



2025

TrailLink Unlimited 

Guides   



Cowlitz River Trail

Washington



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The Cowlitz River Trail follows its namesake river along a dike on the east bank. The trail is asphalt and connects Kelso residents with the riverfront. The trail parallels the active BNSF line that carries Amtrak and much of the north-south freight in the Pacific Northwest. Access is limited to the trail because of grade separated crossings, but you can access at the endpoints or at Mill Street. The trail may be extended north in the future.



TrailLink
by Rails-to-Trails Conservancy

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Cowlitz River Trail

Washington

States: Washington

Counties: Cowlitz

Length: 2.5miles

Trail end points: Cowlitz Gardens Rd. just west of N. Pacific Ave. to S. River Road just west of S. Pacific Ave.

Trail surfaces: Asphalt

Trail category: Rail-Trail

Trail activities: Bike,Inline

Skating,Wheelchair Accessible,Walking

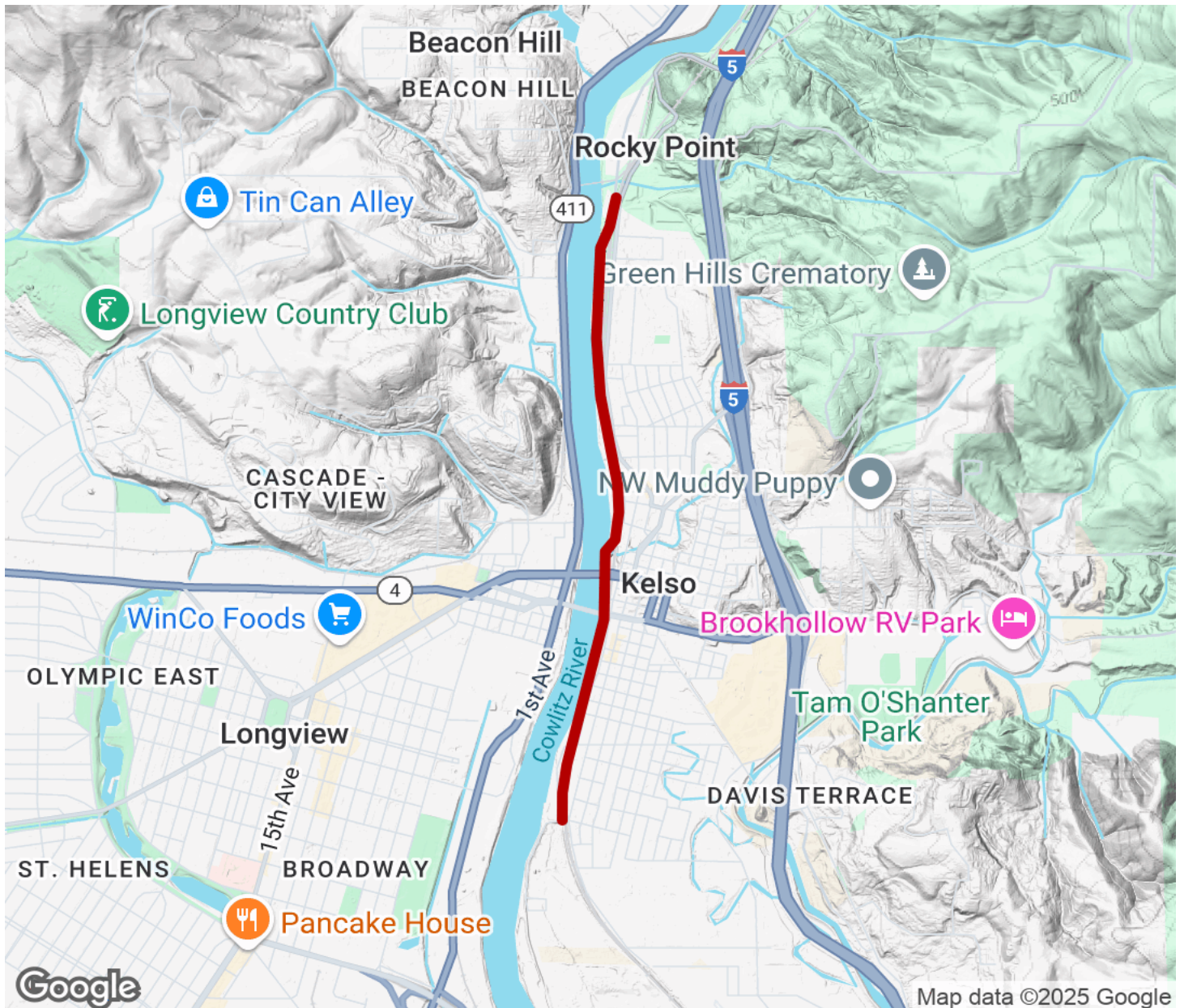
Parking & Trail Access

Parking for the Cowlitz River Trail can be found along city streets in Kelso.



Cowlitz River Trail

Washington



Trailhead



Restroom



Parking



Water Fountain



Tunnel



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