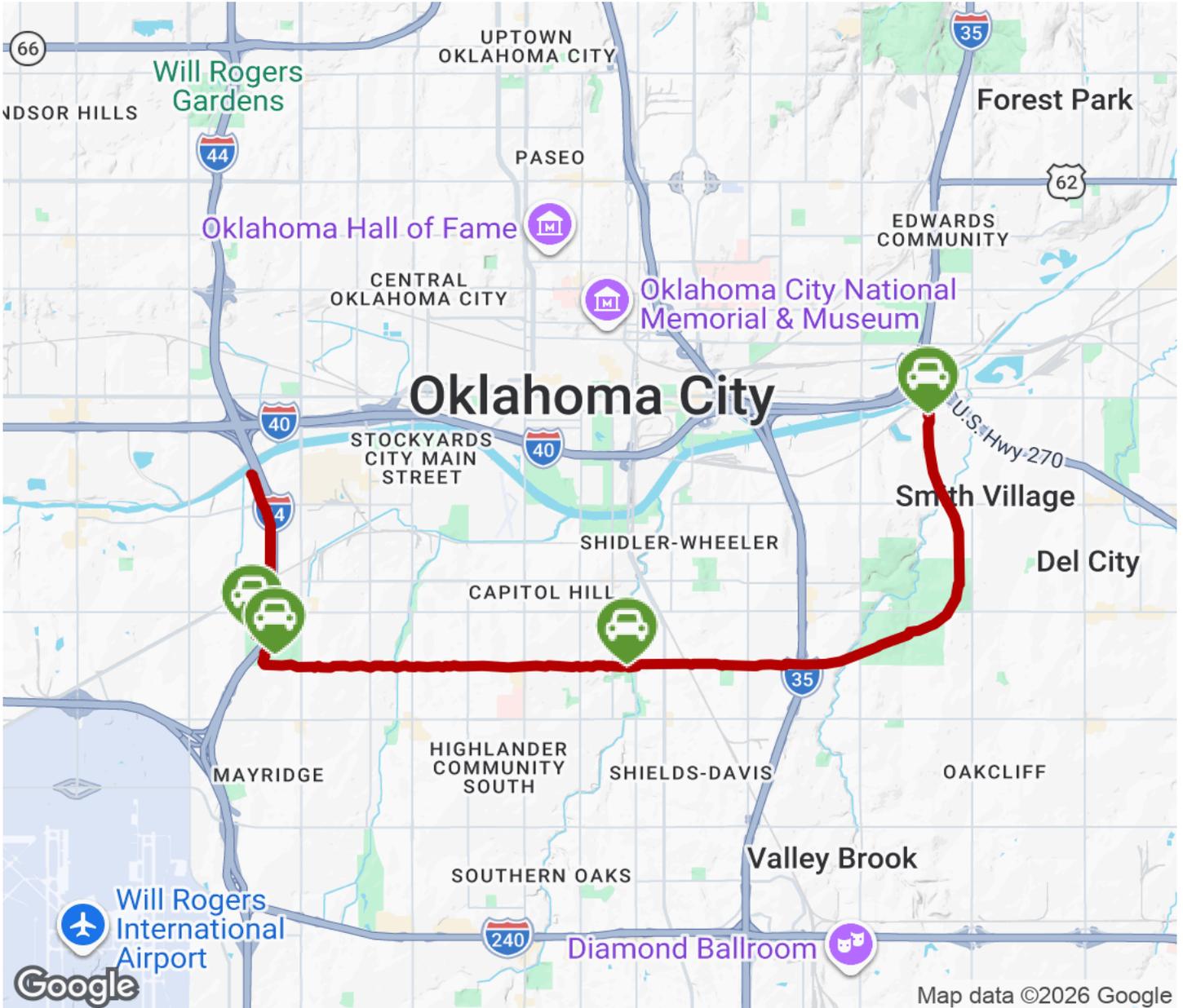
## Parking & Trail Access

Parking for the South Grand Trail can be found all along the route, including at Woodson Park (3405 S. May Avenue), Oliver Park (3201 S. Broadway Lane) and Trosper Park (2301 SE 29th Street).



# South Grand Trail

Oklahoma



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)