



2025

TrailLink Unlimited 

Guides



**Antelope
Valley Trail**
Nebraska



Antelope Valley Trail

Nebraska

The Antelope Valley Trail runs roughly north-south through downtown Lincoln with the University of Nebraska on one end and



The Antelope Valley Trail runs roughly north-south through downtown Lincoln with the University of Nebraska on one end and Lincoln High School at the other. The paved pathway begins near the Bob Devaney Center, a sprawling athletic complex and sports arena home to the Cornhuskers basketball, gymnastics, track and swimming teams. Mid-way along the route is Union Park Plaza, an urban park with impressive water features, artwork and an outdoor amphitheater, as well as Trago Park with its family-friendly playground and sprayground.

The trail directly links to the [John Dietrich Bikeway](#), [MoPac Trail](#) and [Rock Island Trail](#).



Antelope Valley Trail

Nebraska

States: Nebraska

Counties: Lancaster

Length: 2.1miles

Trail end points: N. Antelope Valley Parkway,
just north of Military Road to S. 24th St. and J St.

Trail surfaces: Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike,Inline

Skating,Walking,Wheelchair Accessible

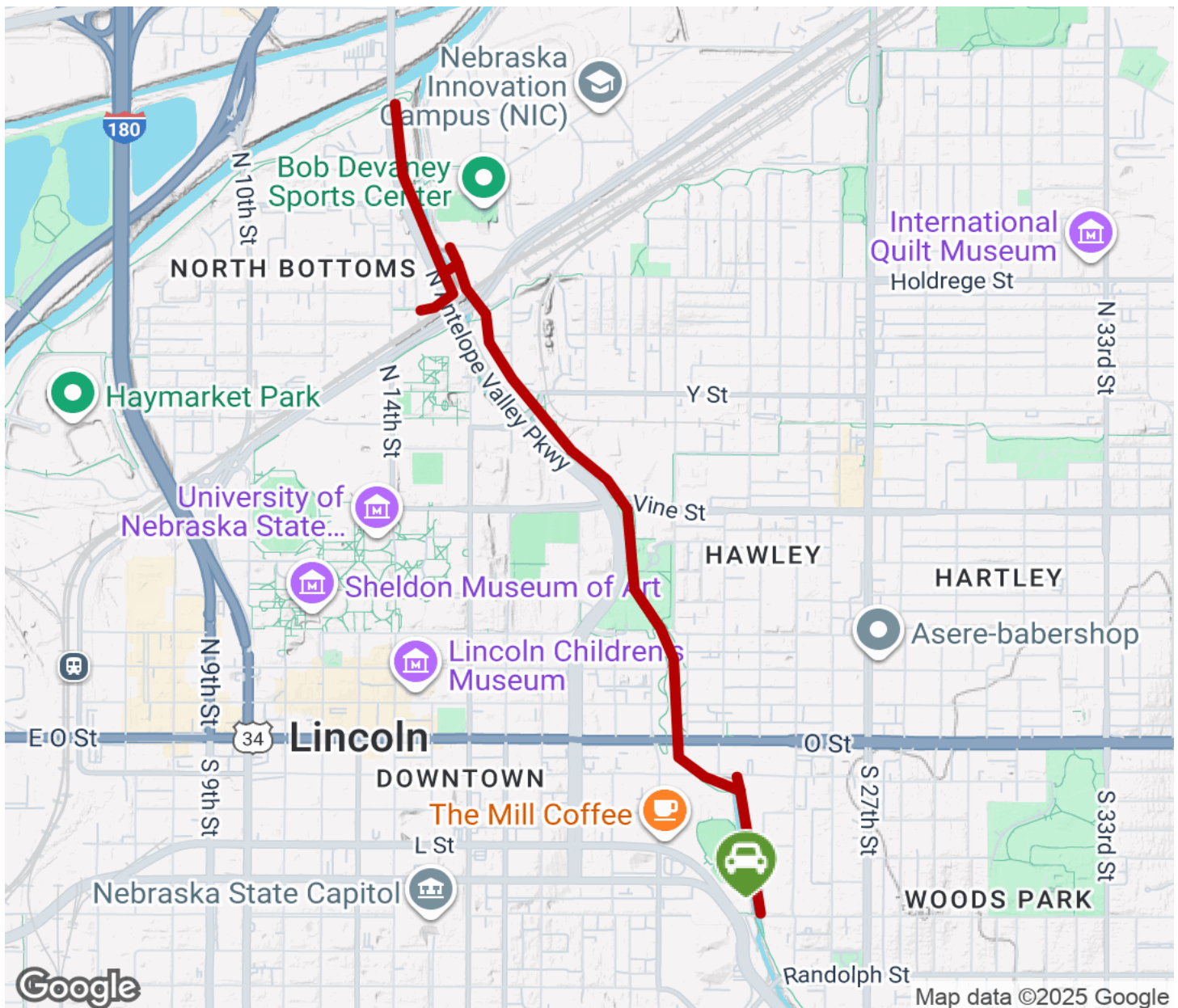
Parking & Trail Access

Parking is available at Trago Park at the intersection of N. 22nd Street and U Street and at the Lewis Ballfields on Capitol Parkway and J Street.



Antelope Valley Trail

Nebraska



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com