



2026

TrailLink Unlimited 

Guides   



**Middle Creek
Trail (CA)**
California



Middle Creek Trail (CA)

California

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The Middle Creek Trail provides a gentle 2-mile climb along a former railroad bed from the river bottom up to its intersection with Iron Mountain Road. From there, the trail follows an old stagecoach road and becomes steeper as it makes its way to State Route 299 on the edge of Shasta State Historic Park, where a future extension will provide easy access to the ruins of an old Gold Rush settlement.

On their journey, trail-goers will enjoy scenic views through quiet Northern California forests abundant with wildlife. Access to the [Sacramento River Trail](#) is available from the trail's eastern tip.



TrailLink
by Rails-to-Trails Conservancy

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Middle Creek Trail (CA)

California

States: California

Counties: Shasta

Length: 3miles

Trail end points: Sacramento River Trail
(Redding) to Middle Creek Rd. east of SR 299
(Shasta)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Inline Skating,Walking

Parking & Trail Access

There are no official parking areas for the Middle Creek Trail, and it is best accessed from the Sacramento River Trail. Park at the trailhead on Keswick Dam Road and take the Sacramento River Trail south for a couple of miles to reach the Middle Creek Trail.



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-  Trailhead
-  Restroom
-  Parking
-  Water Fountain
-  Tunnel