



2025

TrailLink Unlimited 

Guides   



**Meramec
Greenway
Trail**
Missouri



Meramec Greenway Trail

Missouri

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The Meramec Greenway Trail is a scenic route connects residents to the Meramec River and many parks in the region as it winds along the river and limestone bluffs, and through woodlands and the heart of several communities.

Just over 20 miles of the greenway are open in the five disconnected segments outlined below from west to east.

Eureka (1.5 miles, paved)

In Eureka, the trail begins at Lions Park, which offers parking, restrooms, and picnic pavilions. From there, the paved trail heads east for 1.5 miles, ending at the much larger Route 66 State Park. Over an expanse of more than 400 acres, the park offers hiking, biking, and horseback-

riding trails, as well as river access for boating and fishing.

Glencoe (5.8, crushed stone)

North of Eureka, another segment of the trail begins in the small community of Glencoe and spans nearly 6 miles; there is a trailhead with parking at the end of Grand Avenue. This section of the greenway, known as the Al Foster Memorial Trail, has a crushed-stone surface and is heavily wooded.

Traveling east along the river from the trailhead, the trail follows the route of the former Missouri Pacific Railroad and enjoy the sight of soaring limestone cliffs and perhaps wildlife, especially white-tailed deer. Heading north from the trailhead (away from the river), you will be on the Hamilton-Carr Greenway, which takes travelers past the La Salle Institute campus and toward the Rockwoods Reservation. Farther along, you'll also have the opportunity to connect to the Rock Hollow Trail. From there, the Al Foster Memorial Trail heads southeast, crossing under an active railroad trestle and entering Sherman Beach Park, where there's another trailhead with parking. The trail continues east to its end in Castlewood State Park.

Valley Park (3.5, paved)

After a gap, the trail picks up again in the city of Valley Park. This segment is paved and stretches 3.5 miles from the Arnold's Grove trailhead to Greentree Park in Kirkwood along the north bank of the river. Wonderful river views, a public boat launch, and distinct orange-hued sand make it a memorable experience. For the young at heart, Greentree Park also offers a remote-controlled car track. Midway, trail users can cross Marshall Road to enter Simpson Park, which encompasses forested areas and a large lake. There are also restrooms and water here.

Fenton (6 miles, paved)



Meramec Greenway Trail

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States: Missouri

Counties: St. Louis

Length: 20.2miles

Trail end points: Lions Park (Eureka) to Lower Meramec Park (St. Louis)

Trail surfaces: Asphalt, Crushed Stone

Trail category: Rail-Trail

Trail activities: Bike, Fishing, Walking

Parking & Trail Access

The Meramec Greenway Trail runs in five distinct segments between Lions Park (Eureka) and Lower Meramec Park (St. Louis), with parking available at both ends.

Parking is also available at:

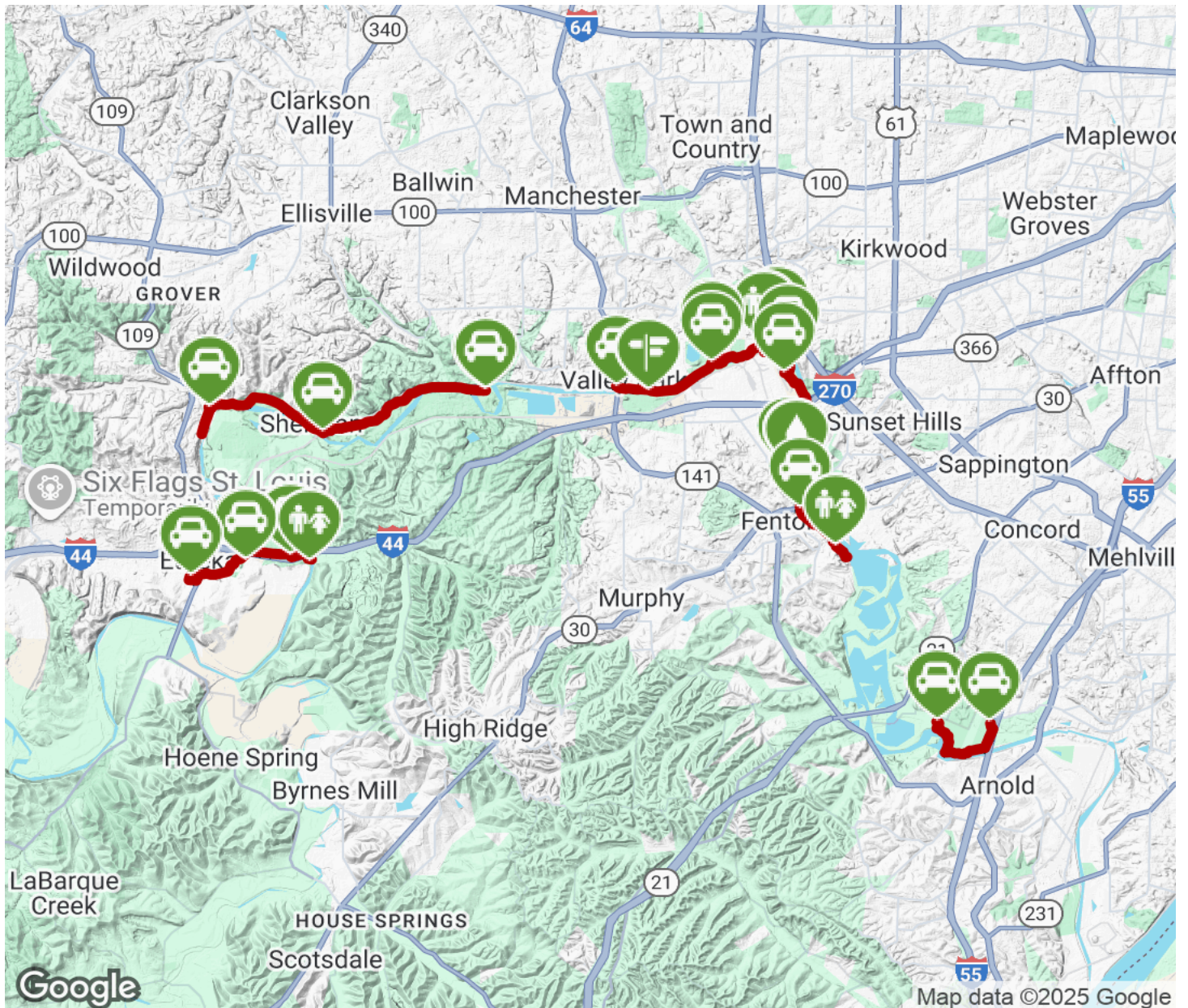
- Simpson Park, 1234 Marshall Rd. (Valley Park)
- Greentree Park, 2150 Marshall Rd. (Kirkwood)
- Fenton City Park, 1215 Larkin Williams Rd. (Fenton)

Please see [TrailLink Map](#) for all parking options and detailed directions.



Meramec Greenway Trail

Missouri



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com