



2026

TrailLink Unlimited 

Guides   



**Historic Utah  
Southern Rail  
Trail**  
*Utah*



## Historic Utah Southern Rail Trail

Utah

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The Historic Utah Southern Rail Trail runs 3.5 miles through Lehi, about 20 miles south of Salt Lake City, along a Utah Transit Authority rail corridor.

At its northwest end near the Flight Park State Recreation Area, the trail connects seamlessly to the [Point of the Mountain Trail](#), which continues north.

Heading southeast from the recreation area, the Historic Utah Southern Rail Trail travels through a mix of residential neighborhoods and sprawling retail complexes, roughly paralleling Interstate 15. The trail is wide and paved, offering plenty of room for both bicycle and pedestrian users. There is a pedestrian bridge over the Timpanogos Hwy/UT 92. The views are mostly of open countryside, but shaded benches along the way offer

comfortable places to rest.

At Timpanogos Hwy/UT 92, trail users looking for a longer trek will want to pick up the new [Murdock Canal Trail](#), which extends southeast all the way to Orem. Rail history buffs may instead want to head a little farther south from the trail's end to visit the state's oldest railroad depot at 225 E State Street. The trail does not yet reach the depot, but it's hoped to one day and also continue farther south to the city's boundary with American Fork.



# Historic Utah Southern Rail Trail

Utah

**States:** Utah

**Counties:** Salt Lake, Utah

Length: 3.5miles

**Trail end points:** N Frontage Rd (Lehi) to 300 E (Lehi)

**Trail surfaces:** Asphalt

**Trail category:** Rail-Trail

**Trail activities:** Bike, Inline

Skating, Walking, Wheelchair Accessible

## Parking & Trail Access

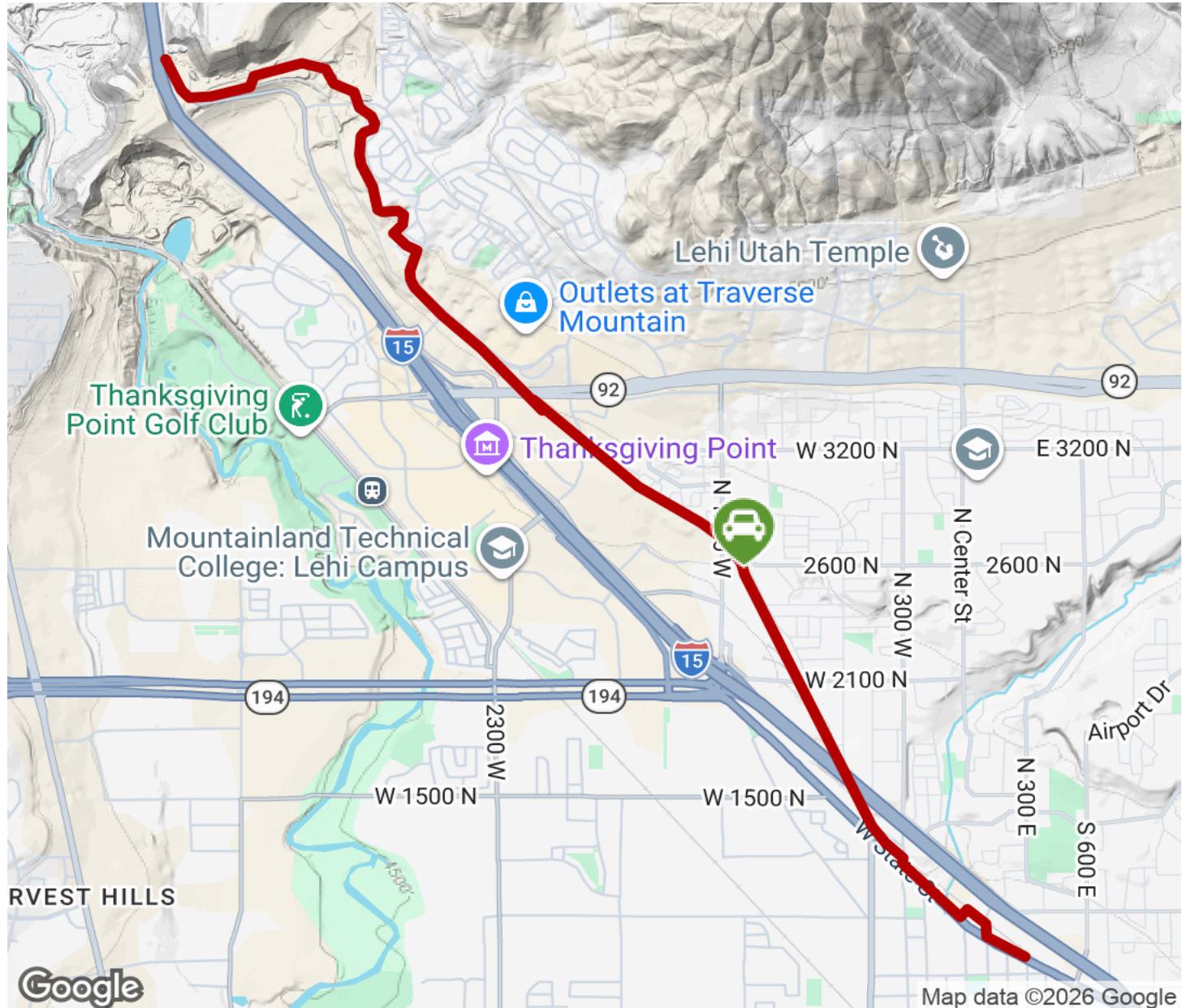
Parking is available in a small paved lot mid-trail, across from Sunset Corner Park (2586 Sunset Dr, Lehi).

Visit the [TrailLink map](#) for detailed directions.



# Historic Utah Southern Rail Trail

Utah



Trailhead



Restroom



Parking



Water Fountain



Tunnel



**TrailLink**  
by Rails-to-Trails Conservancy

[TrailLink.com](https://www.TrailLink.com)