



2026

TrailLink Unlimited 

Guides



**Timpoochee
Trail**
Florida



Timpooshee Trail

Florida

The Timpooshee Trail traces the Gulf of Mexico shoreline and Scenic Highway 30-A as it travels through beachside communities



The Timpooshee Trail traces the Gulf of Mexico shoreline and Scenic Highway 30-A as it travels through beachside communities and state forest lands between Dune Allen and Rosemary Beach for 18.5 miles

Trail-goers will enjoy scenic views of the sea, marsh lakes, sandy dunes, and charming coastal neighborhoods as they meander down this tree-lined path along northwest Florida's Emerald Coast.

About the Route

Highway 30A travels between Destin and Panama City in the Panhandle of Florida. While both of these are moderately sized cities, the small coastal towns in between have a much more laid-back coastal vibe. The

Timpooshee Trail trails along a portion of this scenic route from Dune Allen Beach to Inlet Beach.

Immediately on the trail's western end (MM 0) is Topsail Hill Preserve State Park which offers stunning natural beauty including undisturbed beach, old-growth coastal forests, 3 dune lakes, and more.

The trail then crosses Stallworth Lake, one of the many dune lakes that the trail passes. These lakes which are permanent but fluctuate with tides and rainfall, are plentiful along 30A but surprisingly a rare feature worldwide, only located in a couple of other places. In the next several miles, the trail crosses Dune Allen Regional Beach, the town of Gulf Place, Ed Walline Regional Beach, and Blue Mountain Beach.

At mile 8, the trail passes Western Lake, the largest dune lake in the area which can be enjoyed by Kayak or SUP. At mile 9, the trail passes through Seaside, a town dotted with colorful beach homes that was once the set of *The Truman Show*.

At mile 13, the trail passes through Deer Lake State Park which features rare plant species, spectacular dunes, and more dune lakes.

At mile 15, the trail crosses its last dune lake, Camp Creek Lake.

The last two towns along the route feature unique architecture. Alys Beach features stately palm trees along 30A and white towers (called butteries), while Rosemary Beach features New Orleans-style storefronts and homes.

Portions of the trail run along busy roads and make use of sidewalks. Each town along the route provides an abundance of shopping, dining, and other retail options.



Timpoochee Trail

Florida

States: Florida

Counties: Walton

Length: 18.5miles

Trail end points: County Hwy 30A near US 98 (Dune Allen) to 10952 E County Hwy 30A (Inlet Beach)

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike,Inline

Skating, Walking, Wheelchair Accessible

Parking & Trail Access

The Timpoochee Trail runs between County Hwy 30A near US 98 (Dune Allen) and 10952 E County Hwy 30A (Inlet Beach), with parking available in Dune Allen).

Parking is also available at:

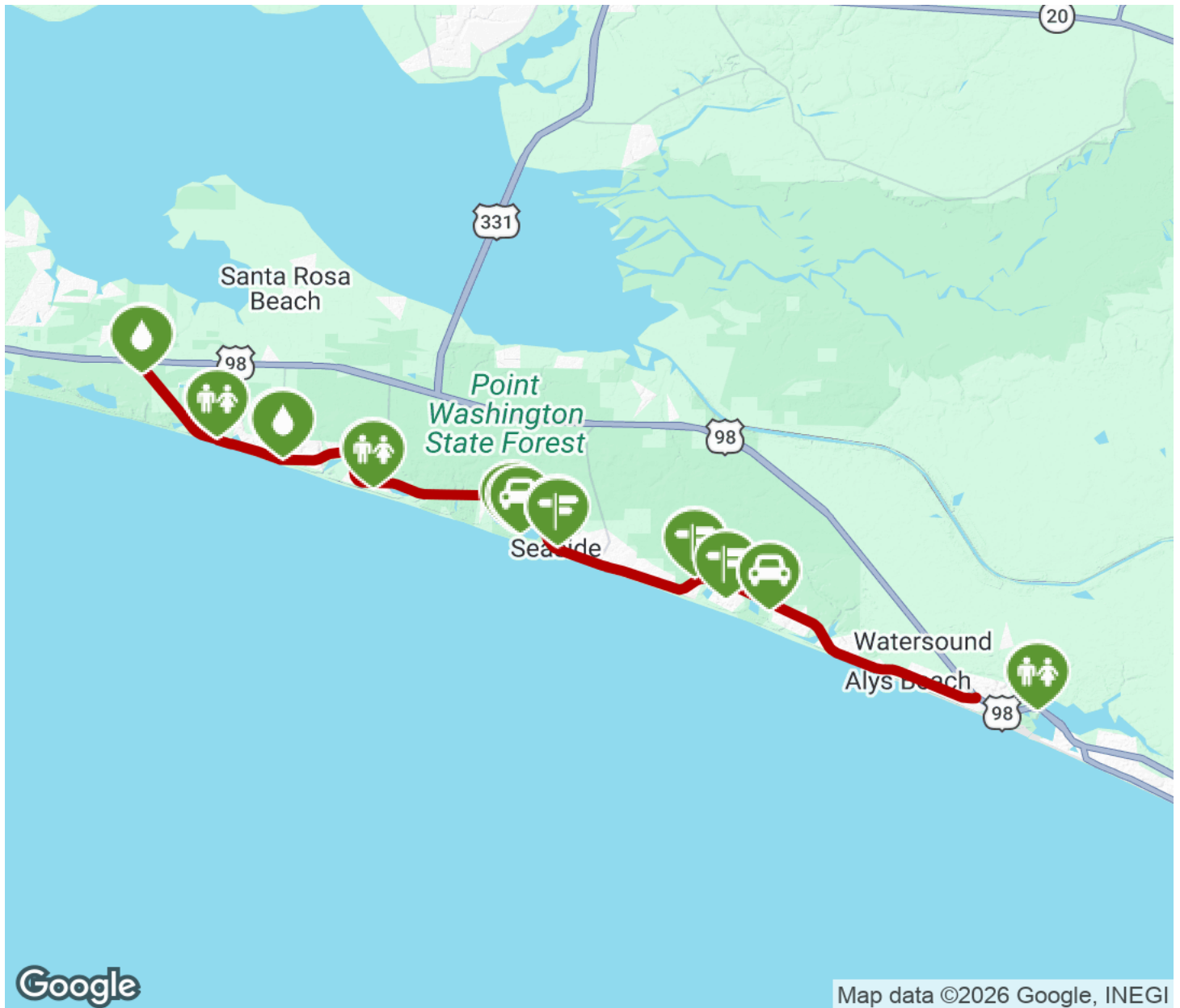
- 5701-5785 W County Highway 30A (Santa Rosa Beach)
- Blue Mountain Beach, 475 Blue Mountain Rd (Santa Rosa Beach)
- 20 Western Lake Dr (Santa Rosa Beach)

See [TrailLink Map](#) for all parking options and detailed directions.



Timpoochee Trail

Florida



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com