



2026

TrailLink Unlimited 

Guides



Fred Meijer Flat River Valley Rail Trail

Michigan



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The Fred Meijer Flat River Valley Rail Trail links the cities of Lowell, Belding, and Greenville in Kent, Ionia, and Montcalm



The 2.3-mile stretch in Belding between Long Lake Road and State Street heads through the community's downtown and features three restored trestles over the Flat River.

South of Belding, the trail continues through forests and farmlands with some infrequent road crossings heading south into Lowell.

In Lowell, the trail comes to its southern endpoint inconspicuously along Foreman St. SE. From here, local sidepaths connect trail users to Creekside Park and Lowell High School.

Connections

In Jackson's Landing Park in Greenville, trail users can connect to the [Fred Meijer Flat River Trail](#) and the [Fred Meijer Heartland Trail](#).

The Fred Meijer Flat River Valley Rail Trail links the cities of Lowell, Belding, and Greenville in Kent, Ionia, and Montcalm counties, respectively. Running along a former railroad corridor, the trail is the first rail trail in Michigan to be surfaced with finely screened and compacted recycled asphalt, which makes a smooth and firm surface.

About the Route

Traveling primarily through hardwood forests and quiet farmland, the Fred Meijer Flat River Valley Rail Trail makes for a scenic and accessible route perfect for recreation and commuting alike. The trail leaves off in the north from Greenville and heads straight into the forest for 2.28 miles until reaching Belding.



Fred Meijer Flat River Valley Rail Trail

Michigan

States: Michigan

Counties: Ionia, Kent, Montcalm

Length: 21.6 miles

Trail end points: Jackson's Landing Park (Greenville) to Foreman St. SE (Lowell)

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike, Mountain Biking, Inline Skating, Walking, Wheelchair Accessible, Cross Country Skiing

Parking & Trail Access

The Fred Meijer Flat River Valley Rail Trail runs between Jackson's Landing Park (Greenville), where parking is available, and Foreman St. SE (Lowell).

Parking is also available at:

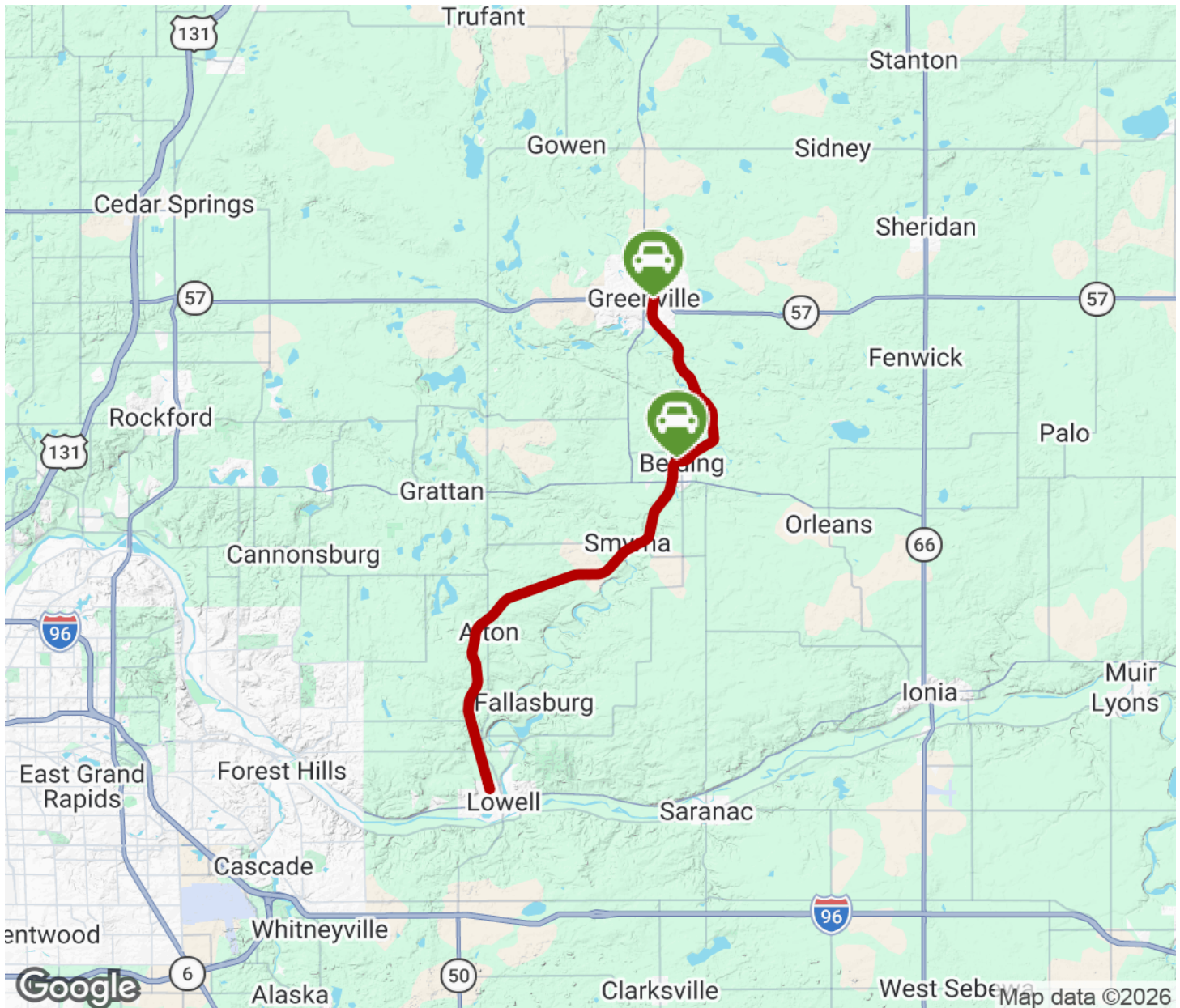
- Belding Skate Park, 314 Gibson St. (Belding)

Please see [TrailLink Map](#) for all parking options and detailed directions.



Fred Meijer Flat River Valley Rail Trail

Michigan



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

TrailLink.com