



2025

TrailLink Unlimited 

Guides   



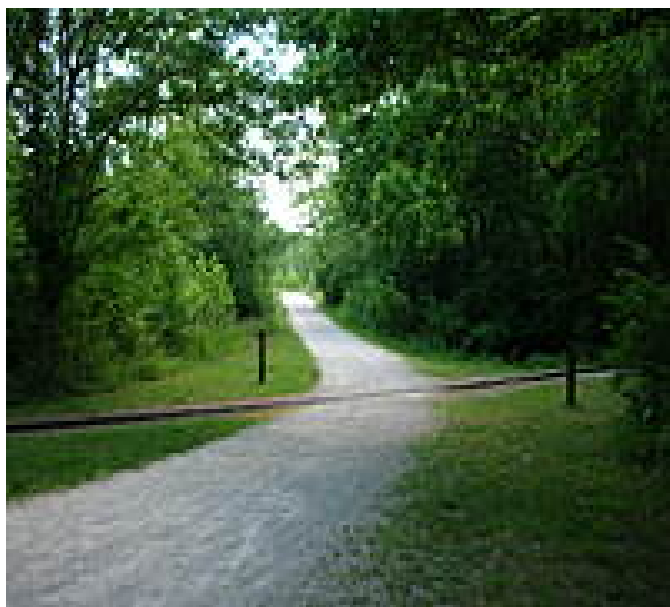
**Meramec  
Greenway  
Trail**  
*Missouri*



# Meramec Greenway Trail

Missouri

*The Meramec Greenway Trail is planned to one day encompass 50 miles throughout the St. Louis metro region, expanding as far west*



The Meramec Greenway Trail is planned to one day encompass 50 miles throughout the St. Louis metro region, expanding as far west as Pacific, Missouri. The scenic route connects residents to the Meramec River and many parks in the region as it winds along the river and limestone bluffs, and through woodlands and the heart of several communities.

Just over 20 miles of the greenway are open in the five disconnected segments outlined below from west to east.

## Eureka (1.5 miles, paved)

In Eureka, the trail begins at Lions Park, which offers parking, restrooms, and picnic pavilions. From there, the paved trail heads east for 1.5 miles, ending at the much

larger Route 66 State Park. Over an expanse of more than 400 acres, the park offers hiking, biking, and horseback-riding trails, as well as river access for boating and fishing.

## Glencoe (5.8, crushed-stone)

North of Eureka, another segment of the trail begins in the small community of Glencoe and spans nearly 6 miles; you'll find a trailhead with parking at the end of Grand Avenue. This section of the greenway, known as the Al Foster Memorial Trail, has a crushed-stone surface and is heavily wooded.

As you travel east along the river from the trailhead, you'll follow the route of the former Missouri Pacific Railroad and enjoy the sight of soaring limestone cliffs and perhaps wildlife, especially white-tailed deer. If you head north from the trailhead (away from the river), you will be on the Hamilton-Carr Greenway, which takes travelers past the La Salle Institute campus and toward the Rockwoods Reservation. Farther along, you'll also have the opportunity to connect to the Rock Hollow Trail. From there, the Al Foster Memorial Trail heads southeast, crossing under an active railroad trestle and entering Sherman Beach Park, where there's another trailhead with parking. The trail continues east to its end in Castlewood State Park.

## Valley Park (3.5, paved)

After a gap, the trail picks up again in the city of Valley Park. This segment is paved and stretches 3.5 miles from the Arnold's Grove trailhead to Greentree Park in Kirkwood along the north bank of the river. Wonderful river views, a public boat launch, and distinct orange-hued sand make it a memorable experience. For the young at heart, Greentree Park also offers a remote-controlled car track. Midway, you can cross Marshall Road to enter Simpson Park, which encompasses forested areas and a large lake. You'll also find restrooms and water here.



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**States:** Missouri

**Counties:** St. Louis

**Length:** 20.2miles

**Trail end points:** Lions Park (Eureka) to Lower Meramec Park (St. Louis)

**Trail surfaces:** Asphalt, Crushed Stone

**Trail category:** Rail-Trail

**Trail activities:** Bike, Fishing, Walking

## Parking & Trail Access

To reach the western end of the trail in Eureka's Lions Park from I-44 eastbound, take Exit 264 for MO 109 S. After traveling 0.8 mile on MO 109, turn right onto Legends Pkwy. After 0.1 mile, turn right onto Bald Hill Road. Travel north on the roadway for 0.3 mile to the parking lot in the park, which will be on your right.

To reach the Al Foster Memorial Trail from I-44/US 50 in Eureka, take Exit 264 for MO 109 N. Follow MO 109 for 2.9 miles, then turn right onto Old State Road. Take the next right onto Washington Ave., which becomes Grand Ave.; stay on the roadway, traveling 0.4 mile to the trailhead parking lot, which will be on your left.

