



2026

TrailLink Unlimited 

Guides



I-40 Trail
New Mexico



I-40 Trail

New Mexico

Paralleling its namesake thoroughfare, the I-40 Trail stretches across Albuquerque from Unser Boulevard to Tramway Boulevard.



[Boulevard Trail](#), another lengthy roadside trail that continues north and south along the western edge of the city. A short segment of the trail continues on the other side of Unser Boulevard, leading into the suburban blocks within the Parkway neighborhood.

Paralleling its namesake thoroughfare, the I-40 Trail stretches across Albuquerque from Unser Boulevard to Tramway Boulevard. Although major gaps in the trail currently exist, it's an important east-west route through the city.

Along the way, trail-goers will enjoy views of two of the area's most impressive physical features: the Rio Grande and the Sandia Mountains. The trail's eastern segment also offers access to Los Altos Park and Sandia Vista Park, providing additional recreational opportunities. As the trail crosses the Rio Grande, trail users are treated to the impressive Gail Ryba Memorial Pedestrian Bridge and scenic views of the river.

On the western end, the trail crosses paths with the [Unser](#)



I-40 Trail

New Mexico

States: New Mexico

Counties: Bernalillo

Length: 8.7miles

Trail end points: Tessa Dr. NW to Tramway
Blvd. SE, Albuquerque

Trail surfaces: Asphalt, Concrete

Trail category: Greenway/Non-RT

Trail activities: Bike, Walking

Parking & Trail Access

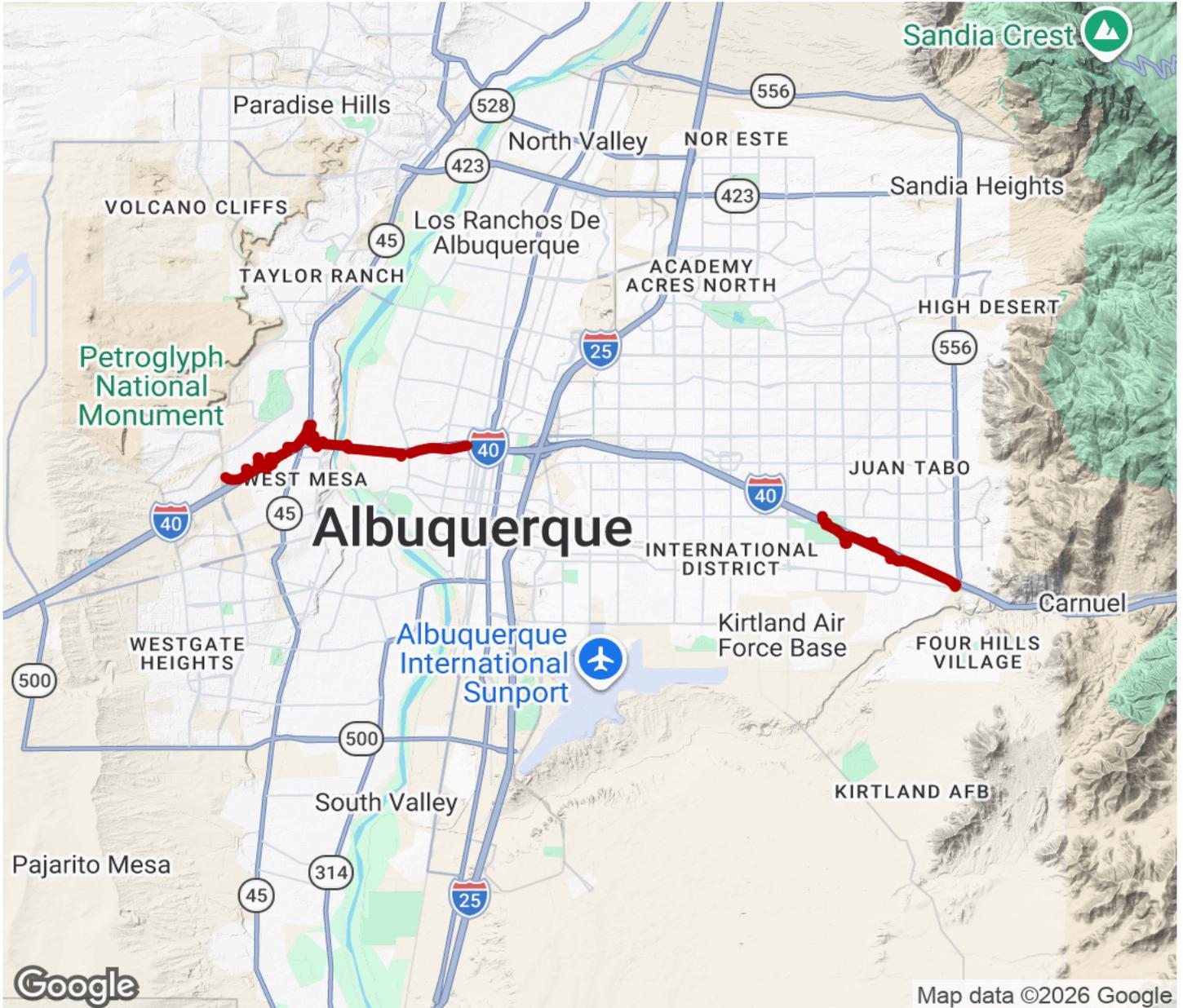
Parking is available at Los Altos Park on the trail's eastern trailhead.

See TrailLink Map for detailed directions.



I-40 Trail

New Mexico



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink

by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)