



2026

TrailLink Unlimited



Guides



## The Strand

*Idaho*



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Idaho

*The Strand, sometimes referred to as the Cascade River Walk, meanders along the Payette River with sweeping views of the valley*



The Strand, sometimes referred to as the Cascade River Walk, meanders along the Payette River with sweeping views of the valley and surrounding mountains. It runs between North Bridge and South Bridge in Cascade, a rural city in west-central Idaho. At its midpoint, it connects to Kelly's Whitewater Park, a public nonprofit facility which offers rapids to enjoy by kayak, canoe, raft or tube.



# The Strand

Idaho

**States:** Idaho

**Counties:** Valley

Length: 2.2miles

**Trail end points:** Water's Edge RV Park to N.  
Sawyer St. at Main St./SR 55

**Trail surfaces:** Asphalt,Dirt

**Trail category:** Greenway/Non-RT

**Trail activities:** Fishing,Mountain  
Biking,Walking,Cross Country Skiing

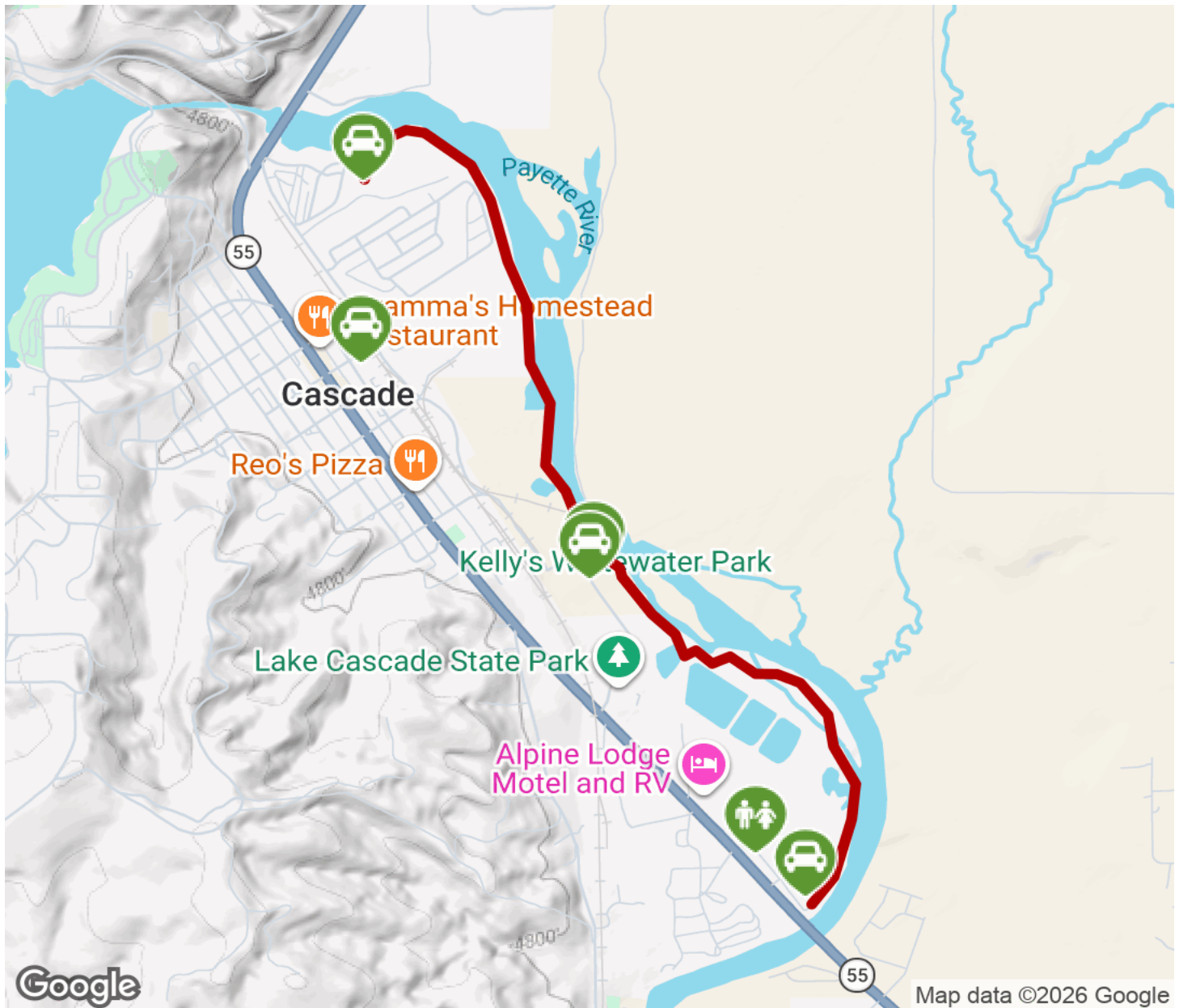
## Parking & Trail Access

Parking is available at either end of the trail and at the midpoint at Kelly's Whitewater Park, located on State Route 55 at Mile Marker 114 on the south end of Cascade.



# The Strand

Idaho



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

**TrailLink.com**