



2025

TrailLink Unlimited 

Guides



Four Sisters Bike Path

Illinois



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The Four Sisters Bike Path forms a horseshoe around the northern end of Rochelle, a small city south of Rockford in northern Illinois.



way to the southeastern trail end in Tilton Park. First, by agricultural fields; then, by a city neighborhood with houses, two more schools and a park. In this section, the trail has only one neighborhood street crossing. Its crossing of three main roadways are all via underpasses that run alongside the river.

The Four Sisters Bike Path forms a horseshoe around the northern end of Rochelle, a small city south of Rockford in northern Illinois. The path connects several schools and parks, and the city has marked an on-street route that connects the two endpoints of the trail through quiet neighborhoods. This is a flat, well-surfaced trail with nicely varied surroundings to enjoy along the way.

Beginning at its southwestern end in Atwood Park, the trail passes through the park and by an attractive city neighborhood. In this first section, it has just three low-traffic street crossings and a stop light at Flagg Road. The next section of the trail takes it by two schools and a large sports complex, on to the halfway mark at Flannigan Park.

From there the trail runs alongside the Kyte River, all the



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Four Sisters Bike Path

Illinois

States: Illinois

Counties: Ogle

Length: 4.3miles

Trail end points: 10th Avenue at Atwood Park
to N. 1st Street at Tilton Park

Trail surfaces: Asphalt

Trail category: Greenway/Non-RT

Trail activities: Bike,Inline

Skating,Walking,Wheelchair Accessible

Parking & Trail Access

Parking can be found at the two southern endpoints of the trail: in Floyd J. Tilton Park (at the end of 8th Avenue) and in Atwood Park (off 10th Avenue). There is also parking at the trail's northeast corner, in Flannigan Park (off Scott Avenue).



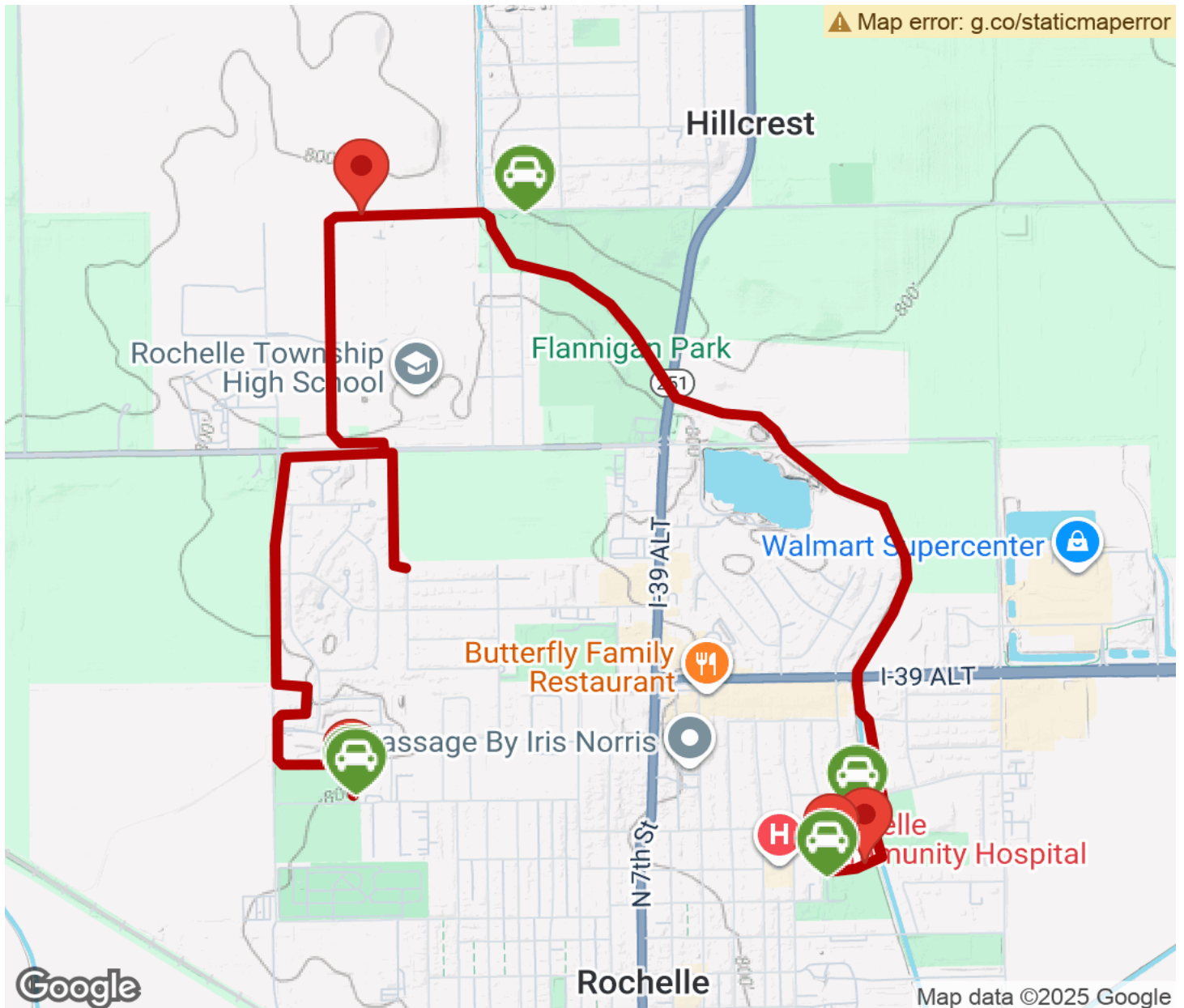
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Four Sisters Bike Path

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Trailhead



Restroom



Parking



Water Fountain



Tunnel



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