To reach the Arnold's Grove trailhead from I-44, take Exit 272 and merge onto MO 141 N. Travel 1 mile, just past the bridge over the Meramec River, and turn left onto Marshall Road. Take an immediate left turn onto Meramec Station Road, heading south. The trailhead is at the end of the road.

To reach the George Winter Park trailhead in Fenton from I-270, take Exit 3 for MO 30/Gravois Road. Turn left onto Gravois Road and then take an immediate left turn onto Weber Hill Road, followed by a quick right turn onto Gravois Road. Travel 2.2 miles west and cross the river into Fenton. Take a left onto S. Old Highway 141 and follow it south for 0.6 mile. Turn left onto Allen Road and go 0.5 mile. Turn left (east) toward the river, followed by a hard left turn onto Deer Lodge Road. The trailhead is at a dead end just ahead.

To reach the trail in Lower Meramec Park from I-55, take Exit 193 for Meramec Bottom Road. Turn right onto Meramec Bottom Road, then take your next left onto Krumm Road, which will dead-end at the park's parking lot.



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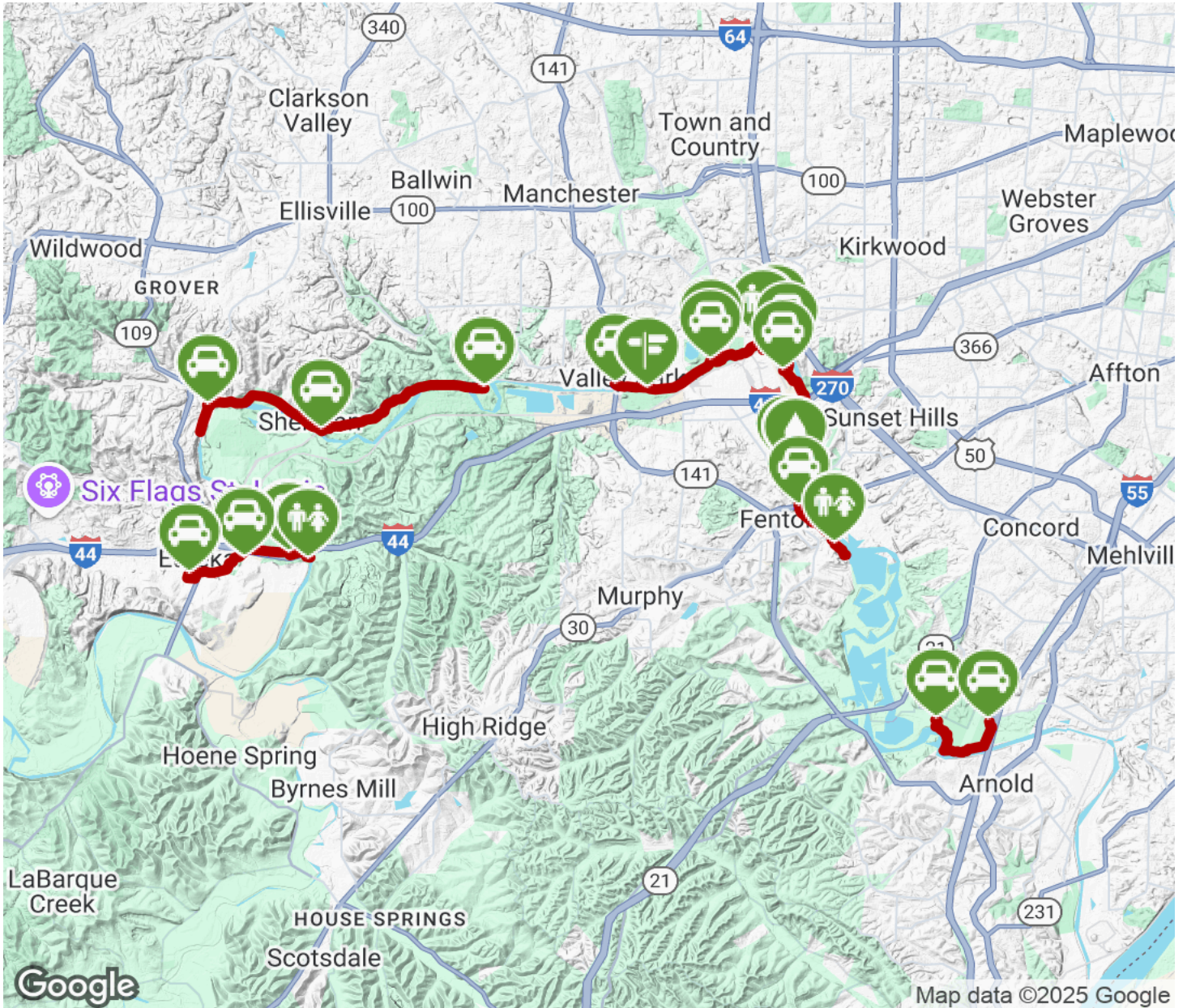
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# Meramec Greenway Trail

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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