



2026

TrailLink Unlimited



Guides



Cotton Bayou Trail

Alabama



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As its name implies, the Cotton Bayou Trail begins near the tip of the Cotton Bayou and a small beach area in southern Alabama's Orange Beach. From there, the trail heads northwest for a mile through dense vegetation and along wetlands in Gulf State Park. It ends at the [Catman Road Trail](#), which takes you further into the park and connects to other Hugh Branyon Backcountry Trails.



Cotton Bayou Trail

Alabama

States: Alabama

Counties: Baldwin

Length: 1.1miles

Trail end points: Catman Road Trail, Gulf State

Park to Intersection of Highway 161 and

Highway 182

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Walking

Parking & Trail Access

Parking is available at Cotton Bayou Beach, near the intersection of Highway 182 and Highway 161.



Cotton Bayou Trail

Alabama



Trailhead



Restroom



Parking



Water Fountain



Tunnel



TrailLink
by Rails-to-Trails Conservancy

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