



2025

TrailLink Unlimited 

Guides



**East Central
Regional Rail
Trail**
Florida



East Central Regional Rail Trail

Florida

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Overview

Spanning over 50 miles, the East Central Regional Rail Trail links inland Deltona with the eastern coast of Florida. The main stretch of trail runs southeast from Deltona to Titusville, at the edge of the Merritt Island National Wildlife Refuge, near Kennedy Space Center. About midway, in Maytown, the trail also makes a northward spur to Edgewater. The trail's flat, open straightaways pass alongside parks, wetlands, forests, and connect rural and suburban communities in East Central Florida, making it a popular pathway for bikers, walkers, and commuters alike.

About the Route

Between Deltona and Maytown:

The northwestern endpoint of the East Central Regional Rail Trail is in Deltona, at Green Springs Park, beside Lake Monroe. From here, the trail makes its way east, on a rural straightaway to Osteen. Like most of the trail, this stretch passes through lush forest, even as it passes residential areas approaching Osteen.

From Osteen continuing east to Farmton, the trail largely hugs Osteen Maytown Road, though a strip of forest maintains a partition between the trail and the roadway. At Farmton, the trail turns southeastward, heading through the Farmton Wildlife Management Area en route to Maytown.

In Maytown the trail splits, creating a three-way junction between the main trail and its northward spur towards Edgewater.

Between Edgewater and Maytown:

A spur begins at a northern endpoint in Edgewater and connects with the main trail in Maytown. From Daytona State College New Smyrna Beach/Edgewater Campus, the trail heads south through a mile of forest. At Dale St and W. Park Ave, the trail parallels W. Park Avenue and Massey Road, on a dedicated forested straightaway, before turning south to follow Cow Creek Road for several miles to Creighton.

South of Creighton, the trail begins to follow Maytown Road, separated by a strip of forest. The trail passes underneath I-95 as it turns westward, still skirting Maytown Road for another 3.5 road, before connecting to the main stretch of trail at the junction in Maytown.

Between Maytown and Titusville:

From the junction in Maytown, the trail continues southeast



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States: Florida

Counties: Brevard, Volusia

Length: 55.7 miles

Trail end points: Green Springs Park at Braddock Rd. (Deltona) to Parrish Park at Titusville (Titusville)

Trail surfaces: Asphalt, Concrete

Trail category: Rail-Trail

Trail activities: Bike, Inline

Skating, Fishing, Wheelchair

Accessible, Walking

Parking & Trail Access

The East Central Regional Rail Trail runs between Green Springs Park at Braddock Road (Deltona) and Parrish Park at Titusville (Titusville), with parking and restrooms available at both endpoints.

A spur on this trail runs between Daytona State College New Smyrna Beach/Edgewater Campus (Edgewater) and connects to the main trail at Osteen Maytown Road and Maytown Spur Drive (Maytown), with parking available at the junction point.

Parking is also available at:

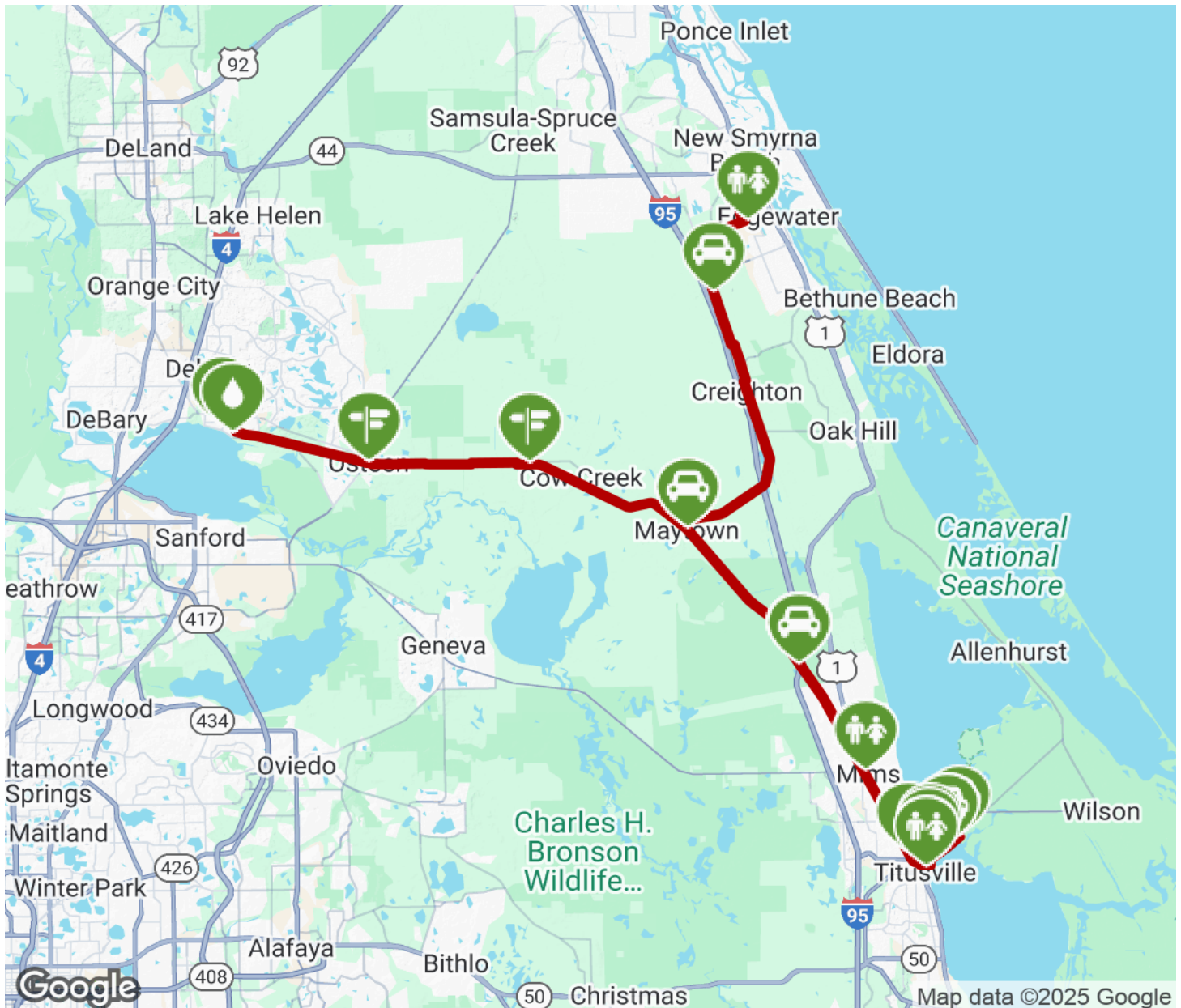
- 1621 Osteen Maytown Road (Osteen)
- 902 W. Park Ave (Edgewater)
- 3317 Stanley St (Mims)

There are numerous parking options along this route, see [TrailLink Map](#) for all parking options and detailed directions.



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Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
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