



2026

TrailLink Unlimited 

Guides



**Cotton Bayou
Trail**
Alabama



Cotton Bayou Trail

Alabama

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As its name implies, the Cotton Bayou Trail begins near the tip of the Cotton Bayou and a small beach area in southern Alabama's Orange Beach. From there, the trail heads northwest for a mile through dense vegetation and along wetlands in Gulf State Park. It ends at the [Catman Road Trail](#), which takes you further into the park and connects to other Hugh Branyon Backcountry Trails.



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Cotton Bayou Trail

Alabama

States: Alabama

Counties: Baldwin

Length: 1.1miles

Trail end points: Catman Road Trail, Gulf State
Park to Intersection of Highway 161 and
Highway 182

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike, Walking

Parking & Trail Access

Parking is available at Cotton Bayou Beach, near the intersection of Highway 182 and Highway 161.



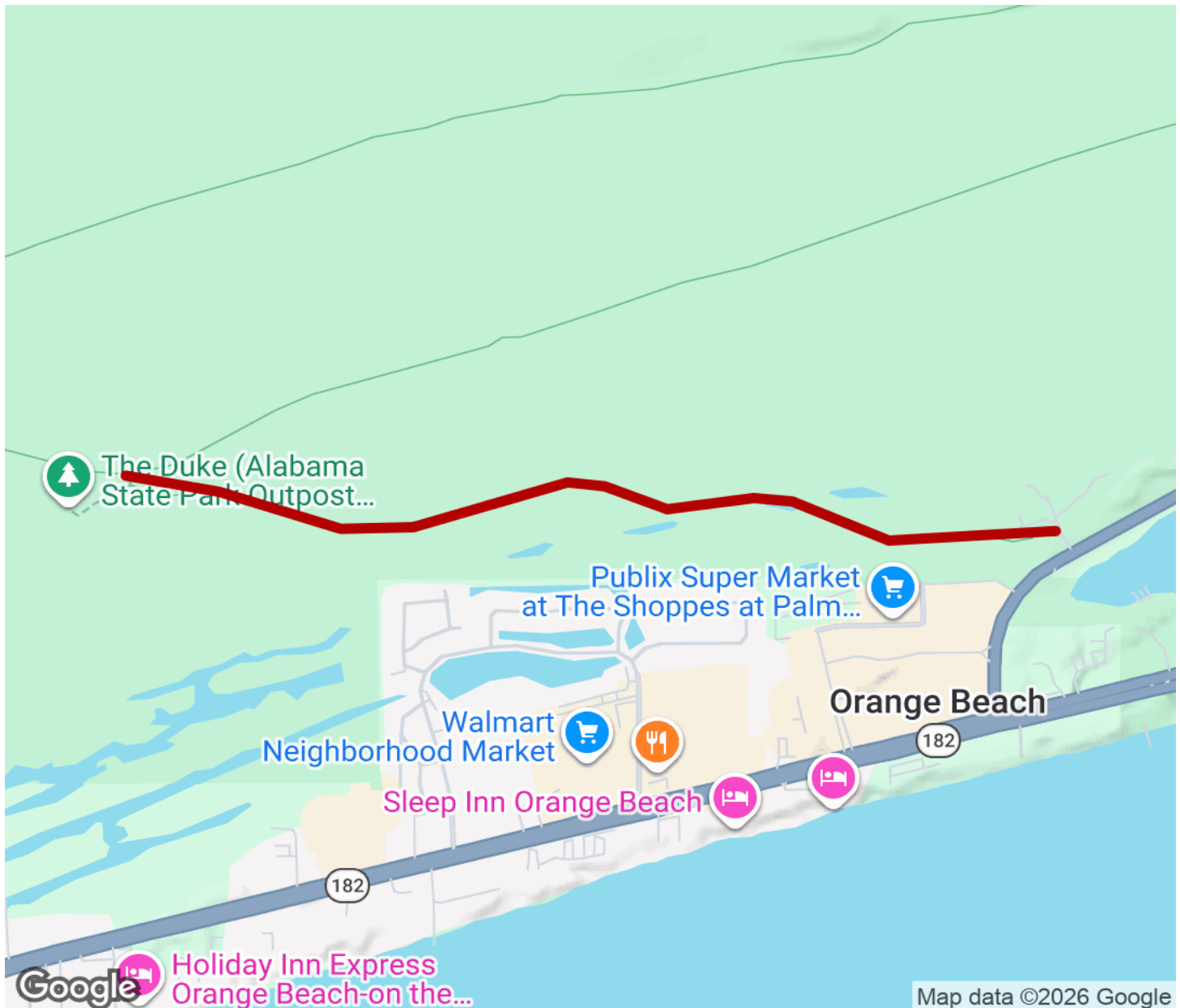
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Cotton Bayou Trail

Alabama



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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