



2026

TrailLink Unlimited



Guides



## Hefner- Overholser Trail

*Oklahoma*



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Oklahoma

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The Hefner-Overholser Trail offers a convenient connection between two of Oklahoma City's popular reservoirs. To explore these lakes, trail users can hop on the [Bert Cooper Trails](#) at the northern trailhead or the [Lake Overholser East Trail](#) at the southern trailhead. The Hefner-Overholser Trail also provides access to the Stinchcomb Wildlife Refuge, a natural treasure of the city.

The scenery on the southern half of the trail is fairly open, becoming densely residential as the trail approaches Lake Hefner. Along the way, the path traces the western border of the Wiley Post Airport, home to the Okie Derby (an airplane race) each August.



# Hefner-Overholser Trail

Oklahoma

**States:** Oklahoma

**Counties:** Oklahoma

Length: 5.3miles

**Trail end points:** W. Lakeshore Dr. to  
Overholser Dr.

**Trail surfaces:** Asphalt

**Trail category:** Greenway/Non-RT

**Trail activities:** Bike, Inline  
Skating, Walking, Wheelchair Accessible

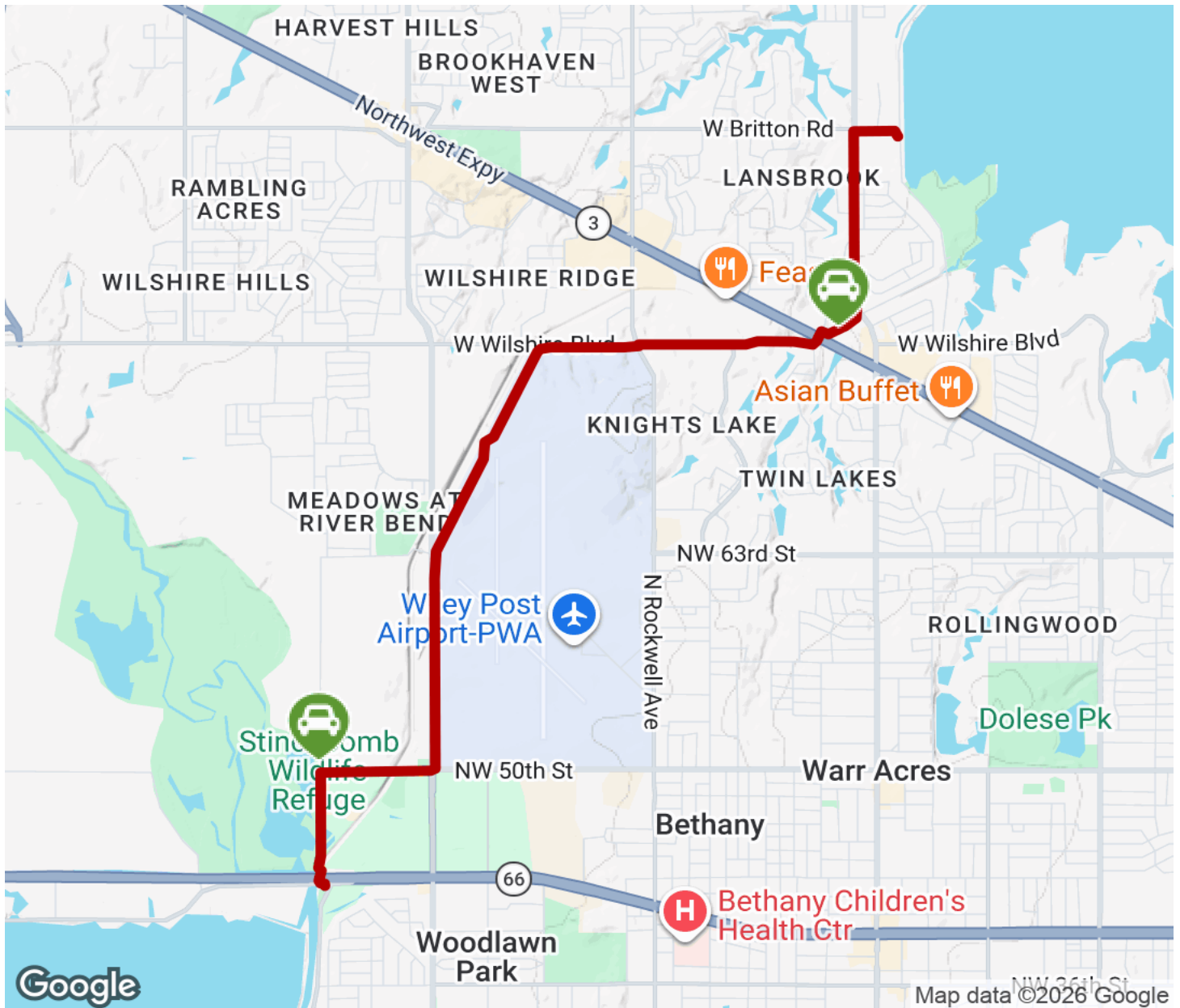
## Parking & Trail Access

Parking can be found along N. Stinchcomb Avenue at the Stinchcomb Wildlife Refuge.



# Hefner-Overholser Trail

Oklahoma



-  Trailhead
-  Restroom
-  Parking
-  Water Fountain
-  Tunnel